



MIHA Data Snapshot, Yolo County by Education, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			<High School			High School Graduate or GED			Some College			College Graduate		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	12.3	9.1 - 15.4	300	17.7	14.2 - 21.3	400	28.1	24.0 - 32.3	700	41.9	37.3 - 46.4	1,000
Health Status before Pregnancy															
In good to excellent health	94.8	92.9 - 96.8	2,300	90.3*	83.3 - 97.4	300	90.7*	84.4 - 97.1	400	91.9	87.3 - 96.5	600	--		
Chronic conditions															
Diabetes†	2.6	1.2 - 4.0	<100	5.8*	0.5 - 11.1	<100	8.1*	1.7 - 14.6	<100	--			--		
Hypertension†	1.4*	0.4 - 2.3	<100	--			--			--			--		
Asthma†	10.3	7.5 - 13.1	200	--			9.7*	2.5 - 17.0	<100	9.9	4.7 - 15.1	<100	11.8	7.5 - 16.0	100
Nutrition and Weight															
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	32.9	19.0 - 46.7	<100	9.3	3.8 - 14.7	<100	32.9	24.9 - 40.8	200	50.6	43.4 - 57.7	500
Overweight before pregnancy	25.0	21.2 - 28.8	600	35.7	20.7 - 50.7	<100	24.9	15.4 - 34.3	<100	29.2	21.4 - 37.0	200	18.5	13.3 - 23.7	200
Obese before pregnancy	21.1	17.4 - 24.8	500	25.3	13.3 - 37.2	<100	37.1	25.8 - 48.4	100	23.4	16.3 - 30.5	200	12.9	8.6 - 17.1	100
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	22.1	9.9 - 34.4	<100	14.3	6.0 - 22.7	<100	8.5	3.9 - 13.2	<100	19.2	13.7 - 24.7	200
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	46.0	30.0 - 62.1	<100	52.2	40.3 - 64.1	200	50.8	41.6 - 60.0	300	37.4	30.2 - 44.5	300
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	29.8	16.5 - 43.1	<100	17.7	8.6 - 26.8	<100	19.6	12.8 - 26.4	100	3.2*	0.7 - 5.7	<100
Intimate Partner Violence (IPV) and Depressive Symptoms															
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	15.0*	5.9 - 24.1	<100	11.3*	4.6 - 18.1	<100	9.2	4.1 - 14.3	<100	--		
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	5.4*	0.4 - 10.3	<100	11.9*	4.7 - 19.2	<100	14.6	8.9 - 20.3	<100	3.9*	1.4 - 6.5	<100
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	5.1*	0.6 - 9.6	<100	8.7*	2.9 - 14.5	<100	14.6	8.4 - 20.7	<100	8.7	4.7 - 12.8	<100
Hardships and Support during Pregnancy															
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	25.4	13.7 - 37.2	<100	22.3	13.5 - 31.1	<100	28.6	20.9 - 36.4	200	16.6	11.3 - 21.9	200
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	7.7*	0.4 - 15.0	<100	7.8*	1.6 - 14.0	<100	--			--		
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	--			18.2	9.6 - 26.8	<100	7.4*	2.9 - 12.0	<100	--		
Woman or partner lost job	14.4	11.1 - 17.8	300	23.6	10.5 - 36.7	<100	19.3	10.2 - 28.4	<100	19.2	12.1 - 26.4	100	6.6	3.7 - 9.6	<100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	--			11.2*	4.4 - 18.1	<100	15.8	9.5 - 22.1	100	11.0	5.9 - 16.1	100
Became separated or divorced	5.3	3.3 - 7.3	100	13.7*	4.0 - 23.4	<100	10.4*	4.0 - 16.7	<100	6.5*	2.6 - 10.5	<100	--		
Had no practical or emotional support	3.4	1.8 - 5.1	<100	12.5*	3.2 - 21.7	<100	--			--			--		
Substance Use															
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	10.4*	2.5 - 18.3	<100	19.4	10.2 - 28.7	<100	11.2	6.1 - 16.3	<100	3.3	1.6 - 5.0	<100
Any smoking, 3rd trimester†	2.0*	0.8 - 3.3	<100	7.3*	0.2 - 14.4	<100	--			--			--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	--			10.6*	3.5 - 17.8	<100	4.2*	0.8 - 7.5	<100	--		
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	--			17.0	8.4 - 25.5	<100	17.1	10.4 - 23.7	100	15.4	10.7 - 20.0	200
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	--			--			5.3*	2.1 - 8.4	<100	13.7	8.8 - 18.5	100
Pregnancy Intention and Family Planning															
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	38.7	25.5 - 51.8	100	27.0	17.7 - 36.3	100	30.4	22.7 - 38.2	200	9.1	5.2 - 13.0	<100
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	15.3*	6.3 - 24.3	<100	23.7	14.0 - 33.5	<100	14.9	9.1 - 20.8	<100	6.1	2.9 - 9.3	<100
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	85.9*	76.1 - 95.8	200	90.5*	84.5 - 96.5	400	87.3	81.1 - 93.5	600	78.1	71.9 - 84.2	800
Infant Sleep and Breastfeeding															
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	84.8*	74.9 - 94.7	200	77.3	68.4 - 86.1	300	85.5	79.4 - 91.5	500	89.9	86.4 - 93.5	900
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	49.8	36.1 - 63.5	100	35.9	25.3 - 46.5	100	41.6	33.2 - 50.0	300	39.7	32.4 - 46.9	400
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	89.3*	79.7 - 98.9	200	95.5*	91.1 - 99.8	400	96.4*	93.3 - 99.6	600	--		
