



# MIHA Data Snapshot, El Dorado County by Education, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			<High School			High School Graduate or GED			Some College			College Graduate			
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	
<b>Total</b>	100		1,500	5.0	2.9 - 7.0	<100	17.6	14.1 - 21.2	300	43.7	39.2 - 48.2	700	33.7	29.6 - 37.9	500	
<b>Health Status before Pregnancy</b>																
In good to excellent health	94.6	92.3 - 96.8	1,500	--			92.5 *	85.7 - 99.3	200	92.5	88.5 - 96.5	600	--			
Chronic conditions																
Diabetes†	1.3 *	0.2 - 2.4	<100	--			--			--			--			
Hypertension†	2.3	1.1 - 3.5	<100	--			--			2.5 *	0.7 - 4.3	<100	--			
Asthma†	11.8	8.7 - 14.9	200	--			--			15.2	9.7 - 20.8	100	10.2	6.1 - 14.3	<100	
<b>Nutrition and Weight</b>																
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	--			32.3	21.7 - 42.9	<100	36.1	29.2 - 43.0	200	50.7	43.4 - 58.0	300	
Overweight before pregnancy	26.2	22.1 - 30.3	400	41.2	18.0 - 64.4	<100	26.1	16.4 - 35.9	<100	26.8	20.1 - 33.4	200	23.2	17.4 - 29.0	100	
Obese before pregnancy	13.8	10.9 - 16.7	200	--			19.3	10.2 - 28.4	<100	16.9	12.3 - 21.6	100	7.3	3.9 - 10.7	<100	
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	--			16.6 *	5.9 - 27.4	<100	9.2	5.3 - 13.2	<100	16.7	10.0 - 23.3	<100	
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	--			51.8	39.1 - 64.5	100	50.2	42.6 - 57.9	300	37.6	30.4 - 44.7	200	
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	--			20.2	10.8 - 29.5	<100	15.7	10.4 - 20.9	100	--			
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>																
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	17.1 *	2.1 - 32.1	<100	9.2 *	2.4 - 16.0	<100	8.3	3.5 - 13.0	<100	--			
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	18.8 *	3.9 - 33.8	<100	13.3 *	5.2 - 21.4	<100	10.8	6.2 - 15.4	<100	6.1 *	0.9 - 11.2	<100	
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	--			11.8 *	4.3 - 19.2	<100	14.2	9.5 - 18.9	<100	4.9	2.1 - 7.6	<100	
<b>Hardships and Support during Pregnancy</b>																
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	45.2	23.9 - 66.5	<100	26.1	16.2 - 35.9	<100	30.1	23.4 - 36.9	200	15.3	10.4 - 20.2	<100	
Homeless or did not have a regular place to sleep	2.0 *	0.7 - 3.2	<100	--			--			2.4 *	0.5 - 4.3	<100	--			
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	--			8.0 *	1.3 - 14.7	<100	8.7	5.1 - 12.3	<100	--			
Woman or partner lost job	12.7	9.5 - 15.9	200	22.0 *	6.3 - 37.6	<100	14.4	6.5 - 22.2	<100	14.8	9.1 - 20.5	<100	8.1	4.6 - 11.7	<100	
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	--			12.3 *	4.3 - 20.3	<100	20.2	13.7 - 26.6	100	9.4	5.6 - 13.3	<100	
Became separated or divorced	5.1	2.9 - 7.3	<100	--			--			8.9	4.4 - 13.3	<100	--			
Had no practical or emotional support	--			--			--			--			--			
<b>Substance Use</b>																
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	51.5	29.9 - 73.1	<100	34.5	23.8 - 45.3	<100	22.6	16.1 - 29.1	200	6.4	3.0 - 9.8	<100	
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	--			15.4	6.7 - 24.1	<100	7.5	3.2 - 11.8	<100	--			
Any smoking, postpartum	11.7	8.6 - 14.8	200	48.0	26.7 - 69.3	<100	21.7	12.0 - 31.4	<100	11.4	6.5 - 16.4	<100	--			
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	15.0 *	3.2 - 26.9	<100	28.5	17.8 - 39.1	<100	19.1	13.5 - 24.7	100	18.4	13.0 - 23.9	<100	
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	--			--			9.5	4.7 - 14.3	<100	14.5	9.7 - 19.2	<100	
<b>Pregnancy Intention and Family Planning</b>																
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	--			29.0	19.0 - 39.0	<100	27.7	20.5 - 34.9	200	10.7	6.5 - 15.0	<100	
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	--			17.3	8.5 - 26.1	<100	13.8	9.0 - 18.7	<100	9.7	5.4 - 14.0	<100	
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	86.2 *	73.5 - 98.8	<100	83.5	74.6 - 92.4	200	89.2	85.3 - 93.1	600	84.4	78.1 - 90.7	400	
<b>Infant Sleep and Breastfeeding</b>																
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	65.9	46.6 - 85.2	<100	76.1	66.1 - 86.2	200	87.8	83.6 - 92.0	600	86.5	81.9 - 91.2	400	
Infant always or often shared bed	32.2	28.0 - 36.5	500	19.7 *	5.5 - 33.9	<100	32.3	21.4 - 43.2	<100	37.2	30.6 - 43.9	200	28.4	21.2 - 35.5	100	
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	--			--			97.3 *	95.2 - 99.4	600	--			
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	82.3 *	67.6 - 97.0	<100	77.3	67.9 - 86.8	200	86.1	80.9 - 91.2	600	89.3	85.2 - 93.3	500	
<b>Breastfeeding practices</b>																
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	71.9 *	53.6 - 90.2	<100	78.6	68.3 - 88.8	200	94.7	91.8 - 97.6	600	96.8 *	94.4 - 99.3	500	
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	47.4	25.2 - 69.6	<100	51.9	40.5 - 63.3	100	69.7	63.0 - 76.4	400	66.5	59.9 - 73.1	300	
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	68.2 *	47.4 - 89.0	<100	61.8	48.9 - 74.8	100	76.2	69.2 - 83.2	400	92.2	87.7 - 96.6	300	
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	37.5 *	12.1 - 62.8	<100	28.5	16.5 - 40.5	<100	50.0	41.4 - 58.6	200	58.1	49.9 - 66.3	200	



# MIHA Data Snapshot, El Dorado County by Education, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			<High School			High School Graduate or GED			Some College			College Graduate		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Service Utilization and Health Insurance Coverage</b>															
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1	1,200	62.6	41.2 - 84.1	<100	73.7	64.2 - 83.1	200	75.9	69.8 - 82.0	500	84.7	79.7 - 89.6	400
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7	1,400	--	--	--	86.3*	78.1 - 94.6	200	93.3	89.4 - 97.3	600	96.6*	94.0 - 99.3	500
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3	100	--	--	--	4.7*	0.5 - 9.0	<100	13.9	8.5 - 19.4	<100	5.3	2.4 - 8.2	<100
Participated in WIC during pregnancy†	35.7	31.2 - 40.3	500	83.7*	68.4 - 98.9	<100	61.2	50.1 - 72.3	200	41.1	33.9 - 48.2	300	7.8	3.9 - 11.8	<100
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7	300	39.8	19.7 - 59.9	<100	24.5	14.8 - 34.2	<100	26.8	19.4 - 34.2	200	3.4*	0.7 - 6.2	<100
Pre-pregnancy insurance															
Medi-Cal	19.0	15.3 - 22.7	300	70.1*	52.2 - 88.1	<100	38.7	27.2 - 50.2	100	15.7	10.9 - 20.6	100	4.3*	1.6 - 7.0	<100
Uninsured	13.7	10.4 - 17.0	200	20.3*	5.1 - 35.5	<100	15.3	7.7 - 22.9	<100	20.8	14.6 - 27.0	100	2.9*	0.4 - 5.3	<100
Private	64.3	59.8 - 68.8	1,000	--	--	--	43.9	32.6 - 55.3	100	58.8	51.5 - 66.0	400	91.0	87.1 - 94.9	500
Prenatal insurance															
Medi-Cal	38.9	34.4 - 43.5	600	--	--	--	66.8	56.2 - 77.3	200	42.5	35.5 - 49.5	300	10.0	5.6 - 14.3	<100
Uninsured	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Private	57.3	52.8 - 61.8	900	--	--	--	32.6	22.1 - 43.1	<100	51.5	44.5 - 58.5	300	86.9	82.1 - 91.6	400
Maternal postpartum insurance															
Medi-Cal	31.9	27.6 - 36.2	500	--	--	--	56.5	45.2 - 67.9	100	33.5	27.0 - 40.1	200	6.8	3.2 - 10.4	<100
Uninsured	7.3	4.8 - 9.8	100	--	--	--	6.9*	1.8 - 12.0	<100	10.9	6.0 - 15.8	<100	3.8*	1.1 - 6.5	<100
Private	59.2	54.7 - 63.7	900	--	--	--	34.5	23.5 - 45.5	<100	53.4	46.4 - 60.3	400	88.3	83.8 - 92.8	500
Infant health insurance															
Medi-Cal	45.5	40.9 - 50.0	700	--	--	--	74.3	64.7 - 83.8	200	51.2	44.3 - 58.2	300	14.2	9.3 - 19.0	<100
Uninsured	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Private	51.8	47.3 - 56.3	800	--	--	--	24.0	14.7 - 33.4	<100	45.0	38.2 - 51.8	300	84.2	79.2 - 89.2	400
<b>Maternal Demographics</b>															
Unmarried	30.5	25.9 - 35.0	500	44.3	23.4 - 65.1	<100	46.0	34.7 - 57.3	100	38.3	30.5 - 46.0	300	8.4	4.6 - 12.3	<100
Race/Ethnicity															
White	75.7	71.3 - 80.1	1,200	58.0	35.9 - 80.2	<100	67.5	56.6 - 78.5	200	75.7	68.8 - 82.6	500	82.3	75.7 - 88.9	400
Hispanic	16.1	12.3 - 19.9	200	42.0	19.8 - 64.1	<100	30.4	19.7 - 41.2	<100	16.3	10.0 - 22.5	100	4.7	2.1 - 7.2	<100
Asian/Pacific Islander	6.0	3.2 - 8.7	<100	--	--	--	--	--	--	--	--	--	12.4	6.0 - 18.8	<100
Black	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Born outside the U.S.	13.6	10.1 - 17.1	200	32.5*	12.5 - 52.6	<100	19.8	10.6 - 29.0	<100	6.8*	2.4 - 11.3	<100	16.3	9.9 - 22.7	<100
Speaks non-English language at home	9.7	6.5 - 12.9	100	29.7*	8.2 - 51.1	<100	18.5	9.1 - 27.9	<100	--	--	--	11.6	5.5 - 17.7	<100
Lives in a high poverty neighborhood	11.3	8.1 - 14.4	200	24.4*	4.4 - 44.4	<100	17.2	8.8 - 25.6	<100	10.2	5.1 - 15.2	<100	7.0	3.1 - 10.8	<100
Income as a percent of the Federal Poverty Guideline															
0-100%	23.1	18.9 - 27.4	300	62.6*	39.5 - 85.7	<100	51.6	39.7 - 63.6	100	24.7	17.9 - 31.6	200	--	--	--
101-200%	23.6	19.4 - 27.8	300	30.5*	7.5 - 53.5	<100	27.1	16.5 - 37.6	<100	31.4	24.0 - 38.7	200	10.6	6.2 - 15.0	<100
> 200%	53.3	48.5 - 58.1	800	--	--	--	21.3	11.6 - 30.9	<100	43.9	36.4 - 51.4	300	87.4	82.6 - 92.2	400

