

Extra fruits and veggies benefits for each family member on WIC.*

Increase to \$35
issued through:

June

July

August

September

- Add fresh fruits and vegetables in **summer meals**.
- Stock up on **more** canned and frozen fruits and vegetables for later.

Visit MyFamily.WIC.ca.gov
for more information!

Local Agency Information:

* Every WIC participant who is
12 months and older is eligible.



California Department of Public Health,
California WIC Program

This institution is an equal opportunity provider.

