



MIHA Data Snapshot, Santa Clara County, 2013-2014

Maternal and Infant Health Assessment (MIHA) Survey

✓ better than rest of California ✗ worse than rest of California ♦ no statistical difference

		Santa Clara County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Status Before Pregnancy							
In good to excellent health	♦	94.3	91.4 - 97.1	21,800	92.4	91.5 - 93.3	452,800
Chronic conditions							
Diabetes†	✓	0.5 *	0.0 - 0.9	100	2.3	1.8 - 2.8	10,900
Hypertension†	♦	1.4 *	0.2 - 2.7	300	2.5	2.0 - 2.9	11,900
Asthma†	✓	4.7	2.5 - 7.0	1,100	7.8	7.0 - 8.6	37,500
Nutrition and Weight							
Daily folic acid use, month before pregnancy	♦	36.4	29.1 - 43.6	8,400	32.7	31.1 - 34.3	159,900
Overweight before pregnancy	♦	21.4	15.7 - 27.1	4,700	24.7	23.2 - 26.2	114,900
Obese before pregnancy	✓	13.4	8.8 - 18.1	2,900	20.3	18.9 - 21.7	94,400
Inadequate weight gain during pregnancy	♦	20.7	14.4 - 27.0	4,100	17.7	16.2 - 19.2	72,900
Excessive weight gain during pregnancy	♦	40.0	31.9 - 48.1	7,900	41.4	39.5 - 43.2	170,100
Food insecurity during pregnancy	♦	12.4	8.1 - 16.6	2,800	16.6	15.4 - 17.9	80,500
Intimate Partner Violence (IPV) and Depressive Symptoms							
Physical or psychological IPV during pregnancy	♦	6.3 *	2.2 - 10.3	1,400	7.1	6.2 - 7.9	34,500
Prenatal depressive symptoms	♦	14.1	9.7 - 18.5	3,300	14.1	12.9 - 15.3	68,900
Postpartum depressive symptoms	♦	12.1	7.8 - 16.5	2,800	13.0	11.8 - 14.1	63,200
Hardships and Support during Pregnancy							
Experienced two or more hardships during childhood	✓	17.4	12.2 - 22.5	4,000	25.3	23.8 - 26.7	121,600
Homeless or did not have a regular place to sleep	♦	1.9 *	0.6 - 3.2	400	2.9	2.4 - 3.4	14,000
Moved due to problems paying rent or mortgage	✓	4.0	2.2 - 5.8	900	6.9	6.0 - 7.7	33,600
Woman or partner lost job	♦	9.8	4.9 - 14.8	2,300	14.6	13.4 - 15.8	71,000
Woman or partner had pay or hours cut back	♦	12.4	7.1 - 17.6	2,800	11.8	10.7 - 12.8	57,100
Became separated or divorced	✓	4.3	2.2 - 6.4	1,000	7.6	6.7 - 8.5	37,000
Had no practical or emotional support	♦	6.2	2.8 - 9.7	1,400	4.4	3.7 - 5.2	21,700
Substance Use							
Any smoking, 3 months before pregnancy	✓	6.0	3.2 - 8.8	1,400	11.6	10.5 - 12.7	56,500
Any smoking, 3rd trimester†		--			2.9	2.3 - 3.4	13,900
Any smoking, postpartum	✓	2.5 *	1.0 - 4.1	600	5.6	4.8 - 6.3	27,300
Any binge drinking, 3 months before pregnancy	♦	12.1	7.5 - 16.8	2,800	15.1	13.8 - 16.3	72,900
Any alcohol use, 3rd trimester†	♦	6.9 *	2.1 - 11.8	1,600	7.6	6.6 - 8.6	37,000
Pregnancy Intention and Family Planning							
Mistimed or unwanted pregnancy	♦	26.2	20.4 - 32.1	6,100	31.2	29.6 - 32.8	151,800
Unsure of pregnancy intentions	♦	9.6	6.1 - 13.1	2,200	12.9	11.8 - 14.0	62,700
Postpartum birth control use†	♦	80.0	73.7 - 86.4	18,200	81.6	80.3 - 83.0	390,200
Infant Sleep and Breastfeeding							
Placed infant on back to sleep	♦	77.0	70.1 - 83.8	17,500	79.7	78.3 - 81.1	383,200
Infant always or often shared bed	♦	32.8	26.0 - 39.5	7,500	34.1	32.5 - 35.7	163,700
Intended to breastfeed, before birth	♦	95.5 *	92.7 - 98.3	21,900	92.4	91.5 - 93.4	444,100
Intended to breastfeed exclusively, before birth	♦	69.3	62.6 - 75.9	15,900	64.2	62.6 - 65.9	308,500
Breastfeeding practices							
Any breastfeeding, 1 month after delivery	✓	89.6	85.4 - 93.9	20,500	83.5	82.3 - 84.8	398,500
Exclusive breastfeeding, 1 month after delivery	✓	51.2	43.8 - 58.7	11,500	42.7	41.0 - 44.4	200,700
Any breastfeeding, 3 months after delivery	✓	78.1	72.2 - 84.0	16,400	66.2	64.3 - 68.2	244,200
Exclusive breastfeeding, 3 months after delivery	✓	35.6	27.9 - 43.4	7,400	27.4	25.7 - 29.1	99,800