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).

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# MIHA Data Snapshot, El Dorado County by Geographical Area, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			Urban			Rural/Frontier		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	33.9	29.7 - 38.2	500	66.1	61.8 - 70.3	1,000
<b>Health Status before Pregnancy</b>									
In good to excellent health	94.6	92.3 - 96.8	1,500	--			93.0	89.8 - 96.2	900
Chronic conditions									
Diabetes†	1.3 *	0.2 - 2.4	<100	--			--		
Hypertension†	2.3	1.1 - 3.5	<100	3.3 *	0.9 - 5.6	<100	1.8 *	0.4 - 3.2	<100
Asthma†	11.8	8.7 - 14.9	200	13.3	7.8 - 18.9	<100	11.4	7.6 - 15.2	100
<b>Nutrition and Weight</b>									
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	42.8	35.3 - 50.2	200	37.5	32.0 - 43.1	400
Overweight before pregnancy	26.2	22.1 - 30.3	400	26.6	19.6 - 33.6	100	26.3	21.2 - 31.5	300
Obese before pregnancy	13.8	10.9 - 16.7	200	11.9	7.1 - 16.7	<100	14.9	11.2 - 18.6	100
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	12.2	7.3 - 17.1	<100	11.9	7.5 - 16.3	100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	47.1	38.4 - 55.8	200	48.7	42.7 - 54.7	400
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	6.0	2.7 - 9.4	<100	14.1	9.9 - 18.3	100
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>									
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	6.8 *	2.3 - 11.3	<100	7.5	3.6 - 11.5	<100
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	6.7 *	2.7 - 10.8	<100	11.7	7.5 - 15.8	100
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	7.4	3.4 - 11.4	<100	12.1	8.5 - 15.7	100
<b>Hardships and Support during Pregnancy</b>									
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	15.4	9.5 - 21.3	<100	30.5	25.3 - 35.7	300
Homeless or did not have a regular place to sleep	2.0 *	0.7 - 3.2	<100	--			2.9 *	1.0 - 4.7	<100
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	4.2 *	1.6 - 6.9	<100	6.8	3.9 - 9.7	<100
Woman or partner lost job	12.7	9.5 - 15.9	200	10.0	5.0 - 15.0	<100	14.4	10.2 - 18.5	100
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	11.0	5.4 - 16.5	<100	17.4	12.8 - 22.0	200
Became separated or divorced	5.1	2.9 - 7.3	<100	6.7 *	2.3 - 11.2	<100	4.0 *	1.5 - 6.4	<100
Had no practical or emotional support	--			--			--		
<b>Substance Use</b>									
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	13.5	8.0 - 19.0	<100	24.4	19.3 - 29.5	200
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	--			10.0	6.1 - 13.8	<100
Any smoking, postpartum	11.7	8.6 - 14.8	200	5.7	2.5 - 8.8	<100	14.7	10.3 - 19.1	100
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	18.3	12.2 - 24.4	<100	21.0	16.4 - 25.6	200
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	12.0	6.8 - 17.1	<100	8.7	5.3 - 12.0	<100
<b>Pregnancy Intention and Family Planning</b>									
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	19.3	11.7 - 26.9	<100	22.7	17.9 - 27.5	200
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	14.5	9.1 - 19.8	<100	13.1	9.1 - 17.0	100
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	83.4	77.9 - 88.9	400	88.1	84.1 - 92.2	900
<b>Infant Sleep and Breastfeeding</b>									
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	87.5	82.7 - 92.3	400	82.4	78.1 - 86.6	800
Infant always or often shared bed	32.2	28.0 - 36.5	500	26.4	20.0 - 32.9	100	35.1	29.5 - 40.6	300
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	--			97.6 *	96.0 - 99.2	1,000
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	87.4	82.4 - 92.4	400	83.9	79.6 - 88.2	800
<b>Breastfeeding practices</b>									
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	92.6	88.7 - 96.4	500	91.0	87.4 - 94.5	900
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	65.4	58.2 - 72.6	300	62.8	57.1 - 68.4	600
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	80.0	72.8 - 87.3	300	77.3	71.6 - 83.0	600
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	44.4	35.5 - 53.3	200	49.3	42.6 - 56.0	300



# MIHA Data Snapshot, El Dorado County by Geographical Area, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County				Urban				Rural/Frontier			
	%	95% CI		N	%	95% CI		N	%	95% CI		N
<b>Service Utilization and Health Insurance Coverage</b>												
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1		1,200	84.2	78.8 - 89.7		400	74.4	69.4 - 79.3		700
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7		1,400	--				90.6	87.0 - 94.1		900
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3		100	6.8	3.1 - 10.5		<100	10.8	7.0 - 14.7		100
Participated in WIC during pregnancy†	35.7	31.2 - 40.3		500	18.9	11.6 - 26.2		<100	42.8	37.1 - 48.5		400
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7		300	8.1 *	2.1 - 14.1		<100	25.9	20.5 - 31.2		300
Pre-pregnancy insurance												
Medi-Cal	19.0	15.3 - 22.7		300	6.6	3.0 - 10.2		<100	25.7	20.5 - 30.8		300
Uninsured	13.7	10.4 - 17.0		200	7.5	3.7 - 11.3		<100	16.4	11.9 - 20.9		200
Private	64.3	59.8 - 68.8		1,000	84.3	79.0 - 89.6		400	54.2	48.3 - 60.0		500
Prenatal insurance												
Medi-Cal	38.9	34.4 - 43.5		600	16.8	11.4 - 22.2		<100	49.5	43.8 - 55.2		500
Uninsured	--				--				--			
Private	57.3	52.8 - 61.8		900	79.6	73.6 - 85.5		400	46.6	41.0 - 52.2		500
Maternal postpartum insurance												
Medi-Cal	31.9	27.6 - 36.2		500	12.1	7.6 - 16.5		<100	42.7	37.1 - 48.4		400
Uninsured	7.3	4.8 - 9.8		100	5.7 *	1.9 - 9.5		<100	8.1	4.8 - 11.4		<100
Private	59.2	54.7 - 63.7		900	80.6	74.8 - 86.4		400	47.4	41.8 - 53.1		500
Infant health insurance												
Medi-Cal	45.5	40.9 - 50.0		700	21.6	14.5 - 28.7		100	57.4	52.0 - 62.9		600
Uninsured	--				--				--			
Private	51.8	47.3 - 56.3		800	75.1	67.8 - 82.4		400	40.3	34.9 - 45.6		400
<b>Maternal Demographics</b>												
Age												
15-19	3.5 *	1.3 - 5.6		<100	--				2.9 *	0.9 - 5.0		<100
20-34	77.5	73.7 - 81.3		1,200	72.5	65.3 - 79.6		400	80.2	75.8 - 84.7		800
35+	19.0	15.6 - 22.5		300	23.3	17.2 - 29.5		100	16.9	12.7 - 21.0		200
Did not complete high school (or GED)	5.0	2.9 - 7.0		<100	--				6.3	3.4 - 9.3		<100
Unmarried	30.5	25.9 - 35.0		500	22.7	14.8 - 30.6		100	34.5	28.8 - 40.1		300
Race/Ethnicity												
White	75.7	71.3 - 80.1		1,200	78.0	70.5 - 85.4		400	75.2	69.8 - 80.6		800
Hispanic	16.1	12.3 - 19.9		200	12.0	5.9 - 18.1		<100	18.1	13.3 - 22.9		200
Asian/Pacific Islander	6.0	3.2 - 8.7		<100	7.9	3.5 - 12.3		<100	4.5 *	1.1 - 7.8		<100
Black	--				--				--			
Born outside the U.S.	13.6	10.1 - 17.1		200	12.8	7.4 - 18.2		<100	13.1	8.7 - 17.6		100
Speaks non-English language at home	9.7	6.5 - 12.9		100	5.1 *	1.6 - 8.6		<100	11.3	7.0 - 15.7		100
Lives in a high poverty neighborhood	11.3	8.1 - 14.4		200	--				16.1	11.6 - 20.7		200
Income as a percent of the Federal Poverty Guideline												
0-100%	23.1	18.9 - 27.4		300	7.3	3.5 - 11.2		<100	30.2	24.4 - 35.9		300
101-200%	23.6	19.4 - 27.8		300	17.1	10.4 - 23.7		<100	26.8	21.4 - 32.2		300
> 200%	53.3	48.5 - 58.1		800	75.6	68.3 - 83.0		400	43.0	37.3 - 48.7		400

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. Urban and Rural/Frontier designations are based on the population size or densities of Medical Service Study Areas. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).



