



Chronic Disease Control Branch



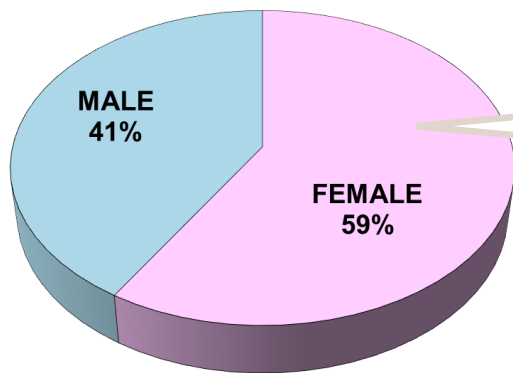
FACTSHEET: CALIFORNIA

Caregivers of Persons Living with Alzheimer’s Disease, Dementia, or Other Cognitive Impairment Disorder

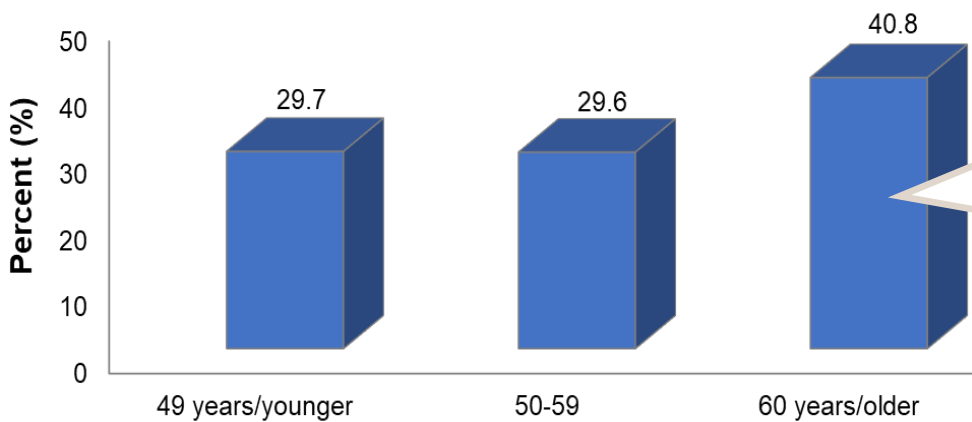
Data Source: 2021 Behavioral Risk Factor Surveillance System

Estimated 1.1 Million caregivers of persons living with Alzheimer’s disease, dementia, or other cognitive impairment disorder (95% confidence interval [886,067, 1,391,936])

Caregivers’ Profile



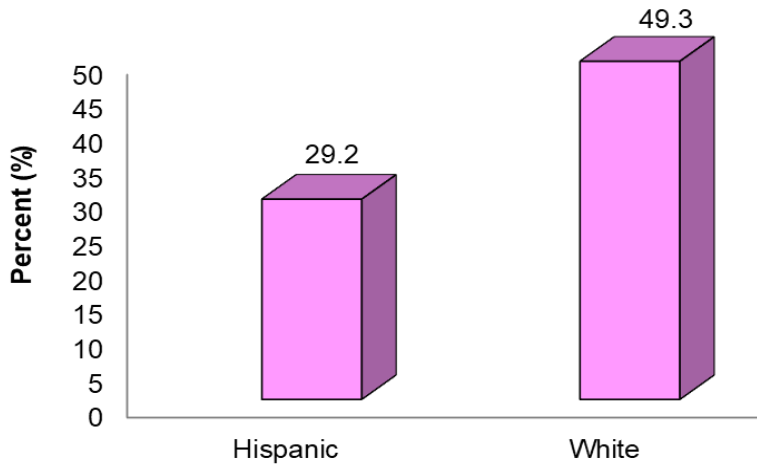
59% of caregivers are women



~41% of caregivers are 60 years old or older

Age of Caregivers

Deeper Dive: Caregivers' Profile

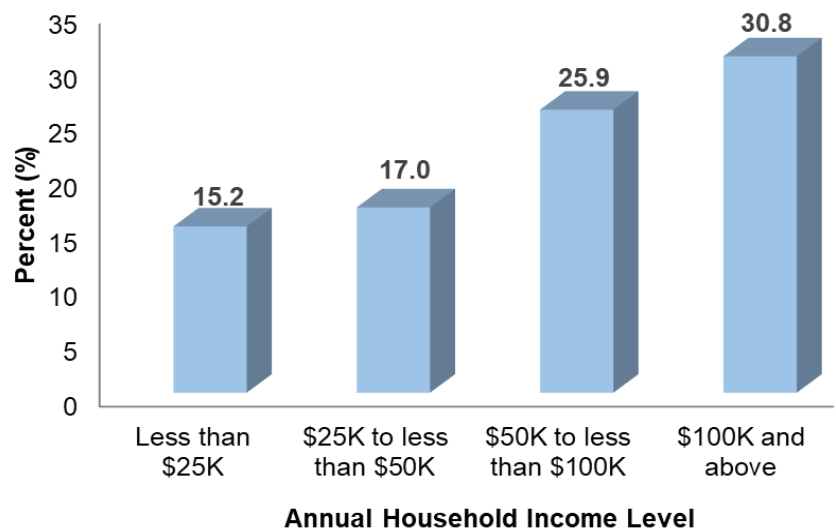


Insufficient data for:

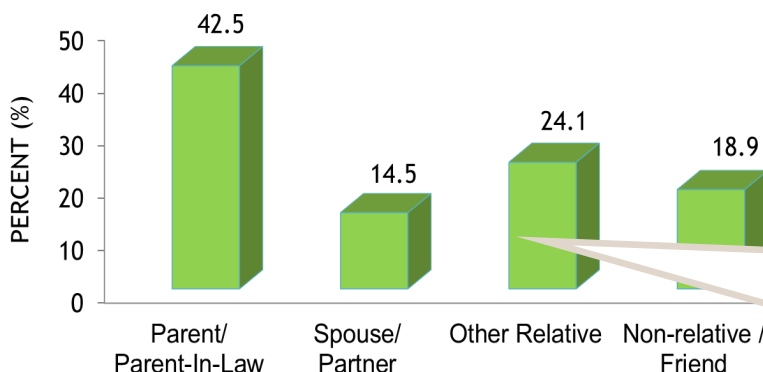
- Asian,
- Black/African American,
- American Indian/Alaska Native,
- Multi-race (non-Hispanic)

~32% of caregivers' annual household income level is under \$50K

- Unknown income is not included



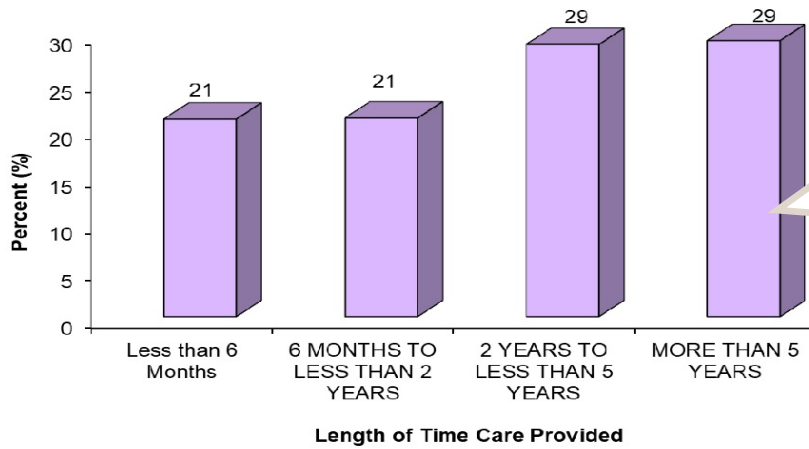
Who Are The Care Recipients?



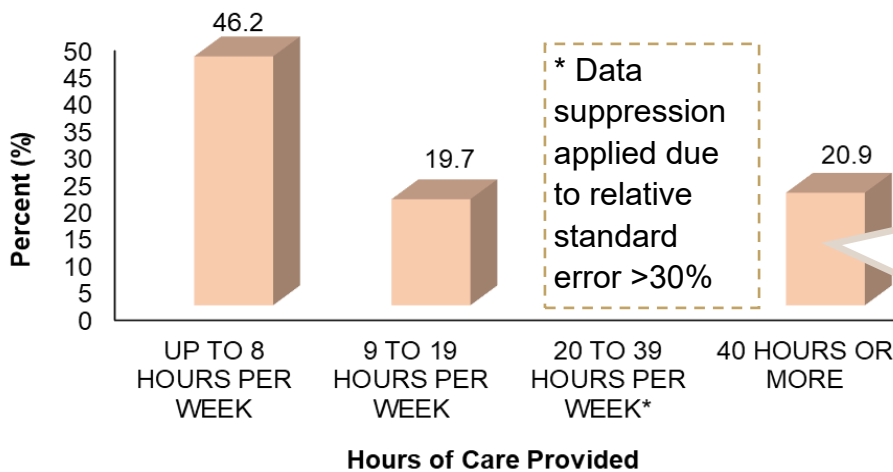
Other relatives:

- Grandparents
- Siblings
- Siblings' spouses

Time Spent On Care



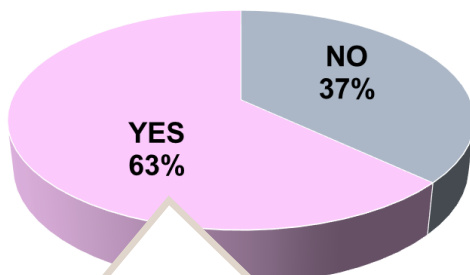
29% of caregivers provided care for more than 5 years



~21% of caregivers provided 40 hours or more care to recipients

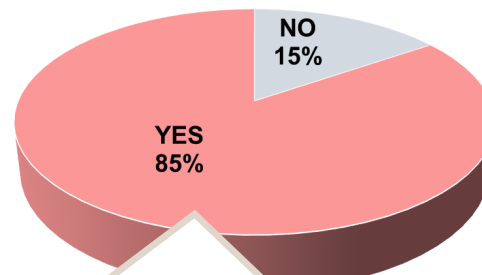
Tasks Provided To Care Recipients

Management of Personal Care



Includes giving medications, feeding, dressing, and bathing

Management of Household Chores



Includes cleaning, managing money, and preparing meals