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	57.6	43.9 - 71.3	200	65.8	55.2 - 76.4	300	77.0	69.8 - 84.1	500	84.9	79.1 - 90.7	800
Breastfeeding practices															
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	78.8	66.8 - 90.9	200	87.0	79.8 - 94.3	400	88.6	82.8 - 94.4	600	95.8*	93.0 - 98.6	900
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	47.6	33.4 - 61.8	100	55.4	44.0 - 66.7	200	55.5	46.8 - 64.2	400	55.6	48.2 - 63.1	500
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	61.3	46.6 - 76.1	100	60.5	47.6 - 73.3	200	64.7	54.6 - 74.7	300	91.6	87.2 - 96.0	700
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	27.7	14.1 - 41.3	<100	30.7	17.9 - 43.6	<100	42.2	32.5 - 51.9	200	47.1	38.6 - 55.7	300



MIHA Data Snapshot, Yolo County by Education, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			<High School			High School Graduate or GED			Some College			College Graduate		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Service Utilization and Health Insurance Coverage															
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1	1,700	63.8	50.5 - 77.0	200	58.4	47.5 - 69.3	200	68.6	60.4 - 76.8	500	76.4	69.8 - 83.0	800
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3	2,100	83.3 *	72.8 - 93.8	200	79.6	70.2 - 89.0	300	89.4	84.2 - 94.7	600	--		
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1	300	16.9 *	5.7 - 28.1	<100	18.0	9.6 - 26.5	<100	15.8	9.3 - 22.3	100	6.6	2.8 - 10.5	<100
Participated in WIC during pregnancy†	47.8	43.2 - 52.4	1,100	93.8 *	88.7 - 98.9	300	73.7	63.3 - 84.1	300	61.8	53.5 - 70.1	400	13.6	8.5 - 18.7	100
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8	500	49.7	36.1 - 63.2	100	35.8	25.2 - 46.3	100	32.7	24.8 - 40.6	200	1.6 *	0.1 - 3.1	<100
Pre-pregnancy insurance															
Medi-Cal	23.9	20.2 - 27.6	600	52.8	39.2 - 66.4	200	35.7	25.2 - 46.2	100	31.0	23.3 - 38.6	200	4.7 *	1.8 - 7.6	<100
Uninsured	17.6	14.2 - 21.0	400	40.1	26.8 - 53.3	100	31.2	21.5 - 41.0	100	19.5	12.4 - 26.6	100	3.7 *	1.3 - 6.2	<100
Private	56.7	52.2 - 61.1	1,400	--			32.3	21.2 - 43.3	100	47.2	38.7 - 55.7	300	89.8	85.7 - 93.8	900
Prenatal insurance															
Medi-Cal	46.4	41.9 - 50.9	1,100	--			74.5	64.2 - 84.9	300	55.4	47.0 - 63.9	400	12.6	7.7 - 17.4	100
Uninsured	--			--			--			--			--		
Private	51.3	46.7 - 55.8	1,200	--			23.2	13.0 - 33.5	<100	42.3	33.9 - 50.8	300	84.6	79.4 - 89.8	800
Maternal postpartum insurance															
Medi-Cal	32.7	28.3 - 37.0	800	66.7	53.9 - 79.6	200	54.7	43.5 - 65.8	200	43.7	35.4 - 52.0	300	5.5	2.5 - 8.4	<100
Uninsured	12.9	9.9 - 15.8	300	31.2	18.5 - 44.0	<100	21.1	12.8 - 29.5	<100	10.8	5.4 - 16.1	<100	5.1	2.4 - 7.8	<100
Private	53.7	49.1 - 58.2	1,300	--			24.2	13.9 - 34.5	<100	44.5	36.0 - 52.9	300	88.2	84.1 - 92.3	900
Infant health insurance															
Medi-Cal	48.5	43.9 - 53.1	1,100	--			78.6	68.5 - 88.7	300	61.4	52.9 - 69.9	400	14.8	9.8 - 19.8	100
Uninsured	1.8 *	0.7 - 3.0	<100	--			--			3.0 *	0.3 - 5.7	<100	--		
Private	48.9	44.3 - 53.5	1,100	--			18.3	8.5 - 28.1	<100	35.6	27.3 - 44.0	200	82.7	77.4 - 87.9	800
Maternal Demographics															
Unmarried	32.8	28.5 - 37.0	800	59.7	46.4 - 73.1	200	58.3	47.2 - 69.4	200	42.0	33.8 - 50.2	300	7.2	3.5 - 10.9	<100
Race/Ethnicity															
White	43.1	38.7 - 47.6	1,000	12.6 *	3.9 - 21.3	<100	23.9	14.5 - 33.3	100	43.6	35.0 - 52.1	300	60.5	53.0 - 68.0	600
Hispanic	41.1	36.5 - 45.6	1,000	77.5	65.6 - 89.3	200	73.8	64.1 - 83.5	300	45.1	36.7 - 53.5	300	12.5	8.4 - 16.7	100
Asian/Pacific Islander	13.2	9.4 - 17.1	300	--			--			8.3 *	2.7 - 13.8	<100	24.8	17.2 - 32.4	200
Black	1.5 *	0.4 - 2.7	<100	--			--			--			--		
Born outside the U.S.	34.4	30.0 - 38.8	800	60.4	46.7 - 74.0	200	43.0	32.0 - 54.0	200	22.8	15.7 - 29.9	200	30.1	22.9 - 37.3	300
Speaks non-English language at home	29.1	24.9 - 33.3	700	65.5	51.9 - 79.1	200	34.3	24.0 - 44.7	100	20.9	14.1 - 27.8	100	21.3	14.9 - 27.7	200
Lives in a high poverty neighborhood	34.3	29.9 - 38.8	800	46.4	33.0 - 59.9	100	46.7	35.3 - 58.1	200	34.6	26.5 - 42.7	200	26.3	20.0 - 32.6	300
Income as a percent of the Federal Poverty Guideline															
0-100%	35.2	30.9 - 39.5	800	83.3 *	71.2 - 95.3	200	63.7	52.5 - 74.9	300	43.5	35.0 - 52.0	300	4.4	2.0 - 6.8	<100
101-200%	22.0	18.0 - 26.0	500	15.8 *	3.8 - 27.7	<100	26.2	16.2 - 36.3	100	31.9	23.7 - 40.2	200	15.5	10.0 - 21.0	200
> 200%	42.8	38.1 - 47.4	1,000	--			10.1 *	2.1 - 18.1	<100	24.5	17.1 - 32.0	200	80.1	74.3 - 85.9	800

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of Yolo County was 552. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