# MIHA Data Snapshot, El Dorado County by Income, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			0-100% Federal Poverty Guideline			101-200% Federal Poverty Guideline			> 200% Federal Poverty Guideline		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	23.1	18.9 - 27.4	300	23.6	19.4 - 27.8	300	53.3	48.5 - 58.1	800
<b>Health Status before Pregnancy</b>												
In good to excellent health	94.6	92.3 - 96.8	1,500	83.8	75.3 - 92.3	300	95.9*	92.0 - 99.8	300	98.5*	97.1 - 99.9	800
Chronic conditions												
Diabetes†	1.3*	0.2 - 2.4	<100	--			--			1.6*	0.2 - 3.0	<100
Hypertension†	2.3	1.1 - 3.5	<100	--			--			3.8*	1.5 - 6.0	<100
Asthma†	11.8	8.7 - 14.9	200	16.3	7.6 - 24.9	<100	8.3*	2.8 - 13.7	<100	12.0	8.0 - 15.9	<100
<b>Nutrition and Weight</b>												
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	23.0	13.8 - 32.2	<100	26.4	17.7 - 35.1	<100	49.3	43.1 - 55.5	400
Overweight before pregnancy	26.2	22.1 - 30.3	400	26.2	16.6 - 35.8	<100	23.8	15.4 - 32.2	<100	26.4	20.9 - 31.8	200
Obese before pregnancy	13.8	10.9 - 16.7	200	16.0	8.7 - 23.3	<100	15.5	8.7 - 22.3	<100	12.4	8.7 - 16.1	<100
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	9.5*	2.1 - 16.9	<100	9.9	4.4 - 15.5	<100	14.2	9.2 - 19.2	<100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	63.9	52.9 - 74.8	200	43.0	32.2 - 53.7	100	42.6	36.3 - 49.0	300
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	27.3	17.7 - 36.8	<100	18.7	10.9 - 26.5	<100	1.6*	0.2 - 3.0	<100
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>												
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	15.9	7.3 - 24.4	<100	7.7*	2.3 - 13.1	<100	--		
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	20.0	11.3 - 28.7	<100	6.9*	1.5 - 12.2	<100	7.8	3.8 - 11.9	<100
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	18.9	11.0 - 26.9	<100	9.7*	3.5 - 16.0	<100	7.8	4.6 - 10.9	<100
<b>Hardships and Support during Pregnancy</b>												
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	34.5	24.5 - 44.5	100	35.7	26.1 - 45.3	100	18.2	13.6 - 22.7	100
Homeless or did not have a regular place to sleep	2.0*	0.7 - 3.2	<100	6.2*	1.5 - 10.8	<100	--			--		
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	15.7	8.4 - 23.0	<100	9.0	3.8 - 14.1	<100	--		
Woman or partner lost job	12.7	9.5 - 15.9	200	18.8	9.6 - 28.0	<100	19.8	12.5 - 27.2	<100	6.0	3.1 - 8.9	<100
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	27.7	17.5 - 37.9	<100	21.0	12.9 - 29.1	<100	7.5	4.1 - 10.8	<100
Became separated or divorced	5.1	2.9 - 7.3	<100	12.5	5.5 - 19.6	<100	4.9*	0.5 - 9.4	<100	--		
Had no practical or emotional support	--			--			--			--		
<b>Substance Use</b>												
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	45.5	35.0 - 56.0	200	28.1	19.0 - 37.2	<100	7.5	4.1 - 10.9	<100
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	19.0	10.8 - 27.2	<100	12.4*	4.6 - 20.1	<100	--		
Any smoking, postpartum	11.7	8.6 - 14.8	200	35.5	25.4 - 45.6	100	14.9	7.2 - 22.5	<100	--		
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	25.5	16.7 - 34.2	<100	15.0	8.3 - 21.7	<100	20.5	15.6 - 25.5	200
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	7.1*	2.1 - 12.1	<100	6.6*	0.9 - 12.3	<100	13.4	9.1 - 17.7	100
<b>Pregnancy Intention and Family Planning</b>												
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	39.3	28.9 - 49.6	100	26.5	17.6 - 35.3	<100	12.9	8.2 - 17.7	<100
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	19.7	11.8 - 27.6	<100	17.9	9.5 - 26.4	<100	9.2	5.9 - 12.4	<100
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	86.1	79.1 - 93.1	300	84.8	78.4 - 91.2	300	87.4	82.7 - 92.1	700
<b>Infant Sleep and Breastfeeding</b>												
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	75.9	67.0 - 84.8	200	85.3	78.3 - 92.3	300	87.7	84.1 - 91.2	700
Infant always or often shared bed	32.2	28.0 - 36.5	500	42.8	32.3 - 53.3	100	40.0	30.0 - 50.1	100	25.9	20.0 - 31.7	200
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	94.1*	89.8 - 98.5	300	--			98.7*	97.5 - 99.9	700
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	77.8	69.0 - 86.5	200	82.6	74.6 - 90.6	300	87.9	84.0 - 91.8	700
Breastfeeding practices												
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	82.0	74.1 - 89.9	300	92.9*	87.8 - 98.0	300	96.5*	94.3 - 98.6	700
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	60.4	50.1 - 70.7	200	71.1	62.1 - 80.1	200	62.8	56.8 - 68.8	500
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	64.6	53.1 - 76.2	100	77.8	68.2 - 87.5	200	86.7	82.0 - 91.4	500
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	36.1	24.0 - 48.1	<100	50.9	38.9 - 63.0	100	52.6	45.3 - 59.9	300



# MIHA Data Snapshot, El Dorado County by Income, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			0-100% Federal Poverty Guideline			101-200% Federal Poverty Guideline			> 200% Federal Poverty Guideline		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Service Utilization and Health Insurance Coverage</b>												
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1	1,200	64.2	54.3 - 74.1	200	65.8	56.3 - 75.4	200	90.4	87.0 - 93.8	700
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7	1,400	85.3	77.2 - 93.5	300	90.0*	83.9 - 96.0	300	98.8*	97.7 - 99.9	800
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3	100	14.8	7.1 - 22.6	<100	16.9	9.0 - 24.8	<100	4.4	1.9 - 7.0	<100
Participated in WIC during pregnancy†	35.7	31.2 - 40.3	500	74.1	64.3 - 83.9	200	58.0	48.3 - 67.7	200	5.5*	1.7 - 9.3	<100
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7	300	56.2	45.8 - 66.6	200	23.0	13.6 - 32.4	<100	--		
Pre-pregnancy insurance												
Medi-Cal	19.0	15.3 - 22.7	300	50.6	39.9 - 61.2	200	25.4	16.4 - 34.4	<100	2.6*	0.6 - 4.5	<100
Uninsured	13.7	10.4 - 17.0	200	23.1	14.3 - 31.8	<100	28.8	19.3 - 38.3	<100	3.0*	0.8 - 5.2	<100
Private	64.3	59.8 - 68.8	1,000	20.1	11.1 - 29.1	<100	43.0	33.1 - 52.9	100	92.8	89.6 - 96.0	700
Prenatal insurance												
Medi-Cal	38.9	34.4 - 43.5	600	92.4*	87.4 - 97.4	300	59.8	50.1 - 69.5	200	5.7	2.7 - 8.6	<100
Uninsured	--			--			--			--		
Private	57.3	52.8 - 61.8	900	6.0*	1.5 - 10.6	<100	35.9	26.4 - 45.4	100	90.6	87.1 - 94.2	700
Maternal postpartum insurance												
Medi-Cal	31.9	27.6 - 36.2	500	78.8	69.8 - 87.9	300	45.0	34.9 - 55.0	200	5.6	2.6 - 8.5	<100
Uninsured	7.3	4.8 - 9.8	100	10.9*	3.5 - 18.3	<100	14.2	7.3 - 21.0	<100	1.5*	0.3 - 2.8	<100
Private	59.2	54.7 - 63.7	900	8.1*	2.4 - 13.7	<100	40.8	31.0 - 50.6	100	91.0	87.5 - 94.4	700
Infant health insurance												
Medi-Cal	45.5	40.9 - 50.0	700	95.9*	92.1 - 99.7	300	70.9	62.0 - 79.8	200	10.2	5.7 - 14.7	<100
Uninsured	--			--			--			--		
Private	51.8	47.3 - 56.3	800	--			26.5	17.8 - 35.2	<100	87.5	82.8 - 92.2	700
<b>Maternal Demographics</b>												
Did not complete high school (or GED)	5.0	2.9 - 7.0	<100	12.4	5.9 - 19.0	<100	6.0*	0.5 - 11.4	<100	--		
Unmarried	30.5	25.9 - 35.0	500	71.2	61.4 - 81.0	200	35.8	26.2 - 45.5	100	11.2	6.1 - 16.2	<100
Race/Ethnicity												
White	75.7	71.3 - 80.1	1,200	67.8	57.3 - 78.2	200	69.8	59.8 - 79.9	200	84.6	79.4 - 89.9	600
Hispanic	16.1	12.3 - 19.9	200	25.7	16.0 - 35.5	<100	23.9	14.7 - 33.0	<100	6.1	2.8 - 9.4	<100
Asian/Pacific Islander	6.0	3.2 - 8.7	<100	--			--			8.3	3.8 - 12.8	<100
Black	--			--			--			--		
Born outside the U.S.	13.6	10.1 - 17.1	200	15.0	6.9 - 23.2	<100	12.9	5.7 - 20.0	<100	11.8	7.2 - 16.5	<100
Speaks non-English language at home	9.7	6.5 - 12.9	100	12.3*	5.0 - 19.6	<100	13.5	6.4 - 20.6	<100	6.6*	2.5 - 10.8	<100
Lives in a high poverty neighborhood	11.3	8.1 - 14.4	200	24.7	14.9 - 34.6	<100	14.4	6.7 - 22.1	<100	4.9	2.3 - 7.5	<100

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).