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↑ higher than rest of California ↓ lower than rest of California ♦ no statistical difference

		Santa Clara County			California		
		%	95% CI	Population Estimate	%	95% CI	Population Estimate
Health Care Utilization and Public Program Participation							
Had a usual source of pre-pregnancy care	♦	74.0	67.7 - 80.3	17,100	70.4	68.8 - 71.9	344,100
Initiated prenatal care in 1st trimester	♦	90.9	87.9 - 93.8	20,700	89.7	88.7 - 90.6	433,500
Had a postpartum medical visit	↑	93.3	89.7 - 97.0	21,600	87.5	86.4 - 88.7	427,500
Mom or infant needed but couldn't afford care postpartum	♦	12.0	7.4 - 16.6	2,700	12.6	11.4 - 13.7	59,700
Participated in WIC during pregnancy†	↓	30.1	25.8 - 34.3	6,700	54.1	52.9 - 55.4	259,300
Received CalFresh (food stamps) during pregnancy	↓	12.6	9.2 - 15.9	2,900	24.9	23.6 - 26.3	121,000
Health Insurance Coverage							
Pre-pregnancy insurance							
Medi-Cal	↓	18.0	13.8 - 22.1	4,100	24.5	23.1 - 25.8	119,600
Uninsured	↓	15.3	11.5 - 19.1	3,500	24.0	22.6 - 25.4	117,500
Private	↑	65.7	60.7 - 70.7	15,100	47.5	46.2 - 48.9	232,500
Prenatal insurance							
Medi-Cal	↓	31.0	26.4 - 35.6	7,100	49.7	48.4 - 51.0	242,800
Uninsured	♦	1.5 *	0.1 - 3.0	400	1.6	1.2 - 2.0	7,900
Private	↑	66.4	61.6 - 71.1	15,200	44.5	43.1 - 45.8	217,100
Maternal postpartum insurance							
Medi-Cal	↓	24.8	20.4 - 29.3	5,700	36.2	34.7 - 37.6	175,700
Uninsured	↓	8.8	5.8 - 11.8	2,000	15.0	13.8 - 16.2	72,800
Private	↑	64.4	59.4 - 69.5	14,800	45.7	44.3 - 47.0	221,900
Infant health insurance							
Medi-Cal	↓	30.0	25.8 - 34.2	6,800	52.2	50.9 - 53.6	250,400
Uninsured	♦	2.5 *	0.9 - 4.2	600	2.9	2.2 - 3.5	13,700
Private	↑	65.1	60.8 - 69.4	14,800	41.3	40.0 - 42.6	198,000
Maternal Demographics							
Age							
15-19	↓	3.2	1.6 - 4.7	700	5.6	4.9 - 6.4	27,500
20-34	♦	70.3	63.6 - 77.1	16,300	74.5	73.0 - 76.0	365,300
35+	↑	26.5	19.9 - 33.1	6,100	19.9	18.5 - 21.3	97,400
Did not complete high school (or GED)	↓	8.6	5.9 - 11.3	2,000	16.5	15.2 - 17.7	79,900
Unmarried	↓	28.0	23.5 - 32.5	6,400	40.9	39.4 - 42.4	199,000
Race/Ethnicity							
Hispanic	↓	34.6	29.3 - 39.8	7,700	49.2	47.7 - 50.7	236,500
Black	↓	2.1	1.8 - 2.5	500	5.7	5.3 - 6.1	27,400
White	♦	23.2	16.5 - 29.9	5,200	29.3	27.9 - 30.7	140,900
Asian/Pacific Islander	↑	40.1	32.7 - 47.4	8,900	15.3	13.9 - 16.7	73,700
Nativity and Language							
Born outside the U.S.	↑	56.9	49.7 - 64.1	13,100	37.9	36.2 - 39.6	185,700
Speaks non-English language at home	↑	45.4	38.1 - 52.8	10,300	30.1	28.5 - 31.7	144,800
Lives in a high poverty neighborhood	↓	16.7	11.3 - 22.1	3,800	38.9	37.3 - 40.5	182,900
Income as a percent of the Federal Poverty Guideline							
0-100%	↓	22.4	18.4 - 26.5	4,900	41.0	39.5 - 42.4	188,800
101-200%	↓	14.1	10.2 - 18.1	3,100	20.8	19.4 - 22.2	96,000
> 200%	↑	63.4	58.3 - 68.5	13,900	38.2	36.9 - 39.6	176,200

-- Estimate not shown because the relative standard error (RSE) is greater than 50% or fewer than 5 women reported.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition changed for this indicator and is not comparable to prior years (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2014 were combined, resulting in a statewide sample size of 13,963. The sample size of Santa Clara County was 374. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2014. Population estimate is a two-year average. Symbols indicate whether the health indicator in the county was statistically different from the rest of the state (p-value < 0.05, chi-square test). See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

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