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MIHA Data Snapshot, Yolo County by Geographical Area, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			Urban			Rural/Frontier		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	92.1	89.6 - 94.6	2,100	7.9	5.4 - 10.4	200
Health Status before Pregnancy									
In good to excellent health	94.8	92.9 - 96.8	2,300	95.2	93.2 - 97.2	2,000	90.5 *	81.6 - 99.5	200
Chronic conditions									
Diabetes†	2.6	1.2 - 4.0	<100	2.5 *	1.0 - 4.0	<100	--		
Hypertension†	1.4 *	0.4 - 2.3	<100	1.2 *	0.3 - 2.1	<100	--		
Asthma†	10.3	7.5 - 13.1	200	10.2	7.3 - 13.1	200	--		
Nutrition and Weight									
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	36.1	31.3 - 40.8	800	30.0	14.2 - 45.7	<100
Overweight before pregnancy	25.0	21.2 - 28.8	600	23.8	19.9 - 27.8	500	38.1	22.0 - 54.3	<100
Obese before pregnancy	21.1	17.4 - 24.8	500	21.2	17.3 - 25.1	400	17.4 *	4.0 - 30.8	<100
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	15.7	12.2 - 19.2	300	11.0 *	1.4 - 20.6	<100
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	44.1	39.1 - 49.1	800	64.3	48.8 - 79.7	<100
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	12.0	8.8 - 15.3	300	21.3 *	5.4 - 37.3	<100
Intimate Partner Violence (IPV) and Depressive Symptoms									
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	7.3	4.7 - 10.0	200	--		
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	8.1	5.6 - 10.5	200	--		
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	9.8	7.0 - 12.6	200	12.6 *	2.4 - 22.9	<100
Hardships and Support during Pregnancy									
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	21.7	17.8 - 25.7	500	23.2 *	9.2 - 37.2	<100
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	2.8	1.2 - 4.4	<100	--		
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	5.7	3.4 - 8.1	100	--		
Woman or partner lost job	14.4	11.1 - 17.8	300	14.0	10.5 - 17.4	300	15.2 *	0.4 - 30.0	<100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	11.9	8.6 - 15.2	200	--		
Became separated or divorced	5.3	3.3 - 7.3	100	4.8	2.7 - 6.9	100	--		
Had no practical or emotional support	3.4	1.8 - 5.1	<100	3.2	1.5 - 4.8	<100	--		
Substance Use									
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	10.4	7.6 - 13.2	200	--		
Any smoking, 3rd trimester†	2.0 *	0.8 - 3.3	<100	2.3 *	0.9 - 3.7	<100	--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	4.5	2.5 - 6.5	<100	--		
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	14.8	11.5 - 18.1	300	--		
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	7.6	5.1 - 10.0	200	--		
Pregnancy Intention and Family Planning									
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	21.6	17.7 - 25.5	500	23.7	11.0 - 36.3	<100
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	12.8	9.7 - 16.0	300	--		
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	83.1	79.3 - 86.9	1,800	--		
Infant Sleep and Breastfeeding									
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	86.9	83.8 - 90.0	1,800	75.5	61.4 - 89.5	100
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	40.6	35.7 - 45.5	900	42.5	26.7 - 58.4	<100
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	96.4 *	94.2 - 98.5	2,000	88.0 *	77.2 - 98.8	100
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	77.4	73.2 - 81.6	1,600	64.1	47.9 - 80.3	100
Breastfeeding practices									
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	91.5	88.7 - 94.3	1,900	81.7 *	68.9 - 94.5	100
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	55.3	50.2 - 60.4	1,100	48.6	32.3 - 64.9	<100
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	76.3	71.3 - 81.3	1,200	65.8	47.7 - 84.0	<100
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	41.3	35.7 - 47.0	600	30.6	13.5 - 47.6	<100



MIHA Data Snapshot, Yolo County by Geographical Area, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County				Urban				Rural/Frontier			
	%	95% CI		N	%	95% CI		N	%	95% CI		N
Service Utilization and Health Insurance Coverage												
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1		1,700	71.4	66.9 - 76.0		1,500	55.7	39.0 - 72.3		100
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3		2,100	91.4	88.7 - 94.2		1,900	83.5 *	69.6 - 97.5		200
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1		300	11.4	8.2 - 14.5		200	30.2	13.4 - 47.0		<100
Participated in WIC during pregnancy†	47.8	43.2 - 52.4		1,100	46.0	41.2 - 50.8		1,000	65.7	50.8 - 80.6		100
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8		500	22.3	18.4 - 26.1		500	17.3 *	5.5 - 29.2		<100