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# MIHA Data Snapshot, El Dorado County by Maternal Age, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			15-19 Years			20-34 Years			35 Years or Older		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	3.5*	1.3 - 5.6	<100	77.5	73.7 - 81.3	1,200	19.0	15.6 - 22.5	300
<b>Health Status before Pregnancy</b>												
In good to excellent health	94.6	92.3 - 96.8	1,500	--			95.0	92.6 - 97.5	1,100	93.9*	88.6 - 99.1	300
Chronic conditions												
Diabetes†	1.3*	0.2 - 2.4	<100	--			0.9*	0.1 - 1.8	<100	--		
Hypertension†	2.3	1.1 - 3.5	<100	--			1.8*	0.5 - 3.1	<100	4.6*	1.1 - 8.1	<100
Asthma†	11.8	8.7 - 14.9	200	--			11.3	7.9 - 14.7	100	13.4	6.0 - 20.9	<100
<b>Nutrition and Weight</b>												
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	--			38.7	33.7 - 43.8	500	48.1	38.3 - 57.9	100
Overweight before pregnancy	26.2	22.1 - 30.3	400	--			25.7	21.1 - 30.4	300	31.4	22.3 - 40.6	<100
Obese before pregnancy	13.8	10.9 - 16.7	200	--			14.4	11.0 - 17.9	200	12.9	7.0 - 18.7	<100
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	--			12.5	8.6 - 16.4	100	13.9	6.1 - 21.6	<100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	57.0*	21.9 - 92.0	<100	47.4	41.8 - 52.9	500	47.4	37.1 - 57.7	100
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	--			12.1	8.6 - 15.5	100	4.5*	0.4 - 8.6	<100
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>												
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	--			8.1	4.5 - 11.6	<100	--		
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	--			9.5	6.0 - 13.0	100	9.3*	3.1 - 15.5	<100
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	--			9.3	6.5 - 12.2	100	12.1	5.5 - 18.7	<100
<b>Hardships and Support during Pregnancy</b>												
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	--			25.8	21.2 - 30.4	300	22.1	13.4 - 30.8	<100
Homeless or did not have a regular place to sleep	2.0*	0.7 - 3.2	<100	--			1.7*	0.5 - 2.9	<100	--		
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	--			6.2	3.9 - 8.5	<100	--		
Woman or partner lost job	12.7	9.5 - 15.9	200	--			12.9	9.2 - 16.5	200	8.0*	2.7 - 13.3	<100
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	--			14.5	10.5 - 18.4	200	14.6	7.1 - 22.2	<100
Became separated or divorced	5.1	2.9 - 7.3	<100	--			5.1	2.6 - 7.6	<100	--		
Had no practical or emotional support	--			--			--			--		
<b>Substance Use</b>												
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	39.4*	9.6 - 69.3	<100	21.2	16.7 - 25.7	300	15.4	7.9 - 22.9	<100
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	--			7.2	4.3 - 10.1	<100	--		
Any smoking, postpartum	11.7	8.6 - 14.8	200	--			12.3	8.8 - 15.9	100	7.0*	0.9 - 13.2	<100
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	39.0*	9.2 - 68.7	<100	20.3	16.1 - 24.5	200	17.0	10.3 - 23.7	<100
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	--			7.9	5.0 - 10.9	<100	17.5	10.1 - 24.9	<100
<b>Pregnancy Intention and Family Planning</b>												
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	68.3*	41.1 - 95.4	<100	21.1	16.7 - 25.5	300	15.6	8.1 - 23.1	<100
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	--			12.3	8.8 - 15.8	100	18.1	10.6 - 25.6	<100
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	--			88.3	84.9 - 91.8	1,000	78.7	70.4 - 87.0	200
<b>Infant Sleep and Breastfeeding</b>												
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	--			84.1	80.7 - 87.6	1,000	84.0	75.9 - 92.2	200
Infant always or often shared bed	32.2	28.0 - 36.5	500	--			33.2	28.4 - 38.1	400	28.8	19.3 - 38.4	<100
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	--			97.4	95.9 - 98.9	1,100	--		
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	--			86.2	82.6 - 89.8	1,000	78.4	70.0 - 86.9	200
Breastfeeding practices												
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	64.3*	36.2 - 92.3	<100	92.9	90.1 - 95.6	1,100	91.0*	84.4 - 97.6	300
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	--			66.7	61.8 - 71.7	800	56.0	46.1 - 65.9	200
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	--			78.3	73.3 - 83.4	700	84.1	75.4 - 92.8	200
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	--			50.3	44.3 - 56.4	400	47.2	35.8 - 58.5	100



# MIHA Data Snapshot, El Dorado County by Maternal Age, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			15-19 Years			20-34 Years			35 Years or Older		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Service Utilization and Health Insurance Coverage</b>												
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1	1,200	--			75.0	70.6 - 79.5	900	86.4	79.7 - 93.1	300
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7	1,400	--			93.2	90.3 - 96.1	1,100	93.7*	89.0 - 98.4	300
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3	100	--			10.3	6.9 - 13.6	100	--		
Participated in WIC during pregnancy†	35.7	31.2 - 40.3	500	--			37.4	32.3 - 42.5	400	18.2	9.5 - 26.8	<100
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7	300	--			20.7	16.1 - 25.3	200	11.7*	4.6 - 18.9	<100
<b>Pre-pregnancy insurance</b>												
Medi-Cal	19.0	15.3 - 22.7	300	--			18.5	14.4 - 22.6	200	20.7	11.7 - 29.7	<100
Uninsured	13.7	10.4 - 17.0	200	--			15.3	11.4 - 19.3	200	8.2*	2.6 - 13.8	<100
Private	64.3	59.8 - 68.8	1,000	64.1*	35.8 - 92.4	<100	62.8	57.7 - 68.0	700	70.2	60.5 - 79.9	200
<b>Prenatal insurance</b>												
Medi-Cal	38.9	34.4 - 43.5	600	43.0*	12.5 - 73.4	<100	41.4	36.3 - 46.4	500	28.4	18.8 - 38.1	<100
Uninsured	--			--			--			--		
Private	57.3	52.8 - 61.8	900	--			55.6	50.5 - 60.7	700	65.8	55.9 - 75.7	200
<b>Maternal postpartum insurance</b>												
Medi-Cal	31.9	27.6 - 36.2	500	41.8*	11.2 - 72.4	<100	32.3	27.5 - 37.0	400	28.5	18.8 - 38.1	<100
Uninsured	7.3	4.8 - 9.8	100	--			7.8	4.9 - 10.8	<100	--		
Private	59.2	54.7 - 63.7	900	--			57.8	52.7 - 62.8	700	67.4	57.5 - 77.2	200
<b>Infant health insurance</b>												
Medi-Cal	45.5	40.9 - 50.0	700	--			46.7	41.7 - 51.8	500	32.7	22.9 - 42.5	<100
Uninsured	--			--			--			--		
Private	51.8	47.3 - 56.3	800	--			50.8	45.8 - 55.8	600	65.2	55.4 - 75.0	200
<b>Maternal Demographics</b>												
Did not complete high school (or GED)	5.0	2.9 - 7.0	<100	--			4.8	2.6 - 7.1	<100	--		
Unmarried	30.5	25.9 - 35.0	500	--			30.7	25.5 - 35.8	400	21.3	12.9 - 29.6	<100
<b>Race/Ethnicity</b>												
White	75.7	71.3 - 80.1	1,200	--			74.5	69.4 - 79.5	900	78.7	69.4 - 88.0	200
Hispanic	16.1	12.3 - 19.9	200	--			16.9	12.5 - 21.3	200	13.6*	5.3 - 21.9	<100
Asian/Pacific Islander	6.0	3.2 - 8.7	<100	--			5.8	2.6 - 9.1	<100	7.7*	2.3 - 13.2	<100
Black	--			--			--			--		
Born outside the U.S.	13.6	10.1 - 17.1	200	--			12.5	8.6 - 16.5	200	19.6	10.9 - 28.2	<100
Speaks non-English language at home	9.7	6.5 - 12.9	100	--			11.7	7.8 - 15.6	100	--		
Lives in a high poverty neighborhood	11.3	8.1 - 14.4	200	--			13.1	9.2 - 16.9	200	--		

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).

Table Citation: Maternal and Infant Health Assessment (MIHA) Survey County and Regional Data Snapshots for Subgroups, 2013-2015. California Department of Public Health; 2018.





