

City of Long Beach

Maternal Child and Adolescent Health Community Profile 2017-18

Demographics

Our Community

Total Population ¹	462,257
Total Population, African American.....	62,603
Total Population, American Indian/ Alaskan Natives.....	3,458
Total Population, Asian/Pacific Islander	65,085
Total Population, Hispanic	188,412
Total Population, White.....	213,066
Total Live Births ²	6,576

Our Mothers and Babies

% of women delivering a baby who received prenatal care beginning in the first trimester of their pregnancy ²	84
% of births covered by Medi-Cal ²	61
% of women ages 18-64 without health insurance ³	#
% of women giving birth to a second child within 24 months of a previous pregnancy *	38
% live births less than 37 weeks' gestation ²	8.4
Gestational diabetes per 1,000 females age 15-44	6.2
% of female population 18-64 living in poverty (0-200% FPL) ³	#
Substance use diagnosis per 1,000 hospitalizations of pregnant women*	
Unemployment Rate ⁴	13.2

Our Children and Teens

Teen Birth Rate per 1,000 births (ages 15-19) ²	#
Motor vehicle injury hospitalizations per 100,000 children age 0-146	#
% of children, ages 0-18 years living in poverty (0-200% FPL) ³	#
Mental health hospitalizations per 100,000 age 15-24*	#
Children in Foster Care per 1,000 children ⁵	#
Substance abuse hospitalization per 100,000 aged 15-24*	#

Data sources: ¹ CA Dept. of Finance population estimates for Year 2015, January 2013; ² CA Birth Statistical Master Files 2011-2013 Annual Average, 3 year average; ³ California Health Interview Survey, 2014; ⁴ [State of California, Employment Development Department, February 2017](#); ⁵ [Data from CA Child Welfare Indicators Project, UC Berkeley Point in Time Jul 2015](#); ⁶ [California Department of Public Health, Safe and Active Communities Branch](#); *Data carried over from the Community Profile 2015-2016. Not updated.

About Our Community – Health Starts Where We Live, Learn, Work, and Play

- The City of Long Beach is a coastal community located in Los Angeles County, encompassing approximately 51 square miles. Long Beach is the 36th most populous city in the United States and the 7th most populous in California.
- The Port of Long Beach is the second busiest container port in the United States, supporting more than 30,000 jobs in the City of Long Beach. The city operated Long Beach Airport is a vital economic hub, accounting for 9% of jobs within the city. Long Beach also administers oil extraction operations under a trust agreement with the State. The manufacturing industry continues to be significant, specifically the aerospace sector, with Boeing still being the largest private employer in the city. In addition, the tourism industry provides substantial revenue, with millions of people visiting the city annually. In regards to the public sector, Long Beach Unified School District (LBUSD) continues to be the largest public agency employer in the city.
- In 2016, Long Beach was recognized as the 10th most walkable city in the United States. Long Beach has invested resources to enhance and expand pedestrian infrastructure and improve walkability through the addition of more pedestrian

lighting to create safer sidewalks. Long Beach also continues to promote its overall Livability initiatives, which include Bikeability and Swimability, as well as Walkability.

- The Long Beach Parks, Recreation and Marine Department provides the community with numerous recreation programs and services offered at 162 parks with 26 community centers, 6 miles of beaches, 2 historic sites, 2 major tennis centers, a municipal golf system with 5 courses, and the largest municipally operated marina system in the United States.

Health System – Health and Human Services for the MCAH Population

- The City of Long Beach is served by five hospitals, two of which provide obstetrical services along with two NICU's. One of the NICU's is a designated regional Level III NICU.
- There are 72 obstetricians serving the community, 14 of which are CPSP providers.
- There is one high risk perinatal group.
- Our Perinatal Services Coordinator continues to ensure that CPSP providers receive regular information about breastfeeding, safe infant sleep, and perinatal mood disorders.
- Our MCAH Coordinator is designated as an International Board Certified Lactation Consultant (IBCLC).
- There are 38 CHDP providers.
- A collaboration has been developed with CHDP to address CSHCN through developmental screening including social emotional development.
- Our MCAH Coordinator participates in the efforts by the Long Beach DHHS Strategic Plan Mental Health workgroup which has a goal of promoting and integrating mental health with physical and community wellness.
- Our City of Long Beach Department of Health and Human services provides several programs that address the needs of our MCAH population: WIC, CHDP, CPSP, Public Health Nursing, BIH, March of Dimes, MCO, CLPPP, SIDS, NFP, Best Start Central Long Beach, Centers for Family and Youth, Health Active Long Beach, Diabetes Prevention and Tobacco Education.
- In Long Beach, the Harbor Regional Center (HRC) continues to serve and address the needs of children and adults with developmental disabilities.

Health Status and Disparities for the MCAH Population

- Our community continues to struggle with obesity, especially lower income families and individuals. Within our city, lower income areas lack grocery stores, farmers' markets, and have a greater number of fast-food eateries, all which directly impact and limit the access to healthier food choices.
- Infant death rates have decreased in Long Beach, and are lower than the state, but rates in the African-American population are still twice as high as other ethnicities. Preterm birth rates have remained steady since 1998, but continue to be consistently higher in African-Americans. Low birth weight rates have increased slightly in all groups, but again African-American infants are twice as likely to experience low birth weights.
- The African-American Infant Health Program (BIH) focus is on improving birth outcomes through group education for African-American women during pregnancy and early parenthood. In addition, four of the BIH staff are Certified Lactation Educators
- MCAH works closely with our Medi-Cal Outreach staff to assist women in obtaining early and consistent prenatal care and insurance for their children through enrollment, utilization, and retention assistance for Presumptive Eligibility, Medi-Cal and other health insurance benefits with a focus on African-American women as they have the lowest rates of first trimester prenatal care initiation.
- The MCAH Director, MCAH Coordinator, MCAH PHNs, and BIH Coordinator are involved with various community groups and coalitions to provide input and professional expertise on the needs of high-risk families.