



MIHA Data Snapshot, Los Angeles County, 2013-2014

Maternal and Infant Health Assessment (MIHA) Survey

✓ better than rest of California ✗ worse than rest of California ♦ no statistical difference

		Los Angeles County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Status Before Pregnancy							
In good to excellent health	♦	92.1	89.3 - 94.8	117,100	92.4	91.5 - 93.3	452,800
Chronic conditions							
Diabetes†	♦	1.8 *	0.5 - 3.1	2,200	2.3	1.8 - 2.8	10,900
Hypertension†	♦	2.3	1.0 - 3.7	2,900	2.5	2.0 - 2.9	11,900
Asthma†	✓	5.2	3.2 - 7.2	6,400	7.8	7.0 - 8.6	37,500
Nutrition and Weight							
Daily folic acid use, month before pregnancy	♦	29.6	25.3 - 33.9	37,600	32.7	31.1 - 34.3	159,900
Overweight before pregnancy	♦	24.3	20.1 - 28.6	29,200	24.7	23.2 - 26.2	114,900
Obese before pregnancy	♦	19.9	15.9 - 23.9	23,900	20.3	18.9 - 21.7	94,400
Inadequate weight gain during pregnancy	♦	19.6	15.4 - 23.9	21,000	17.7	16.2 - 19.2	72,900
Excessive weight gain during pregnancy	♦	37.8	32.7 - 42.9	40,400	41.4	39.5 - 43.2	170,100
Food insecurity during pregnancy	♦	17.0	13.4 - 20.6	21,200	16.6	15.4 - 17.9	80,500
Intimate Partner Violence (IPV) and Depressive Symptoms							
Physical or psychological IPV during pregnancy	♦	6.5	4.2 - 8.8	8,300	7.1	6.2 - 7.9	34,500
Prenatal depressive symptoms	♦	14.2	10.8 - 17.5	17,900	14.1	12.9 - 15.3	68,900
Postpartum depressive symptoms	♦	13.1	9.9 - 16.4	16,600	13.0	11.8 - 14.1	63,200
Hardships and Support during Pregnancy							
Experienced two or more hardships during childhood	♦	22.4	18.5 - 26.4	28,200	25.3	23.8 - 26.7	121,600
Homeless or did not have a regular place to sleep	♦	2.6	1.2 - 4.0	3,300	2.9	2.4 - 3.4	14,000
Moved due to problems paying rent or mortgage	♦	6.4	4.0 - 8.7	8,100	6.9	6.0 - 7.7	33,600
Woman or partner lost job	✗	17.7	14.0 - 21.3	22,300	14.6	13.4 - 15.8	71,000
Woman or partner had pay or hours cut back	♦	10.7	7.7 - 13.6	13,500	11.8	10.7 - 12.8	57,100
Became separated or divorced	♦	9.0	6.3 - 11.7	11,400	7.6	6.7 - 8.5	37,000
Had no practical or emotional support	♦	5.9	3.6 - 8.2	7,400	4.4	3.7 - 5.2	21,700
Substance Use							
Any smoking, 3 months before pregnancy	♦	12.4	9.2 - 15.6	15,700	11.6	10.5 - 12.7	56,500
Any smoking, 3rd trimester†	♦	2.9 *	1.2 - 4.7	3,700	2.9	2.3 - 3.4	13,900
Any smoking, postpartum	♦	4.7	2.5 - 6.8	5,900	5.6	4.8 - 6.3	27,300
Any binge drinking, 3 months before pregnancy	♦	13.9	10.5 - 17.2	17,600	15.1	13.8 - 16.3	72,900
Any alcohol use, 3rd trimester†	♦	7.1	4.7 - 9.6	9,100	7.6	6.6 - 8.6	37,000
Pregnancy Intention and Family Planning							
Mistimed or unwanted pregnancy	✗	35.4	30.8 - 39.9	44,600	31.2	29.6 - 32.8	151,800
Unsure of pregnancy intentions	♦	11.3	8.3 - 14.3	14,200	12.9	11.8 - 14.0	62,700
Postpartum birth control use†	♦	80.7	76.9 - 84.5	99,700	81.6	80.3 - 83.0	390,200
Infant Sleep and Breastfeeding							
Placed infant on back to sleep	✗	76.3	72.1 - 80.4	95,000	79.7	78.3 - 81.1	383,200
Infant always or often shared bed	♦	31.0	26.5 - 35.4	38,300	34.1	32.5 - 35.7	163,700
Intended to breastfeed, before birth	♦	92.7	90.2 - 95.3	114,300	92.4	91.5 - 93.4	444,100
Intended to breastfeed exclusively, before birth	♦	62.2	57.5 - 66.9	76,700	64.2	62.6 - 65.9	308,500
Breastfeeding practices							
Any breastfeeding, 1 month after delivery	♦	81.7	77.9 - 85.5	101,100	83.5	82.3 - 84.8	398,500
Exclusive breastfeeding, 1 month after delivery	✗	35.4	30.7 - 40.1	43,300	42.7	41.0 - 44.4	200,700
Any breastfeeding, 3 months after delivery	✗	61.9	56.4 - 67.4	60,900	66.2	64.3 - 68.2	244,200
Exclusive breastfeeding, 3 months after delivery	✗	20.8	16.5 - 25.2	20,400	27.4	25.7 - 29.1	99,800