# MIHA Data Snapshot, El Dorado County by Neighborhood Poverty, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			0-4.9% of Residents below Poverty			5-9.9% of Residents below Poverty			10-19.9% of Residents below Poverty			≥ 20% of Residents below Poverty		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	17.6	14.2 - 20.9	300	27.2	23.1 - 31.2	400	44.0	39.4 - 48.5	700	11.3	8.1 - 14.4	200
<b>Health Status before Pregnancy</b>															
In good to excellent health	94.6	92.3 - 96.8	1,500	--			98.1*	96.3 - 99.9	400	92.9	89.2 - 96.6	600	--		
Chronic conditions															
Diabetes†	1.3*	0.2 - 2.4	<100	--			--			--			--		
Hypertension†	2.3	1.1 - 3.5	<100	--			--			1.8*	0.3 - 3.4	<100	--		
Asthma†	11.8	8.7 - 14.9	200	13.8	5.8 - 21.7	<100	13.9	8.0 - 19.7	<100	9.6	5.4 - 13.7	<100	14.4*	2.1 - 26.8	<100
<b>Nutrition and Weight</b>															
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	50.8	40.4 - 61.1	100	39.7	31.0 - 48.3	200	33.6	27.1 - 40.1	200	43.0	27.9 - 58.1	<100
Overweight before pregnancy	26.2	22.1 - 30.3	400	29.0	19.2 - 38.7	<100	27.8	19.5 - 36.1	100	26.1	20.2 - 32.0	200	19.6*	5.5 - 33.7	<100
Obese before pregnancy	13.8	10.9 - 16.7	200	10.1*	2.6 - 17.7	<100	12.8	7.8 - 17.8	<100	15.2	10.9 - 19.6	100	17.2*	5.9 - 28.6	<100
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	14.8	7.6 - 22.0	<100	6.1*	2.3 - 10.0	<100	14.6	8.6 - 20.5	<100	11.2*	1.0 - 21.4	<100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	45.2	34.7 - 55.7	100	52.5	43.4 - 61.6	200	47.6	40.2 - 55.1	300	44.2	26.1 - 62.2	<100
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	--			10.4	5.2 - 15.6	<100	15.1	10.1 - 20.2	<100	12.3*	0.8 - 23.7	<100
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>															
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	--			7.5*	2.0 - 13.1	<100	8.4	3.6 - 13.1	<100	--		
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	6.8*	0.6 - 13.0	<100	6.4	2.8 - 10.1	<100	12.3	7.0 - 17.7	<100	14.8*	3.2 - 26.5	<100
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	7.2*	1.2 - 13.2	<100	7.1	3.3 - 11.0	<100	15.0	9.9 - 20.1	<100	--		
<b>Hardships and Support during Pregnancy</b>															
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	13.5	6.7 - 20.2	<100	26.3	18.7 - 33.9	100	31.5	25.0 - 37.9	200	17.2*	4.9 - 29.6	<100
Homeless or did not have a regular place to sleep	2.0*	0.7 - 3.2	<100	--			--			3.2*	0.8 - 5.7	<100	--		
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	--			6.9*	2.8 - 11.0	<100	7.9	4.1 - 11.7	<100	--		
Woman or partner lost job	12.7	9.5 - 15.9	200	11.1*	3.9 - 18.3	<100	11.3	5.9 - 16.7	<100	13.1	8.5 - 17.6	<100	19.1*	4.9 - 33.3	<100
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	6.6*	0.9 - 12.3	<100	15.3	8.8 - 21.8	<100	17.7	12.4 - 23.1	100	18.6*	4.3 - 32.9	<100
Became separated or divorced	5.1	2.9 - 7.3	<100	--			6.6*	1.4 - 11.8	<100	4.0*	1.1 - 6.8	<100	--		
Had no practical or emotional support	--			--			--			--			--		
<b>Substance Use</b>															
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	8.8*	3.1 - 14.5	<100	19.2	12.5 - 25.9	<100	23.2	17.0 - 29.4	200	32.8	18.4 - 47.3	<100
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	--			6.3*	1.8 - 10.8	<100	10.3	5.4 - 15.1	<100	9.1*	1.0 - 17.2	<100
Any smoking, postpartum	11.7	8.6 - 14.8	200	--			9.3	4.7 - 13.8	<100	15.7	10.2 - 21.1	100	18.7*	5.7 - 31.7	<100
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	22.4	14.1 - 30.7	<100	22.1	15.4 - 28.8	<100	17.4	11.8 - 23.0	100	21.9	10.0 - 33.7	<100
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	15.1	8.5 - 21.7	<100	9.0	4.0 - 14.0	<100	9.5	4.9 - 14.2	<100	--		
<b>Pregnancy Intention and Family Planning</b>															
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	13.9*	5.3 - 22.5	<100	25.3	16.6 - 34.0	100	20.1	14.8 - 25.5	100	30.0	16.1 - 43.9	<100
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	13.9	6.7 - 21.1	<100	12.4	6.8 - 18.0	<100	13.7	8.8 - 18.7	<100	15.1*	4.4 - 25.8	<100
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	83.9	76.2 - 91.5	200	85.2	79.4 - 90.9	300	86.7	81.3 - 92.1	600	--		
<b>Infant Sleep and Breastfeeding</b>															
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	84.7	77.7 - 91.7	200	88.8	83.8 - 93.8	400	81.2	75.8 - 86.6	500	82.8*	72.0 - 93.6	100
Infant always or often shared bed	32.2	28.0 - 36.5	500	20.1	11.8 - 28.4	<100	35.5	27.4 - 43.6	100	35.2	28.1 - 42.3	200	30.9	17.3 - 44.6	<100
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	--			--			98.0*	96.4 - 99.7	600	--		
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	90.6	85.1 - 96.1	200	89.1	83.8 - 94.4	400	82.6	77.0 - 88.1	500	76.2	63.9 - 88.5	100
Breastfeeding practices															
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	92.2*	86.9 - 97.5	200	94.0*	90.0 - 98.0	400	90.5	86.0 - 95.1	600	88.1*	78.5 - 97.6	100
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	57.4	47.0 - 67.8	100	72.1	64.0 - 80.1	300	60.7	53.8 - 67.7	400	63.9	49.9 - 77.9	<100
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	83.5	73.8 - 93.2	200	87.1	79.9 - 94.3	300	72.9	65.6 - 80.2	400	71.2	57.5 - 85.0	<100
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	48.0	35.9 - 60.1	<100	53.2	42.3 - 64.0	200	46.2	38.0 - 54.4	200	38.9	22.7 - 55.1	<100

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health Division and the Women, Infants and Children Division in the California Department of Public Health and the Center on Social Disparities in Health at the University of California San Francisco.



# MIHA Data Snapshot, El Dorado County by Neighborhood Poverty, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			0-4.9% of Residents below Poverty			5-9.9% of Residents below Poverty			10-19.9% of Residents below Poverty			≥ 20% of Residents below Poverty		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Service Utilization and Health Insurance Coverage</b>															
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1	1,200	84.9	77.0 - 92.7	200	78.4	71.7 - 85.1	300	75.7	69.7 - 81.6	500	73.0	59.7 - 86.3	100
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7	1,400	--			93.5*	89.4 - 97.5	400	94.4	91.3 - 97.4	600	82.7*	68.8 - 96.5	100
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3	100	6.9*	1.3 - 12.5	<100	8.0	3.7 - 12.3	<100	11.6	6.9 - 16.3	<100	--		
Participated in WIC during pregnancy†	35.7	31.2 - 40.3	500	10.4*	2.5 - 18.2	<100	30.0	21.5 - 38.6	100	43.4	36.2 - 50.6	300	50.5	35.4 - 65.6	<100
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7	300	--			17.2	8.8 - 25.6	<100	22.9	16.7 - 29.1	200	38.9	23.9 - 53.9	<100
Pre-pregnancy insurance															
Medi-Cal	19.0	15.3 - 22.7	300	--			11.9	6.6 - 17.3	<100	24.8	18.5 - 31.1	200	39.4	24.4 - 54.3	<100
Uninsured	13.7	10.4 - 17.0	200	--			12.9	7.2 - 18.7	<100	16.7	11.2 - 22.3	100	17.0*	6.2 - 27.8	<100
Private	64.3	59.8 - 68.8	1,000	90.6*	84.3 - 96.9	200	73.6	65.9 - 81.3	300	55.1	48.0 - 62.2	400	37.6	23.1 - 52.0	<100
Prenatal insurance															
Medi-Cal	38.9	34.4 - 43.5	600	8.1*	2.0 - 14.1	<100	31.2	23.7 - 38.6	100	47.1	40.0 - 54.2	300	69.9	57.3 - 82.5	100
Uninsured	--			--			--			--			--		
Private	57.3	52.8 - 61.8	900	86.7	79.2 - 94.3	200	65.8	58.1 - 73.5	300	48.9	41.8 - 55.9	300	27.4	15.2 - 39.6	<100
Maternal postpartum insurance															
Medi-Cal	31.9	27.6 - 36.2	500	--			23.4	16.8 - 29.9	<100	41.7	34.6 - 48.7	300	59.0	44.1 - 73.8	100
Uninsured	7.3	4.8 - 9.8	100	--			7.2	3.0 - 11.3	<100	7.2	3.6 - 10.7	<100	16.0*	3.4 - 28.6	<100
Private	59.2	54.7 - 63.7	900	90.5*	83.8 - 97.2	200	68.2	60.7 - 75.7	300	48.8	41.7 - 55.8	300	25.0	13.2 - 36.9	<100
Infant health insurance															
Medi-Cal	45.5	40.9 - 50.0	700	10.7*	3.4 - 18.1	<100	36.0	27.6 - 44.5	100	56.6	49.8 - 63.4	400	78.5	66.9 - 90.0	100
Uninsured	--			--			--			--			--		
Private	51.8	47.3 - 56.3	800	85.9	78.0 - 93.8	200	60.2	51.6 - 68.8	200	41.5	34.8 - 48.2	300	19.9	8.6 - 31.2	<100
<b>Maternal Demographics</b>															
Age															
15-19	3.5*	1.3 - 5.6	<100	--			--			3.4*	0.6 - 6.1	<100	--		
20-34	77.5	73.7 - 81.3	1,200	72.1	63.1 - 81.2	200	74.1	66.1 - 82.2	300	78.7	72.9 - 84.5	500	90.1*	82.5 - 97.7	200
35+	19.0	15.6 - 22.5	300	26.4	17.5 - 35.2	<100	21.6	15.0 - 28.3	<100	17.9	12.6 - 23.3	100	--		
Did not complete high school (or GED)	5.0	2.9 - 7.0	<100	--			3.6*	0.4 - 6.8	<100	5.8	2.5 - 9.1	<100	11.1*	1.0 - 21.3	<100
Unmarried	30.5	25.9 - 35.0	500	15.6	6.8 - 24.5	<100	26.8	18.0 - 35.6	100	31.7	25.0 - 38.5	200	57.4	42.5 - 72.3	<100
Race/Ethnicity															
White	75.7	71.3 - 80.1	1,200	80.9	71.7 - 90.0	200	82.6	76.0 - 89.1	300	74.9	67.9 - 81.9	500	57.9	42.7 - 73.1	<100
Hispanic	16.1	12.3 - 19.9	200	13.5*	4.9 - 22.1	<100	7.8	3.3 - 12.2	<100	16.2	10.4 - 22.1	100	39.1	24.0 - 54.2	<100
Asian/Pacific Islander	6.0	3.2 - 8.7	<100	4.4*	0.2 - 8.6	<100	4.6*	0.5 - 8.7	<100	8.2*	3.0 - 13.3	<100	--		
Black	--			--			--			--			--		
Born outside the U.S.	13.6	10.1 - 17.1	200	9.5*	3.5 - 15.6	<100	8.5*	3.2 - 13.9	<100	16.3	10.2 - 22.4	100	16.5*	6.8 - 26.3	<100
Speaks non-English language at home	9.7	6.5 - 12.9	100	--			--			12.5	6.9 - 18.1	<100	20.8*	8.1 - 33.5	<100
Income as a percent of the Federal Poverty Guideline															
0-100%	23.1	18.9 - 27.4	300	--			15.7	8.9 - 22.6	<100	27.1	20.4 - 33.7	200	48.0	32.3 - 63.6	<100
101-200%	23.6	19.4 - 27.8	300	10.4*	3.1 - 17.8	<100	24.8	16.7 - 32.8	<100	26.8	20.3 - 33.3	200	29.3	14.9 - 43.6	<100
> 200%	53.3	48.5 - 58.1	800	84.1	75.5 - 92.6	200	59.5	51.0 - 68.0	200	46.2	39.0 - 53.4	300	22.8	11.3 - 34.3	<100

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. Neighborhood poverty is the percentage of residents with incomes below poverty in a woman's census tract. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).