Pre-pregnancy insurance												
Medi-Cal	23.9	20.2 - 27.6		600	24.0	20.0 - 28.0		500	15.2 *	3.9 - 26.5		<100
Uninsured	17.6	14.2 - 21.0		400	15.1	11.8 - 18.4		300	44.3	27.6 - 61.0		<100
Private	56.7	52.2 - 61.1		1,400	58.9	54.2 - 63.5		1,300	40.5	24.8 - 56.2		<100
Prenatal insurance												
Medi-Cal	46.4	41.9 - 50.9		1,100	44.6	39.8 - 49.4		1,000	59.3	43.5 - 75.0		100
Uninsured	--				--				--			
Private	51.3	46.7 - 55.8		1,200	53.0	48.2 - 57.8		1,100	38.7	23.2 - 54.3		<100
Maternal postpartum insurance												
Medi-Cal	32.7	28.3 - 37.0		800	32.7	28.1 - 37.3		700	33.1	17.8 - 48.5		<100
Uninsured	12.9	9.9 - 15.8		300	11.2	8.3 - 14.0		200	29.4	13.0 - 45.9		<100
Private	53.7	49.1 - 58.2		1,300	55.2	50.5 - 60.0		1,200	37.4	21.8 - 53.0		<100
Infant health insurance												
Medi-Cal	48.5	43.9 - 53.1		1,100	46.7	41.9 - 51.6		1,000	64.8	49.6 - 79.9		100
Uninsured	1.8 *	0.7 - 3.0		<100	1.8 *	0.6 - 3.0		<100	--			
Private	48.9	44.3 - 53.5		1,100	50.6	45.7 - 55.4		1,100	32.6	17.8 - 47.5		<100
Maternal Demographics												
Age												
15-19	4.1	2.3 - 5.9		<100	4.3	2.3 - 6.3		<100	--			
20-34	75.5	71.4 - 79.5		1,800	74.4	70.1 - 78.8		1,600	84.3 *	73.7 - 95.0		200
35+	20.4	16.6 - 24.2		500	21.3	17.2 - 25.3		500	13.4 *	3.1 - 23.6		<100
Did not complete high school (or GED)	12.3	9.1 - 15.4		300	11.9	8.7 - 15.2		300	19.9 *	5.2 - 34.6		<100
Unmarried	32.8	28.5 - 37.0		800	30.7	26.2 - 35.2		700	50.9	34.4 - 67.3		<100
Race/Ethnicity												
White	43.1	38.7 - 47.6		1,000	44.0	39.2 - 48.8		900	38.7	23.0 - 54.4		<100
Hispanic	41.1	36.5 - 45.6		1,000	40.1	35.3 - 44.8		800	58.8	42.8 - 74.7		100
Asian/Pacific Islander	13.2	9.4 - 17.1		300	13.8	9.7 - 18.0		300	--			
Black	1.5 *	0.4 - 2.7		<100	--				--			
Born outside the U.S.	34.4	30.0 - 38.8		800	33.5	28.9 - 38.2		700	46.6	30.0 - 63.2		<100
Speaks non-English language at home	29.1	24.9 - 33.3		700	28.1	23.6 - 32.5		600	41.4	25.0 - 57.8		<100
Lives in a high poverty neighborhood	34.3	29.9 - 38.8		800	37.2	32.5 - 42.0		800	--			
Income as a percent of the Federal Poverty Guideline												
0-100%	35.2	30.9 - 39.5		800	34.7	30.2 - 39.3		700	37.3	20.6 - 54.0		<100
101-200%	22.0	18.0 - 26.0		500	20.6	16.5 - 24.6		400	33.7	16.6 - 50.8		<100
> 200%	42.8	38.1 - 47.4		1,000	44.7	39.8 - 49.6		900	29.0	14.4 - 43.6		<100

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of Yolo County was 552. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. Urban and Rural/Frontier designations are based on the population size or densities of Medical Service Study Areas. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.



MIHA Data Snapshot, Yolo County by Income, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			0-100% Federal Poverty Guideline			101-200% Federal Poverty Guideline			> 200% Federal Poverty Guideline		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	35.2	30.9 - 39.5	800	22.0	18.0 - 26.0	500	42.8	38.1 - 47.4	1,000
Health Status before Pregnancy												
In good to excellent health	94.8	92.9 - 96.8	2,300	90.8	86.5 - 95.2	700	92.7 *	87.4 - 98.0	500	--		
Chronic conditions												
Diabetes†	2.6	1.2 - 4.0	<100	4.6 *	1.2 - 8.0	<100	3.5 *	0.1 - 6.9	<100	--		
Hypertension†	1.4 *	0.4 - 2.3	<100	--			--			--		
Asthma†	10.3	7.5 - 13.1	200	9.3	4.5 - 14.2	<100	7.8 *	2.6 - 13.0	<100	12.0	7.7 - 16.4	100
Nutrition and Weight												
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	18.9	12.8 - 25.0	200	29.3	19.4 - 39.3	100	54.9	47.6 - 62.1	500
Overweight before pregnancy	25.0	21.2 - 28.8	600	29.2	22.3 - 36.1	200	24.7	15.8 - 33.5	100	23.0	17.3 - 28.6	200
Obese before pregnancy	21.1	17.4 - 24.8	500	30.8	23.5 - 38.1	200	23.7	15.5 - 32.0	100	13.8	8.9 - 18.7	100
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	15.5	9.9 - 21.2	100	15.6	9.0 - 22.3	<100	15.1	9.8 - 20.4	100
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	50.4	42.3 - 58.6	300	44.8	33.9 - 55.7	200	40.6	33.3 - 48.0	400
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	26.5	19.3 - 33.7	200	17.4	8.8 - 26.0	<100	--		
Intimate Partner Violence (IPV) and Depressive Symptoms												
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	13.8	8.5 - 19.2	100	6.5 *	0.1 - 12.9	<100	--		
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	15.1	9.9 - 20.3	100	8.9 *	3.1 - 14.6	<100	3.1 *	0.6 - 5.5	<100
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	13.5	8.4 - 18.6	100	6.8 *	1.0 - 12.7	<100	8.6	4.9 - 12.4	<100
Hardships and Support during Pregnancy												