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		Los Angeles County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Care Utilization and Public Program Participation							
Had a usual source of pre-pregnancy care	♦	67.6	63.1 - 72.1	85,700	70.4	68.8 - 71.9	344,100
Initiated prenatal care in 1st trimester	↑	92.6	90.1 - 95.0	116,500	89.7	88.7 - 90.6	433,500
Had a postpartum medical visit	♦	85.9	82.6 - 89.3	109,100	87.5	86.4 - 88.7	427,500
Mom or infant needed but couldn't afford care postpartum	♦	13.2	9.8 - 16.5	16,000	12.6	11.4 - 13.7	59,700
Participated in WIC during pregnancy†	↑	60.8	57.5 - 64.1	74,800	54.1	52.9 - 55.4	259,300
Received CalFresh (food stamps) during pregnancy	♦	24.1	20.2 - 28.1	30,200	24.9	23.6 - 26.3	121,000
Health Insurance Coverage							
Pre-pregnancy insurance							
Medi-Cal	♦	25.2	21.2 - 29.1	32,000	24.5	23.1 - 25.8	119,600
Uninsured	↑	27.8	23.6 - 31.9	35,300	24.0	22.6 - 25.4	117,500
Private	♦	44.7	41.0 - 48.4	56,800	47.5	46.2 - 48.9	232,500
Prenatal insurance							
Medi-Cal	↑	52.9	49.2 - 56.6	67,100	49.7	48.4 - 51.0	242,800
Uninsured	♦	1.4 *	0.3 - 2.6	1,800	1.6	1.2 - 2.0	7,900
Private	♦	42.9	39.3 - 46.5	54,400	44.5	43.1 - 45.8	217,100
Maternal postpartum insurance							
Medi-Cal	♦	38.9	34.8 - 43.1	49,100	36.2	34.7 - 37.6	175,700
Uninsured	♦	17.0	13.3 - 20.6	21,400	15.0	13.8 - 16.2	72,800
Private	♦	42.9	39.2 - 46.5	54,000	45.7	44.3 - 47.0	221,900
Infant health insurance							
Medi-Cal	↑	55.8	52.1 - 59.6	69,600	52.2	50.9 - 53.6	250,400
Uninsured	♦	3.5	1.6 - 5.4	4,400	2.9	2.2 - 3.5	13,700
Private	♦	38.7	35.1 - 42.2	48,200	41.3	40.0 - 42.6	198,000
Maternal Demographics							
Age							
15-19	♦	5.7	3.4 - 7.9	7,200	5.6	4.9 - 6.4	27,500
20-34	♦	72.2	67.9 - 76.5	91,800	74.5	73.0 - 76.0	365,300
35+	♦	22.1	18.3 - 26.0	28,200	19.9	18.5 - 21.3	97,400
Did not complete high school (or GED)	↑	20.8	17.0 - 24.5	26,200	16.5	15.2 - 17.7	79,900
Unmarried	↑	44.6	40.1 - 49.0	56,200	40.9	39.4 - 42.4	199,000
Race/Ethnicity							
Hispanic	↑	57.0	52.9 - 61.2	71,700	49.2	47.7 - 50.7	236,500
Black	↑	7.5	6.4 - 8.6	9,400	5.7	5.3 - 6.1	27,400
White	↓	18.5	15.1 - 22.0	23,300	29.3	27.9 - 30.7	140,900
Asian/Pacific Islander	♦	16.7	12.9 - 20.5	21,000	15.3	13.9 - 16.7	73,700
Nativity and Language							
Born outside the U.S.	↑	44.8	40.0 - 49.6	57,000	37.9	36.2 - 39.6	185,700
Speaks non-English language at home	↑	35.7	31.0 - 40.4	44,300	30.1	28.5 - 31.7	144,800
Lives in a high poverty neighborhood	↑	47.8	43.3 - 52.3	58,700	38.9	37.3 - 40.5	182,900
Income as a percent of the Federal Poverty Guideline							
0-100%	↑	45.0	40.9 - 49.2	53,200	41.0	39.5 - 42.4	188,800
101-200%	♦	22.1	18.0 - 26.2	26,100	20.8	19.4 - 22.2	96,000
> 200%	↓	32.9	29.4 - 36.4	38,900	38.2	36.9 - 39.6	176,200

-- Estimate not shown because the relative standard error (RSE) is greater than 50% or fewer than 5 women reported.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition changed for this indicator and is not comparable to prior years (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2014 were combined, resulting in a statewide sample size of 13,963. The sample size of Los Angeles County was 563. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the region in 2013-2014. Population estimate is a two-year average. Symbols indicate whether the health indicator in the region was statistically different from the rest of the state (p-value < 0.05, chi-square test). See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

Table Citation: Maternal and Infant Health Assessment (MIHA) Survey Data Snapshots, 2013-2014. California Department of Public Health. 2016.