# MIHA Data Snapshot, El Dorado County by Prenatal Health Insurance, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			Medi-Cal			Private		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	38.9	34.4 - 43.5	600	57.3	52.8 - 61.8	900
<b>Health Status before Pregnancy</b>									
In good to excellent health	94.6	92.3 - 96.8	1,500	91.7	87.1 - 96.3	500	97.1 *	94.9 - 99.2	900
Chronic conditions									
Diabetes†	1.3 *	0.2 - 2.4	<100	--			1.1 *	0.1 - 2.2	<100
Hypertension†	2.3	1.1 - 3.5	<100	--			2.9 *	1.1 - 4.8	<100
Asthma†	11.8	8.7 - 14.9	200	12.5	6.9 - 18.0	<100	11.7	8.0 - 15.5	100
<b>Nutrition and Weight</b>									
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	27.8	20.5 - 35.1	200	46.2	40.5 - 51.9	400
Overweight before pregnancy	26.2	22.1 - 30.3	400	25.6	18.6 - 32.7	100	26.0	20.9 - 31.2	200
Obese before pregnancy	13.8	10.9 - 16.7	200	16.6	11.3 - 21.8	<100	12.9	9.3 - 16.5	100
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	12.6	6.7 - 18.5	<100	13.4	8.9 - 17.8	100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	54.3	46.1 - 62.5	300	42.4	36.2 - 48.7	300
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	19.4	13.3 - 25.6	100	5.8	2.9 - 8.6	<100
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>									
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	10.9	5.6 - 16.2	<100	5.3 *	1.6 - 9.0	<100
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	13.2	7.9 - 18.5	<100	7.6	3.8 - 11.4	<100
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	13.6	8.4 - 18.8	<100	7.6	4.7 - 10.4	<100
<b>Hardships and Support during Pregnancy</b>									
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	33.1	25.8 - 40.3	200	20.7	16.0 - 25.4	200
Homeless or did not have a regular place to sleep	2.0 *	0.7 - 3.2	<100	2.8 *	0.8 - 4.9	<100	--		
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	11.2	6.6 - 15.7	<100	2.2 *	0.6 - 3.8	<100
Woman or partner lost job	12.7	9.5 - 15.9	200	18.3	12.2 - 24.5	100	8.8	5.4 - 12.2	<100
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	21.3	14.6 - 27.9	100	10.4	6.6 - 14.2	<100
Became separated or divorced	5.1	2.9 - 7.3	<100	9.2	4.7 - 13.6	<100	2.7 *	0.3 - 5.1	<100
Had no practical or emotional support	--			--			--		
<b>Substance Use</b>									
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	37.8	30.2 - 45.5	200	9.7	6.1 - 13.2	<100
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	14.7	8.7 - 20.7	<100	2.7 *	0.9 - 4.5	<100
Any smoking, postpartum	11.7	8.6 - 14.8	200	24.7	17.9 - 31.5	100	3.3	1.4 - 5.3	<100
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	21.7	15.5 - 28.0	100	19.8	15.1 - 24.5	200
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	6.7	2.8 - 10.7	<100	11.9	7.9 - 15.8	100
<b>Pregnancy Intention and Family Planning</b>									
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	26.0	19.1 - 32.9	200	18.4	13.3 - 23.5	200
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	19.4	13.2 - 25.5	100	9.6	6.3 - 12.8	<100
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	85.8	80.7 - 90.9	500	86.8	82.4 - 91.1	800
<b>Infant Sleep and Breastfeeding</b>									
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	82.4	76.7 - 88.1	500	86.3	82.5 - 90.1	800
Infant always or often shared bed	32.2	28.0 - 36.5	500	40.4	32.9 - 47.9	200	26.1	20.9 - 31.3	200
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	96.8 *	94.4 - 99.2	600	98.9 *	97.8 - 99.9	900
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	80.7	74.4 - 87.0	500	87.8	84.2 - 91.4	800
Breastfeeding practices									
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	86.2	80.6 - 91.8	500	95.9	93.8 - 98.1	800
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	63.0	55.2 - 70.9	400	64.5	59.0 - 69.9	500
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	70.5	62.2 - 78.8	300	84.7	79.8 - 89.6	600
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	44.1	35.0 - 53.2	200	50.4	43.5 - 57.3	300



# MIHA Data Snapshot, El Dorado County by Prenatal Health Insurance, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County				Medi-Cal				Private			
	%	95% CI		N	%	95% CI		N	%	95% CI		N
<b>Service Utilization and Health Insurance Coverage</b>												
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1		1,200	61.5	54.1 - 68.9		400	89.3	85.8 - 92.8		800
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7		1,400	87.6	82.1 - 93.2		500	97.5 *	96.0 - 99.1		900
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3		100	15.8	9.8 - 21.7		<100	4.8	2.5 - 7.2		<100
Participated in WIC during pregnancy†	35.7	31.2 - 40.3		500	69.2	62.0 - 76.5		400	12.7	8.0 - 17.4		100
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7		300	44.8	36.9 - 52.7		300	--			
Pre-pregnancy insurance												
Medi-Cal	19.0	15.3 - 22.7		300	48.5	40.8 - 56.1		300	--			
Uninsured	13.7	10.4 - 17.0		200	29.5	22.2 - 36.8		200	2.1 *	0.3 - 3.9		<100
Private	64.3	59.8 - 68.8		1,000	18.8	12.6 - 25.0		100	97.0 *	95.0 - 99.0		900
Maternal postpartum insurance												
Medi-Cal	31.9	27.6 - 36.2		500	75.3	68.5 - 82.1		400	3.9	1.8 - 6.0		<100
Uninsured	7.3	4.8 - 9.8		100	14.8	9.2 - 20.4		<100	--			
Private	59.2	54.7 - 63.7		900	9.3	4.6 - 14.0		<100	95.2	92.9 - 97.6		800
Infant health insurance												
Medi-Cal	45.5	40.9 - 50.0		700	96.1 *	93.2 - 99.0		600	11.9	7.5 - 16.3		100
Uninsured	--				--				--			
Private	51.8	47.3 - 56.3		800	--				87.3	82.8 - 91.7		800
<b>Maternal Demographics</b>												
Age												
15-19	3.5 *	1.3 - 5.6		<100	3.8 *	1.0 - 6.7		<100	--			
20-34	77.5	73.7 - 81.3		1,200	82.2	76.3 - 88.2		500	75.1	70.1 - 80.2		700
35+	19.0	15.6 - 22.5		300	13.9	8.5 - 19.4		<100	21.9	17.5 - 26.4		200
Did not complete high school (or GED)	5.0	2.9 - 7.0		<100	12.6	7.5 - 17.8		<100	--			
Unmarried	30.5	25.9 - 35.0		500	55.9	47.9 - 63.9		300	13.0	8.1 - 17.9		100
Race/Ethnicity												
White	75.7	71.3 - 80.1		1,200	67.0	59.5 - 74.6		400	80.6	75.2 - 86.0		700
Hispanic	16.1	12.3 - 19.9		200	26.4	19.1 - 33.8		200	9.5	5.6 - 13.4		<100
Asian/Pacific Islander	6.0	3.2 - 8.7		<100	--				8.1	4.1 - 12.2		<100
Black	--				--				--			
Born outside the U.S.	13.6	10.1 - 17.1		200	16.8	10.7 - 23.0		100	11.8	7.4 - 16.1		100
Speaks non-English language at home	9.7	6.5 - 12.9		100	15.2	9.2 - 21.2		<100	6.0 *	2.4 - 9.7		<100
Lives in a high poverty neighborhood	11.3	8.1 - 14.4		200	20.4	13.5 - 27.2		100	5.3	2.8 - 7.8		<100
Income as a percent of the Federal Poverty Guideline												
0-100%	23.1	18.9 - 27.4		300	55.4	47.1 - 63.7		300	2.4 *	0.6 - 4.2		<100
101-200%	23.6	19.4 - 27.8		300	36.8	28.7 - 44.8		200	14.6	10.2 - 19.0		100
> 200%	53.3	48.5 - 58.1		800	7.8	3.8 - 11.8		<100	83.0	78.3 - 87.7		700

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%)

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).

Table Citation: Maternal and Infant Health Assessment (MIHA) Survey County and Regional Data Snapshots for Subgroups, 2013-2015. California Department of Public Health; 2018.