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	28.7	21.5 - 36.0	200	23.5	15.3 - 31.7	100	16.0	10.8 - 21.3	200
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	7.8	3.3 - 12.2	<100	--			--		
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	14.1	8.5 - 19.8	100	5.4 *	0.9 - 9.8	<100	--		
Woman or partner lost job	14.4	11.1 - 17.8	300	23.9	16.6 - 31.2	200	19.6	11.2 - 28.0	<100	4.5 *	1.8 - 7.3	<100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	13.0	8.0 - 18.1	100	13.5	6.6 - 20.4	<100	10.5	5.1 - 15.8	100
Became separated or divorced	5.3	3.3 - 7.3	100	12.6	7.5 - 17.6	<100	--			--		
Had no practical or emotional support	3.4	1.8 - 5.1	<100	6.7 *	2.7 - 10.7	<100	--			--		
Substance Use												
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	15.7	10.0 - 21.4	100	11.9	6.3 - 17.5	<100	3.7 *	1.1 - 6.2	<100
Any smoking, 3rd trimester†	2.0 *	0.8 - 3.3	<100	5.3 *	1.7 - 8.8	<100	--			--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	10.1	5.1 - 15.0	<100	--			--		
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	14.1	8.5 - 19.7	100	15.6	8.6 - 22.6	<100	16.3	11.2 - 21.4	200
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	1.7 *	0.0 - 3.4	<100	6.2 *	2.2 - 10.2	<100	13.3	8.5 - 18.1	100
Pregnancy Intention and Family Planning												
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	37.8	30.6 - 45.0	300	21.9	13.6 - 30.1	100	9.4	5.5 - 13.4	<100
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	18.5	12.7 - 24.4	200	15.6	8.6 - 22.6	<100	6.1	2.8 - 9.4	<100
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	91.8	87.7 - 95.9	700	81.6	74.3 - 88.8	400	78.2	71.6 - 84.7	800
Infant Sleep and Breastfeeding												
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	80.1	73.7 - 86.5	600	83.4	76.4 - 90.4	400	90.9	87.2 - 94.6	900
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	42.8	34.9 - 50.6	300	50.8	40.2 - 61.3	200	35.3	28.2 - 42.5	300
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	95.2 *	91.6 - 98.9	700	90.7 *	82.8 - 98.6	400	--		
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	68.0	60.4 - 75.6	500	69.0	58.6 - 79.4	300	88.3	83.6 - 93.1	900
Breastfeeding practices												
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	82.7	76.3 - 89.1	600	92.5 *	86.9 - 98.1	400	96.9 *	94.7 - 99.0	900
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	48.4	40.4 - 56.5	400	62.7	51.6 - 73.7	300	57.2	49.9 - 64.6	500
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	59.3	50.2 - 68.3	400	78.4	68.0 - 88.7	300	90.4	85.5 - 95.3	600
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	26.5	18.5 - 34.5	200	51.3	38.9 - 63.7	200	50.2	41.5 - 59.0	300



MIHA Data Snapshot, Yolo County by Income, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			0-100% Federal Poverty Guideline			101-200% Federal Poverty Guideline			> 200% Federal Poverty Guideline		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Service Utilization and Health Insurance Coverage												
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1	1,700	60.9	53.2 - 68.7	500	60.4	49.9 - 71.0	300	84.3	78.6 - 90.1	800
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3	2,100	80.1	73.7 - 86.5	600	94.9 *	91.1 - 98.7	500	97.7 *	95.4 - 99.9	1,000
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1	300	18.7	12.6 - 24.7	100	21.8	12.1 - 31.5	100	3.8 *	1.5 - 6.0	<100
Participated in WIC during pregnancy†	47.8	43.2 - 52.4	1,100	89.7	85.4 - 94.0	700	62.0	52.1 - 72.0	300	3.8 *	1.2 - 6.3	<100
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8	500	54.7	47.4 - 62.1	400	12.3	6.0 - 18.6	<100	--		
Pre-pregnancy insurance												
Medi-Cal	23.9	20.2 - 27.6	600	55.0	47.6 - 62.3	400	17.7	9.8 - 25.6	<100	--		
Uninsured	17.6	14.2 - 21.0	400	31.0	24.3 - 37.8	300	22.5	13.6 - 31.3	100	--		
Private	56.7	52.2 - 61.1	1,400	12.4	7.1 - 17.8	100	57.4	47.0 - 67.8	300	95.5 *	92.9 - 98.2	900
Prenatal insurance												
Medi-Cal	46.4	41.9 - 50.9	1,100	92.9	89.0 - 96.8	700	50.5	40.1 - 61.0	300	2.9 *	0.8 - 4.9	<100
Uninsured	--			--			--			--		
Private	51.3	46.7 - 55.8	1,200	5.7 *	2.0 - 9.4	<100	46.9	36.5 - 57.3	200	94.0	90.9 - 97.0	900
Maternal postpartum insurance												
Medi-Cal	32.7	28.3 - 37.0	800	71.0	64.1 - 77.9	600	27.8	18.4 - 37.2	100	2.2 *	0.2 - 4.2	<100
Uninsured	12.9	9.9 - 15.8	300	21.8	15.6 - 28.0	200	17.4	9.7 - 25.2	<100	--		
Private	53.7	49.1 - 58.2	1,300	6.8	2.8 - 10.7	<100	54.7	44.2 - 65.2	300	94.4	91.4 - 97.3	900
Infant health insurance												
