

# Assessment of Cognitive Complaints Toolkit for Alzheimer's Disease (ACCT-AD) Provider Wellness Visit/Screening Tool Pocket Guide

## PATIENT: Part 1

Questions for the **patient**. Provider completes each of the following three sections.

All answers should be confirmed with **informant** if present for the visit.

If no **informant**, confirm a negative screen with Mini-Cog®.

### I. Memory

**Question: Do you think your memory or thinking has changed in the last 5-10 years?** Ex: Trouble recalling recent events, family events, dinner, movie, or book? Remembering recent conversations?

No

Yes

Confirm with **informant** or Mini-Cog®.

Could be cognitive impairment.

Proceed to **language** question.

### II. Language

**Question: Have you noticed changes in your language?**  
Ex: Trouble finding words or understanding conversations?

No

Yes

Confirm with **informant** or Mini-Cog®.

Could be cognitive impairment.

Proceed to **personality** question.

### III. Personality

**Question: Have you noticed changes in your personality?**  
Ex: More irritable/anger more easily? Trouble getting along with people?

No

Yes

Confirm with **informant** or Mini-Cog®.

Could be cognitive impairment.

If all three responses are **No**, proceed to **INFORMANT: Part 1**. If no informant, proceed to Mini-Cog®; if Mini-Cog® normal, no further assessment. If score < 3, bring back patient for full ACCT-AD clinical assessment.

If any **Yes** responses to **memory, language, or personality** questions, proceed to follow-up questions in **PATIENT: Part 2**. (over)

## PATIENT: Part 2

Provider asks **patient** all three questions in **memory**, **language**, and **personality** sections.

Make note of all **No** and **Yes** responses.

### I. Memory

Question: Do you think your **memory** changes are worse than your peers?

**No** **Yes**

Question: Have you stopped doing anything because of these **memory** changes?

**No** **Yes**

Question: Has anybody commented to you about these changes in your **memory**?

**No** **Yes**

Proceed to **language** question.

### II. Language

Question: Do you think your **language** changes are worse than your peers?

**No** **Yes**

Question: Have you stopped doing anything because of these **language** changes?

**No** **Yes**

Question: Have you noticed any changes in your **language**?

**No** **Yes**

Proceed to **personality** question.

### III. Personality

Question: Do you think your **personality** changes are worse than those of your peers?

**No** **Yes**

Question: Have you stopped doing anything because of these **personality** changes?

**No** **Yes**

Question: Has anyone commented on these **personality** changes to you?

**No** **Yes**

If any **Yes** response, bring back patient for full ACCT-AD clinical assessment. If all responses from **PATIENT: Part 2** are **No**, make note and continue to **INFORMANT: Part 2**. If no informant, proceed to Mini-Cog®; if Mini-Cog® normal, no further assessment. If score < 3, bring back patient for full ACCT-AD clinical assessment.

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# Assessment of Cognitive Complaints Toolkit for Alzheimer's Disease (ACCT-AD) Provider Wellness Visit/Screening Tool Pocket Guide

## INFORMANT: Part 1

Questions for the **informant**. Provider completes the following three sections.  
If no **informant**, confirm a negative screen with Mini-Cog®.

### I. Memory

**Question: Do you think the patient's memory or thinking has changed in the last 5-10 years?**

Ex: Trouble recalling recent events, family events, dinner, movie, or book? Remembering recent conversations?

No

Yes

Could be cognitive impairment.

Proceed to **language** question.

### II. Language

**Question: Have you noticed changes in the patient's language?**

Ex: Trouble finding words or understanding conversations?

No

Yes

Could be cognitive impairment.

Proceed to **personality** question.

### III. Personality

**Question: Have you noticed changes in the patient's personality?**

Ex: More irritable/anger more easily? Trouble getting along with people?

No

Yes

Could be cognitive impairment.

If all three responses from patient and informant are **No**, then no further assessment.

If any **Yes** responses to **PATIENT: Part 1** or **INFORMANT: Part 1**, proceed to follow-up questions in **INFORMANT: Part 2**. (over)

## INFORMANT: Part 2

Provider asks **informant** all three questions in **memory**, **language**, and **personality** sections.

Make note of all **No** and **Yes** responses.

### I. Memory

Question: Do you think their **memory** changes are worse than their peers?

**No** **Yes**

Question: Have they stopped doing anything because of these **memory** changes?

**No** **Yes**

Question: Has anybody commented to you about these changes in their **memory**?

**No** **Yes**

Proceed to **language** question.

### II. Language

Question: Do you think their **language** changes are worse than their peers?

**No** **Yes**

Question: Have they stopped doing anything because of these **language** changes?

**No** **Yes**

Question: Have you noticed any changes in their **language**?

**No** **Yes**

Proceed to **personality** question.

### III. Personality

Question: Do you think their **personality** changes are worse than those of their peers?

**No** **Yes**

Question: Have they stopped doing anything because of these **personality** changes?

**No** **Yes**

Question: Has anyone commented on these **personality** changes to you?

**No** **Yes**

If all responses from **PATIENT: Part 2** and **INFORMANT: Part 2** are **No**, no further assessment.

Any **Yes** responses from **PATIENT: Part 2** and **INFORMANT: Part 2**, bring back patient for full ACCT-AD clinical assessment.

## Mini-Cog©: Instructions for Administering and Scoring

Provider to administer Mini-Cog© to patient if informant is not present or additional verification is needed

Steps	Explanation	Scoring
<p><b>Step 1: Three Word Registration:</b></p> <p>Banana    Village    River</p> <p>Sunrise    Kitchen    Nation</p> <p>Chair    Baby    Finger</p>	<p>Say: "Listen carefully, I am going to say three words that I want you to repeat back to me now and try to remember later. The words are [Banana, Sunrise, Chair.] Please say them for me now." Lastly say: "Now try to remember the words, I am going to ask you what they are in a few minutes."</p>	<p>No score for Step 1. The patient does not receive points for ability to repeat the words, and does not lose points if they can't repeat the words.</p>
<p><b>Step 2: Clock Drawing</b></p>	<p>Say: "Next, I want you to draw a clock for me. First, put in all of the numbers where they go." When that is completed, say: "Now, set the hands to 10 past 11." Repeat instructions as needed as this is not a memory test.</p>	<p>Normal clock = 2 points. (A normal clock has all numbers placed in the correct sequence and approximately correct position.) Hands are pointing to the 11 and 2 (11:10). Hand length is not scored. Inability or refusal to draw a clock (abnormal) = 0 points.</p>
<p><b>Step 3: Three Word Recall</b></p>	<p>Say: "What were the three words I asked you to remember?"</p>	<p>1 point for each word spontaneously recalled without cueing.</p>
<p><b>Step 4: Total Score</b></p>	<p>Total score = Word Recall score + Clock Draw score.</p>	<p>A score of &lt; 3 has been validated for dementia screening.</p>

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## Mini-Cog© References

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