# MIHA Data Snapshot, El Dorado County by Race/Ethnicity, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			Hispanic			Black			White			Asian/Pacific Islander		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	16.1	12.3 - 19.9	200	--			75.7	71.3 - 80.1	1,200	6.0	3.2 - 8.7	<100
<b>Health Status before Pregnancy</b>															
In good to excellent health	94.6	92.3 - 96.8	1,500	--			--			94.0	91.2 - 96.8	1,100	--		
Chronic conditions															
Diabetes†	1.3 *	0.2 - 2.4	<100	--			--			1.1 *	0.2 - 2.0	<100	--		
Hypertension†	2.3	1.1 - 3.5	<100	--			--			2.8	1.3 - 4.3	<100	--		
Asthma†	11.8	8.7 - 14.9	200	9.4 *	1.8 - 17.0	<100	--			13.0	9.4 - 16.6	100	--		
<b>Nutrition and Weight</b>															
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	38.2	25.7 - 50.8	<100	--			40.9	36.0 - 45.8	500	21.9 *	4.5 - 39.3	<100
Overweight before pregnancy	26.2	22.1 - 30.3	400	28.9	16.9 - 41.0	<100	--			25.3	21.0 - 29.7	300	20.3 *	2.8 - 37.7	<100
Obese before pregnancy	13.8	10.9 - 16.7	200	24.8	13.2 - 36.3	<100	--			12.6	9.6 - 15.6	100	--		
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	16.2 *	4.3 - 28.1	<100	--			9.9	7.0 - 12.8	100	34.5 *	8.8 - 60.1	<100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	60.6	45.6 - 75.6	100	--			48.2	43.0 - 53.4	500	--		
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	11.6 *	2.8 - 20.3	<100	--			12.5	9.0 - 16.0	100	--		
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>															
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	--			--			6.3	3.5 - 9.1	<100	--		
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	9.1 *	2.2 - 16.0	<100	--			10.0	6.8 - 13.3	100	--		
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	11.6 *	3.2 - 20.0	<100	--			11.0	7.9 - 14.1	100	--		
<b>Hardships and Support during Pregnancy</b>															
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	17.4	7.5 - 27.3	<100	--			28.8	24.2 - 33.4	300	--		
Homeless or did not have a regular place to sleep	2.0 *	0.7 - 3.2	<100	--			--			2.5 *	0.8 - 4.1	<100	--		
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	--			--			7.9	5.1 - 10.6	<100	--		
Woman or partner lost job	12.7	9.5 - 15.9	200	13.6 *	4.3 - 22.9	<100	--			13.4	9.8 - 17.0	200	--		
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	17.6 *	7.2 - 28.1	<100	--			15.9	11.9 - 19.9	200	--		
Became separated or divorced	5.1	2.9 - 7.3	<100	--			--			4.6	2.5 - 6.7	<100	--		
Had no practical or emotional support	--			--			--			--			--		
<b>Substance Use</b>															
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	14.9 *	5.2 - 24.6	<100	--			22.8	18.6 - 27.1	300	--		
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	--			--			7.3	4.5 - 10.1	<100	--		
Any smoking, postpartum	11.7	8.6 - 14.8	200	--			--			13.8	10.1 - 17.5	200	--		
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	19.5	8.2 - 30.9	<100	--			21.9	17.9 - 25.9	300	--		
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	11.9 *	2.0 - 21.9	<100	--			10.0	7.1 - 12.9	100	--		
<b>Pregnancy Intention and Family Planning</b>															
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	22.3	11.9 - 32.7	<100	--			22.0	17.5 - 26.5	300	17.4 *	2.5 - 32.3	<100
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	10.2 *	2.7 - 17.6	<100	--			13.9	10.5 - 17.3	200	--		
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	96.7 *	93.9 - 99.6	200	--			85.4	81.8 - 88.9	1,000	66.1 *	41.1 - 91.2	<100
<b>Infant Sleep and Breastfeeding</b>															
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	75.9	64.9 - 86.9	200	--			84.9	81.4 - 88.3	1,000	--		
Infant always or often shared bed	32.2	28.0 - 36.5	500	38.2	25.4 - 51.0	<100	--			29.7	25.0 - 34.3	300	46.3	20.3 - 72.3	<100
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	--			--			97.7	96.3 - 99.0	1,100	--		
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	75.4	64.6 - 86.3	200	--			87.0	83.7 - 90.3	1,000	76.1 *	55.3 - 96.9	<100
<b>Breastfeeding practices</b>															
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	89.6 *	80.4 - 98.7	200	--			91.3	88.5 - 94.2	1,000	--		
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	59.4	46.6 - 72.2	100	--			65.0	60.2 - 69.8	700	65.5 *	43.7 - 87.3	<100
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	68.6	54.9 - 82.2	100	--			80.1	75.6 - 84.6	700	--		
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	34.9	20.8 - 48.9	<100	--			51.9	46.0 - 57.8	400	40.9 *	11.9 - 69.8	<100



# MIHA Data Snapshot, El Dorado County by Race/Ethnicity, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			Hispanic			Black			White			Asian/Pacific Islander		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Service Utilization and Health Insurance Coverage</b>															
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1	1,200	67.4	55.4 - 79.4	200	--	--	--	78.3	74.2 - 82.4	900	80.7 *	63.2 - 98.1	<100
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7	1,400	90.0 *	82.4 - 97.5	200	--	--	--	93.6	90.8 - 96.4	1,100	--	--	--
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3	100	8.2 *	1.5 - 14.9	<100	--	--	--	9.9	6.7 - 13.0	100	--	--	--
Participated in WIC during pregnancy†	35.7	31.2 - 40.3	500	64.4	52.0 - 76.9	200	--	--	--	29.1	24.3 - 33.9	300	--	--	--
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7	300	21.5	11.0 - 31.9	<100	--	--	--	19.4	14.9 - 24.0	200	--	--	--
Pre-pregnancy insurance															
Medi-Cal	19.0	15.3 - 22.7	300	38.6	25.8 - 51.5	<100	--	--	--	16.4	12.6 - 20.2	200	--	--	--
Uninsured	13.7	10.4 - 17.0	200	21.7	11.6 - 31.8	<100	--	--	--	11.4	8.2 - 14.6	100	--	--	--
Private	64.3	59.8 - 68.8	1,000	39.6	27.0 - 52.3	<100	--	--	--	68.2	63.4 - 73.0	800	--	--	--
Prenatal insurance															
Medi-Cal	38.9	34.4 - 43.5	600	64.0	51.8 - 76.2	200	--	--	--	34.7	29.8 - 39.6	400	--	--	--
Uninsured	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Private	57.3	52.8 - 61.8	900	33.7	21.7 - 45.6	<100	--	--	--	61.1	56.1 - 66.0	700	77.6 *	55.9 - 99.4	<100
Maternal postpartum insurance															
Medi-Cal	31.9	27.6 - 36.2	500	48.4	35.5 - 61.3	100	--	--	--	29.4	24.7 - 34.0	300	--	--	--
Uninsured	7.3	4.8 - 9.8	100	14.2 *	5.4 - 23.0	<100	--	--	--	6.4	3.7 - 9.1	<100	--	--	--
Private	59.2	54.7 - 63.7	900	36.7	24.2 - 49.1	<100	--	--	--	62.1	57.2 - 67.1	700	--	--	--
Infant health insurance															
Medi-Cal	45.5	40.9 - 50.0	700	68.9	57.2 - 80.6	200	--	--	--	40.9	35.9 - 45.9	500	--	--	--
Uninsured	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Private	51.8	47.3 - 56.3	800	31.1	19.4 - 42.8	<100	--	--	--	55.6	50.6 - 60.6	600	70.6 *	45.9 - 95.2	<100
<b>Maternal Demographics</b>															
Age															
15-19	3.5 *	1.3 - 5.6	<100	--	--	--	--	--	--	4.0 *	1.2 - 6.8	<100	--	--	--
20-34	77.5	73.7 - 81.3	1,200	81.8	71.7 - 91.9	200	--	--	--	76.9	72.5 - 81.2	900	76.3 *	59.2 - 93.4	<100
35+	19.0	15.6 - 22.5	300	15.5 *	5.9 - 25.1	<100	--	--	--	19.1	15.4 - 22.9	200	23.7 *	6.6 - 40.8	<100
Did not complete high school (or GED)	5.0	2.9 - 7.0	<100	12.8 *	3.9 - 21.8	<100	--	--	--	3.8	1.9 - 5.7	<100	--	--	--
Unmarried	30.5	25.9 - 35.0	500	35.7	23.2 - 48.2	<100	--	--	--	29.6	24.8 - 34.5	300	--	--	--
Born outside the U.S.	13.6	10.1 - 17.1	200	34.8	23.1 - 46.5	<100	--	--	--	3.1	1.5 - 4.6	<100	85.4 *	71.9 - 98.8	<100
Speaks non-English language at home	9.7	6.5 - 12.9	100	33.1	20.9 - 45.4	<100	--	--	--	1.6 *	0.4 - 2.8	<100	55.4	31.3 - 79.4	<100
Lives in a high poverty neighborhood	11.3	8.1 - 14.4	200	27.7	15.7 - 39.6	<100	--	--	--	8.7	5.6 - 11.7	<100	--	--	--
Income as a percent of the Federal Poverty Guideline															
0-100%	23.1	18.9 - 27.4	300	40.2	26.4 - 53.9	<100	--	--	--	20.4	16.1 - 24.8	200	--	--	--
101-200%	23.6	19.4 - 27.8	300	38.1	24.6 - 51.6	<100	--	--	--	21.5	17.3 - 25.8	200	--	--	--
> 200%	53.3	48.5 - 58.1	800	21.8	10.8 - 32.7	<100	--	--	--	58.1	53.0 - 63.2	600	71.8 *	48.9 - 94.8	<100

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).