Medi-Cal	48.5	43.9 - 53.1	1,100	94.9 *	91.5 - 98.3	700	59.1	48.7 - 69.5	300	4.5 *	1.8 - 7.2	<100
Uninsured	1.8 *	0.7 - 3.0	<100	--			5.2 *	0.8 - 9.6	<100	--		
Private	48.9	44.3 - 53.5	1,100	4.2 *	1.0 - 7.5	<100	35.7	25.5 - 45.9	200	92.9	89.5 - 96.2	900
Maternal Demographics												
Did not complete high school (or GED)	12.3	9.1 - 15.4	300	28.4	21.1 - 35.7	200	8.6 *	1.7 - 15.4	<100	--		
Unmarried	32.8	28.5 - 37.0	800	64.4	56.9 - 71.8	500	28.4	19.4 - 37.3	100	7.5	3.8 - 11.1	<100
Race/Ethnicity												
White	43.1	38.7 - 47.6	1,000	26.0	19.2 - 32.8	200	29.1	20.2 - 38.0	100	66.9	59.5 - 74.3	600
Hispanic	41.1	36.5 - 45.6	1,000	63.8	56.1 - 71.6	500	48.2	37.7 - 58.7	200	15.7	10.5 - 20.9	200
Asian/Pacific Islander	13.2	9.4 - 17.1	300	5.9	2.6 - 9.3	<100	19.7	9.8 - 29.6	<100	16.7	9.9 - 23.6	200
Black	1.5 *	0.4 - 2.7	<100	--			--			--		
Born outside the U.S.	34.4	30.0 - 38.8	800	40.5	33.3 - 47.6	300	40.0	29.4 - 50.6	200	25.8	18.8 - 32.8	300
Speaks non-English language at home	29.1	24.9 - 33.3	700	39.4	32.1 - 46.6	300	40.1	29.5 - 50.7	200	14.4	9.1 - 19.7	100
Lives in a high poverty neighborhood	34.3	29.9 - 38.8	800	52.3	44.4 - 60.3	400	33.2	22.9 - 43.5	200	20.7	15.0 - 26.3	200

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of Yolo County was 552. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

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MIHA Data Snapshot, Yolo County by Maternal Age, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			15-19 Years			20-34 Years			35 Years or Older		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	4.1	2.3 - 5.9	<100	75.5	71.4 - 79.5	1,800	20.4	16.6 - 24.2	500
Health Status before Pregnancy												
In good to excellent health	94.8	92.9 - 96.8	2,300	--			94.5	92.1 - 96.9	1,700	95.9*	92.1 - 99.7	500
Chronic conditions												
Diabetes†	2.6	1.2 - 4.0	<100	--			1.3*	0.1 - 2.4	<100	5.8*	1.5 - 10.2	<100
Hypertension†	1.4*	0.4 - 2.3	<100	--			1.7*	0.5 - 3.0	<100	--		
Asthma†	10.3	7.5 - 13.1	200	--			11.1	7.8 - 14.5	200	5.9*	1.7 - 10.2	<100
Nutrition and Weight												
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	24.0*	2.0 - 46.0	<100	34.2	29.3 - 39.1	600	44.1	33.6 - 54.7	200
Overweight before pregnancy	25.0	21.2 - 28.8	600	36.7*	13.9 - 59.5	<100	24.6	20.1 - 29.1	400	24.0	15.5 - 32.5	100
Obese before pregnancy	21.1	17.4 - 24.8	500	19.4*	1.7 - 37.0	<100	20.4	16.3 - 24.5	300	24.2	14.7 - 33.7	100
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	15.6*	2.8 - 28.4	<100	14.7	11.0 - 18.3	200	19.6	10.5 - 28.8	<100
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	52.4	28.8 - 76.0	<100	47.6	42.1 - 53.2	700	32.8	22.2 - 43.4	100
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	31.4*	7.5 - 55.4	<100	14.4	10.5 - 18.2	300	7.2*	2.2 - 12.3	<100
Intimate Partner Violence (IPV) and Depressive Symptoms												
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	--			8.0	4.9 - 11.1	100	3.9*	0.5 - 7.2	<100
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	13.7*	2.0 - 25.4	<100	8.9	6.0 - 11.8	200	6.2*	1.3 - 11.1	<100
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	--			10.5	7.3 - 13.7	200	8.4*	3.0 - 13.8	<100
Hardships and Support during Pregnancy												
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	25.6*	9.2 - 41.9	<100	24.0	19.5 - 28.6	400	14.7	7.9 - 21.4	<100
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	20.3*	3.8 - 36.9	<100	2.2*	0.5 - 3.9	<100	--		
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	--			6.7	4.0 - 9.4	100	5.9*	1.1 - 10.8	<100
Woman or partner lost job	14.4	11.1 - 17.8	300	16.0*	2.1 - 29.9	<100	14.4	10.5 - 18.3	300	14.4	7.2 - 21.7	<100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	12.6*	1.1 - 24.1	<100	12.3	8.8 - 15.7	200	12.3*	3.1 - 21.5	<100
Became separated or divorced	5.3	3.3 - 7.3	100	--			5.3	2.9 - 7.6	<100	--		
Had no practical or emotional support	3.4	1.8 - 5.1	<100	--			2.5*	0.8 - 4.1	<100	6.9*	1.8 - 12.0	<100
Substance Use												
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	--			10.8	7.6 - 13.9	200	5.6*	1.4 - 9.8	<100
Any smoking, 3rd trimester†	2.0*	0.8 - 3.3	<100	--			2.0*	0.4 - 3.6	<100	--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	--			4.7	2.4 - 7.0	<100	--		
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	--			16.9	13.0 - 20.8	300	9.1*	3.7 - 14.5	<100
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	--			7.0	4.4 - 9.7	100	10.1	4.6 - 15.5	<100
Pregnancy Intention and Family Planning												
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	48.7	26.4 - 70.9	<100	22.6	18.3 - 27.0	400	14.5	8.0 - 21.1	<100
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	21.9*	4.8 - 38.9	<100	11.4	8.1 - 14.8	200	17.2	9.6 - 24.7	<100
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	--			87.1	83.6 - 90.6	1,500	71.7	61.3 - 82.1	300
Infant Sleep and Breastfeeding												
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	81.6*	65.6 - 97.5	<100	84.7	81.1 - 88.4	1,500	89.8	84.2 - 95.5	400
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	28.2*	10.1 - 46.2	<100	41.0	35.8 - 46.3	700	43.0	32.5 - 53.6	200
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	--			95.4*	92.6 - 98.1	1,700	95.7*	91.9 - 99.5	500
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	39.0	17.9 - 60.2	<100	78.4	73.8 - 83.1	1,400	75.7	67.4 - 84.0	400
Breastfeeding practices												
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	52.1	29.5 - 74.8	<100	92.0	89.0 - 94.9	1,600	92.3*	87.2 - 97.4	400
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	27.9*	9.6 - 46.2	<100	59.9	54.4 - 65.3	1,000	41.5	31.1 - 51.9	200
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	34.7*	12.0 - 57.3	<100	74.3	68.7 - 79.9	1,000	88.3	81.7 - 94.9	300
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	21.2*	1.6 - 40.7	<100	44.1	38.0 - 50.3	600	31.4	20.1 - 42.6	100



MIHA Data Snapshot, Yolo County by Maternal Age, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			15-19 Years			20-34 Years			35 Years or Older		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Service Utilization and Health Insurance Coverage												
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1	1,700	69.3*	49.8 - 88.8	<100	66.1	60.8 - 71.3	1,200	83.0	75.4 - 90.6	400
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3	2,100	85.7*	72.7 - 98.7	<100	91.2	88.1 - 94.4	1,600	89.0	83.0 - 95.0	400
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1	300	14.5*	1.4 - 27.6	<100	15.4	11.4 - 19.5	300	--		
Participated in WIC during pregnancy†	47.8	43.2 - 52.4	1,100	--			51.9	46.6 - 57.2	900	24.1	15.8 - 32.5	100
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8	500	46.8	24.5 - 69.1	<100	22.5	18.2 - 26.8	400	16.1	8.8 - 23.4	<100
Pre-pregnancy insurance												
Medi-Cal	23.9	20.2 - 27.6	600	66.4	46.9 - 86.0	<100	24.1	19.6 - 28.5	400	14.6	7.8 - 21.4	<100
Uninsured	17.6	14.2 - 21.0	400	15.0*	2.8 - 27.2	<100	20.8	16.5 - 25.0	400	6.4*	1.6 - 11.2	<100
Private	56.7	52.2 - 61.1	1,400	--			53.5	48.2 - 58.8	1,000	76.9	68.6 - 85.1	400
Prenatal insurance												
Medi-Cal	46.4	41.9 - 50.9	1,100	85.2*	73.6 - 96.8	<100	50.0	44.7 - 55.3	900	25.2	16.7 - 33.7	100
Uninsured	--			--			--			--		
Private	51.3	46.7 - 55.8	1,200	--			47.7	42.4 - 53.0	900	73.1	64.5 - 81.8	400
Maternal postpartum insurance												
Medi-Cal	32.7	28.3 - 37.0	800	89.6*	81.0 - 98.3	<100	33.1	28.1 - 38.1	600	19.4	11.8 - 27.0	<100
Uninsured	12.9	9.9 - 15.8	300	--			15.6	11.9 - 19.2	300	4.7*	0.4 - 8.9	<100
Private	53.7	49.1 - 58.2	1,300	--			50.9	45.6 - 56.2	900	74.2	65.7 - 82.8	400
Infant health insurance												
Medi-Cal	48.5	43.9 - 53.1	1,100	--			52.9	47.6 - 58.2	900	24.4	16.0 - 32.9	100
Uninsured	1.8*	0.7 - 3.0	<100	--			1.6*	0.3 - 2.9	<100	--		
Private	48.9	44.3 - 53.5	1,100	--			44.8	39.5 - 50.1	800	72.4	63.6 - 81.2	300
Maternal Demographics												
Did not complete high school (or GED)	12.3	9.1 - 15.4	300	40.4	17.6 - 63.2	<100	11.0	7.5 - 14.4	200	11.4	5.5 - 17.2	<100
Unmarried	32.8	28.5 - 37.0	800	87.5*	76.2 - 98.8	<100	32.2	27.3 - 37.1	600	23.6	15.3 - 31.9	100
Race/Ethnicity												
White	43.1	38.7 - 47.6	1,000	13.0*	3.1 - 22.9	<100	43.4	38.2 - 48.7	800	48.3	37.9 - 58.7	200
Hispanic	41.1	36.5 - 45.6	1,000	61.7	39.4 - 83.9	<100	42.1	36.9 - 47.3	700	32.8	23.3 - 42.3	200
Asian/Pacific Islander	13.2	9.4 - 17.1	300	--			12.8	8.6 - 17.1	200	17.3	7.3 - 27.2	<100
Black	1.5*	0.4 - 2.7	<100	--			--			--		
Born outside the U.S.	34.4	30.0 - 38.8	800	11.3*	1.6 - 21.0	<100	33.3	28.3 - 38.3	600	43.2	32.5 - 53.9	200
Speaks non-English language at home	29.1	24.9 - 33.3	700	22.4*	6.5 - 38.4	<100	30.3	25.3 - 35.3	500	25.9	17.2 - 34.6	100
Lives in a high poverty neighborhood	34.3	29.9 - 38.8	800	50.0	27.2 - 72.7	<100	35.7	30.6 - 40.8	600	26.1	17.1 - 35.0	100

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of Yolo County was 552. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

Table Citation: Maternal and Infant Health Assessment (MIHA) Survey County and Regional Data Snapshots for Subgroups, 2013-2015. California Department of Public Health; 2018.