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# MIHA Data Snapshot, El Dorado County by Total Live Births, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County			First Live Birth			Second Live Birth or More		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
<b>Total</b>	100		1,500	38.6	34.0 - 43.1	600	61.4	56.9 - 66.0	1,000
<b>Health Status before Pregnancy</b>									
In good to excellent health	94.6	92.3 - 96.8	1,500	95.0 *	91.9 - 98.1	600	94.3	91.2 - 97.4	900
Chronic conditions									
Diabetes†	1.3 *	0.2 - 2.4	<100	--			1.9 *	0.1 - 3.6	<100
Hypertension†	2.3	1.1 - 3.5	<100	3.8 *	1.2 - 6.3	<100	1.3 *	0.2 - 2.4	<100
Asthma†	11.8	8.7 - 14.9	200	15.9	10.5 - 21.2	<100	9.2	5.5 - 13.0	<100
<b>Nutrition and Weight</b>									
Daily folic acid use, month before pregnancy	39.3	34.9 - 43.7	600	36.8	30.0 - 43.6	200	40.9	35.2 - 46.7	400
Overweight before pregnancy	26.2	22.1 - 30.3	400	20.9	14.9 - 26.9	100	29.6	24.1 - 35.0	300
Obese before pregnancy	13.8	10.9 - 16.7	200	13.3	8.5 - 18.1	<100	14.1	10.4 - 17.8	100
Inadequate weight gain during pregnancy	12.6	9.2 - 16.1	200	10.6	5.9 - 15.3	<100	13.9	9.2 - 18.5	100
Excessive weight gain during pregnancy	47.7	42.8 - 52.7	700	51.4	43.4 - 59.3	300	45.6	39.4 - 51.7	400
Food insecurity during pregnancy	11.4	8.4 - 14.4	200	14.3	9.3 - 19.2	<100	9.7	5.9 - 13.5	<100
<b>Intimate Partner Violence (IPV) and Depressive Symptoms</b>									
Physical or psychological IPV during pregnancy	7.3	4.3 - 10.2	100	6.9 *	2.5 - 11.2	<100	7.5	3.6 - 11.5	<100
Prenatal depressive symptoms	10.0	6.9 - 13.0	200	11.8	7.1 - 16.5	<100	8.8	4.8 - 12.8	<100
Postpartum depressive symptoms	10.5	7.8 - 13.3	200	13.7	8.7 - 18.7	<100	8.6	5.4 - 11.7	<100
<b>Hardships and Support during Pregnancy</b>									
Experienced two or more hardships during childhood	25.2	21.2 - 29.2	400	25.4	19.4 - 31.3	100	25.0	19.8 - 30.3	200
Homeless or did not have a regular place to sleep	2.0 *	0.7 - 3.2	<100	--			1.5 *	0.3 - 2.7	<100
Moved due to problems paying rent or mortgage	6.1	4.0 - 8.2	<100	8.9	5.0 - 12.8	<100	4.3	1.9 - 6.7	<100
Woman or partner lost job	12.7	9.5 - 15.9	200	15.9	10.3 - 21.4	<100	10.7	6.9 - 14.5	100
Woman or partner had pay or hours cut back	15.0	11.4 - 18.5	200	13.5	8.8 - 18.3	<100	15.9	11.1 - 20.6	200
Became separated or divorced	5.1	2.9 - 7.3	<100	6.9 *	2.5 - 11.2	<100	4.0	1.7 - 6.3	<100
Had no practical or emotional support	--			--			--		
<b>Substance Use</b>									
Any smoking, 3 months before pregnancy	20.7	16.9 - 24.6	300	25.3	18.7 - 31.8	200	17.9	13.3 - 22.5	200
Any smoking, 3rd trimester†	7.2	4.6 - 9.9	100	6.4 *	2.2 - 10.6	<100	7.8	4.4 - 11.1	<100
Any smoking, postpartum	11.7	8.6 - 14.8	200	11.2	6.4 - 16.0	<100	12.0	8.0 - 16.1	100
Any binge drinking, 3 months before pregnancy	20.3	16.6 - 23.9	300	30.1	23.4 - 36.9	200	14.2	10.3 - 18.1	100
Any alcohol use, 3rd trimester†	9.8	7.0 - 12.6	200	8.7	4.5 - 13.0	<100	10.5	6.8 - 14.1	<100
<b>Pregnancy Intention and Family Planning</b>									
Mistimed or unwanted pregnancy	21.7	17.6 - 25.7	300	27.1	20.1 - 34.1	200	18.3	13.7 - 22.9	200
Unsure of pregnancy intentions	13.6	10.4 - 16.7	200	13.8	8.7 - 18.8	<100	13.4	9.4 - 17.5	100
Postpartum birth control use†	86.5	83.3 - 89.8	1,300	85.4	80.6 - 90.2	500	87.2	82.9 - 91.6	800
<b>Infant Sleep and Breastfeeding</b>									
Placed infant on back to sleep	84.3	81.1 - 87.4	1,300	83.7	78.7 - 88.8	500	84.6	80.4 - 88.7	800
Infant always or often shared bed	32.2	28.0 - 36.5	500	30.0	23.1 - 36.9	200	33.6	27.8 - 39.4	300
Intended to breastfeed, before birth	97.8	96.6 - 99.0	1,500	98.4 *	96.9 - 99.9	600	97.5 *	95.8 - 99.1	900
Intended to breastfeed exclusively, before birth	84.9	81.6 - 88.1	1,300	89.1	84.2 - 94.0	500	82.2	77.8 - 86.6	800
Breastfeeding practices									
Any breastfeeding, 1 month after delivery	91.5	88.8 - 94.2	1,400	91.6	87.5 - 95.6	500	91.4	87.9 - 95.0	900
Exclusive breastfeeding, 1 month after delivery	64.1	59.7 - 68.5	900	62.5	55.4 - 69.5	400	65.2	59.6 - 70.9	600
Any breastfeeding, 3 months after delivery	78.5	74.1 - 82.9	900	72.9	65.1 - 80.7	300	81.8	76.5 - 87.0	600
Exclusive breastfeeding, 3 months after delivery	47.6	42.3 - 53.0	500	42.1	33.3 - 50.9	200	51.0	44.4 - 57.7	400



# MIHA Data Snapshot, El Dorado County by Total Live Births, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	El Dorado County				First Live Birth				Second Live Birth or More			
	%	95% CI		N	%	95% CI		N	%	95% CI		N
<b>Service Utilization and Health Insurance Coverage</b>												
Had a usual source of pre-pregnancy care	77.4	73.6 - 81.1		1,200	72.3	65.9 - 78.7		400	80.6	75.9 - 85.2		800
Initiated prenatal care in 1st trimester	93.2	90.8 - 95.7		1,400	93.8	90.3 - 97.2		600	92.9	89.6 - 96.2		900
Mom or infant needed but couldn't afford care postpartum	9.5	6.7 - 12.3		100	10.6	5.7 - 15.5		<100	8.8	5.4 - 12.3		<100
Participated in WIC during pregnancy†	35.7	31.2 - 40.3		500	37.9	30.2 - 45.6		200	34.4	28.6 - 40.2		300
Received CalFresh (food stamps) during pregnancy	19.6	15.5 - 23.7		300	18.3	11.6 - 25.1		100	20.4	15.4 - 25.5		200
Pre-pregnancy insurance												
Medi-Cal	19.0	15.3 - 22.7		300	7.5	3.9 - 11.1		<100	26.1	20.8 - 31.5		200
Uninsured	13.7	10.4 - 17.0		200	18.0	12.0 - 24.1		100	11.1	7.4 - 14.8		100
Private	64.3	59.8 - 68.8		1,000	70.8	64.0 - 77.6		400	60.2	54.3 - 66.1		600
Prenatal insurance												
Medi-Cal	38.9	34.4 - 43.5		600	33.0	25.9 - 40.1		200	42.7	36.7 - 48.6		400
Uninsured	--				--				--			
Private	57.3	52.8 - 61.8		900	63.3	56.1 - 70.5		400	53.5	47.6 - 59.5		500
Maternal postpartum insurance												
Medi-Cal	31.9	27.6 - 36.2		500	31.0	24.1 - 38.0		200	32.4	26.7 - 38.0		300
Uninsured	7.3	4.8 - 9.8		100	3.4 *	1.0 - 5.9		<100	9.7	5.9 - 13.4		<100
Private	59.2	54.7 - 63.7		900	62.6	55.4 - 69.8		400	57.1	51.1 - 63.0		500
Infant health insurance												
Medi-Cal	45.5	40.9 - 50.0		700	47.0	39.5 - 54.5		300	44.5	38.6 - 50.4		400
Uninsured	--				--				--			
Private	51.8	47.3 - 56.3		800	50.4	43.0 - 57.9		300	52.6	46.8 - 58.5		500
<b>Maternal Demographics</b>												
Age												
15-19	3.5 *	1.3 - 5.6		<100	7.9 *	2.6 - 13.2		<100	--			
20-34	77.5	73.7 - 81.3		1,200	84.6	78.7 - 90.5		500	73.0	67.9 - 78.1		700
35+	19.0	15.6 - 22.5		300	7.5	4.3 - 10.7		<100	26.3	21.2 - 31.4		200
Did not complete high school (or GED)	5.0	2.9 - 7.0		<100	2.5 *	0.5 - 4.5		<100	6.5	3.4 - 9.6		<100
Unmarried	30.5	25.9 - 35.0		500	39.2	31.5 - 46.9		200	25.0	19.9 - 30.2		200
Race/Ethnicity												
White	75.7	71.3 - 80.1		1,200	80.5	73.7 - 87.2		500	72.7	66.9 - 78.5		700
Hispanic	16.1	12.3 - 19.9		200	11.7	6.5 - 16.9		<100	18.9	13.8 - 24.1		200
Asian/Pacific Islander	6.0	3.2 - 8.7		<100	4.8 *	0.6 - 9.0		<100	6.7	3.1 - 10.4		<100
Black	--				--				--			
Born outside the U.S.	13.6	10.1 - 17.1		200	8.8	3.9 - 13.7		<100	16.6	11.8 - 21.3		200
Speaks non-English language at home	9.7	6.5 - 12.9		100	5.6 *	1.7 - 9.5		<100	12.2	7.7 - 16.7		100
Lives in a high poverty neighborhood	11.3	8.1 - 14.4		200	8.8	4.6 - 13.0		<100	12.8	8.4 - 17.2		100
Income as a percent of the Federal Poverty Guideline												
0-100%	23.1	18.9 - 27.4		300	24.3	17.6 - 31.0		100	22.4	17.0 - 27.9		200
101-200%	23.6	19.4 - 27.8		300	17.4	11.4 - 23.4		<100	27.4	21.9 - 32.9		200
> 200%	53.3	48.5 - 58.1		800	58.3	50.7 - 66.0		300	50.2	44.1 - 56.2		400

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

\* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%)

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of El Dorado County was 520. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at [www.cdph.ca.gov/MIHA](http://www.cdph.ca.gov/MIHA).

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