MIHA Data Snapshot, Yolo County by Neighborhood Poverty, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			0-4.9% of Residents below Poverty			5-9.9% of Residents below Poverty			10-19.9% of Residents below Poverty			≥ 20% of Residents below Poverty		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	13.4	10.1 - 16.7	300	20.2	16.5 - 24.0	500	32.1	27.7 - 36.4	700	34.3	29.9 - 38.8	800
Health Status before Pregnancy															
In good to excellent health	94.8	92.9 - 96.8	2,300	--			94.3 *	89.1 - 99.6	400	94.8 *	91.4 - 98.2	700	93.8	90.3 - 97.3	800
Chronic conditions															
Diabetes†	2.6	1.2 - 4.0	<100	--			4.1 *	0.1 - 8.0	<100	--			3.4 *	0.6 - 6.2	<100
Hypertension†	1.4 *	0.4 - 2.3	<100	--			--			--			--		
Asthma†	10.3	7.5 - 13.1	200	17.5	7.3 - 27.7	<100	8.1 *	2.1 - 14.1	<100	5.5 *	2.2 - 8.8	<100	12.9	7.7 - 18.0	100
Nutrition and Weight															
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	37.5	24.9 - 50.1	100	49.7	39.2 - 60.2	200	36.1	28.3 - 43.9	300	26.0	19.3 - 32.6	200
Overweight before pregnancy	25.0	21.2 - 28.8	600	25.9	14.8 - 37.0	<100	17.6	10.0 - 25.2	<100	31.1	23.4 - 38.7	200	22.8	16.2 - 29.4	200
Obese before pregnancy	21.1	17.4 - 24.8	500	10.9 *	3.7 - 18.2	<100	18.0	10.2 - 25.8	<100	21.6	15.1 - 28.0	200	26.4	19.3 - 33.6	200
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	24.1	12.8 - 35.5	<100	16.7	8.6 - 24.9	<100	16.2	10.4 - 21.9	100	10.5	5.7 - 15.3	<100
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	43.0	28.6 - 57.4	100	43.5	32.2 - 54.7	200	47.9	39.5 - 56.4	300	45.5	37.3 - 53.8	300
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	7.5 *	1.5 - 13.5	<100	6.5 *	1.9 - 11.1	<100	16.0	9.1 - 23.0	100	15.6	9.9 - 21.3	100
Intimate Partner Violence (IPV) and Depressive Symptoms															
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	8.0 *	1.0 - 14.9	<100	5.9 *	1.3 - 10.5	<100	6.6	2.8 - 10.4	<100	9.0	3.7 - 14.2	<100
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	--			7.2 *	1.8 - 12.5	<100	10.6	5.9 - 15.4	<100	8.0	4.0 - 12.0	<100
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	9.6 *	2.3 - 17.0	<100	9.7 *	3.8 - 15.5	<100	12.6	7.4 - 17.8	<100	8.0	3.5 - 12.4	<100
Hardships and Support during Pregnancy															
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	26.8	14.0 - 39.6	<100	16.5	9.0 - 24.0	<100	23.4	16.9 - 29.8	200	21.7	15.4 - 28.0	200
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	--			--			--			5.3 *	1.5 - 9.0	<100
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	--			--			8.9	4.3 - 13.5	<100	5.5 *	1.7 - 9.4	<100
Woman or partner lost job	14.4	11.1 - 17.8	300	8.7 *	0.8 - 16.7	<100	9.1 *	3.1 - 15.0	<100	16.9	10.6 - 23.2	100	16.4	10.4 - 22.5	100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	8.0 *	1.9 - 14.0	<100	11.4 *	2.1 - 20.8	<100	17.8	11.4 - 24.3	100	8.9	4.8 - 13.1	<100
Became separated or divorced	5.3	3.3 - 7.3	100	--			--			7.8	3.3 - 12.2	<100	5.3 *	1.8 - 8.8	<100
Had no practical or emotional support	3.4	1.8 - 5.1	<100	--			--			3.0 *	0.7 - 5.2	<100	--		
Substance Use															
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	9.1 *	1.5 - 16.7	<100	4.4 *	0.4 - 8.5	<100	11.1	6.4 - 15.9	<100	11.7	6.9 - 16.5	<100
Any smoking, 3rd trimester†	2.0 *	0.8 - 3.3	<100	--			--			--			--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	--			--			3.1 *	0.5 - 5.6	<100	7.0 *	2.8 - 11.1	<100
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	19.0	9.0 - 29.0	<100	12.2	5.9 - 18.5	<100	19.0	12.6 - 25.3	100	10.3	5.7 - 15.0	<100
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	16.7 *	5.7 - 27.8	<100	8.1 *	3.1 - 13.1	<100	4.8	2.0 - 7.6	<100	5.1	2.3 - 7.9	<100
Pregnancy Intention and Family Planning															
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	15.8 *	6.1 - 25.5	<100	13.0	6.7 - 19.3	<100	20.0	13.6 - 26.5	100	30.9	23.8 - 37.9	200
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	8.8 *	2.3 - 15.3	<100	13.6	6.3 - 20.9	<100	16.3	10.3 - 22.3	100	10.3	5.8 - 14.8	<100
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	86.8 *	78.0 - 95.6	300	74.1	63.6 - 84.5	300	86.3	81.0 - 91.6	600	86.0	80.7 - 91.3	700
Infant Sleep and Breastfeeding															
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	91.6 *	85.3 - 98.0	300	87.9	81.3 - 94.4	400	80.7	74.8 - 86.6	600	87.7	82.5 - 92.8	700
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	38.7	24.8 - 52.7	100	39.6	29.0 - 50.1	200	40.5	32.6 - 48.4	300	42.4	34.7 - 50.2	300
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	--			--			95.2 *	91.1 - 99.2	700	94.8 *	90.6 - 99.0	700
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	78.6	66.9 - 90.3	200	80.9	72.9 - 88.9	400	72.9	65.3 - 80.5	500	76.2	69.5 - 82.9	600
Breastfeeding practices															
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	--			89.4 *	82.7 - 96.0	400	91.6	86.8 - 96.5	700	88.9	83.9 - 93.9	700
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	53.6	39.9 - 67.3	200	52.8	42.1 - 63.5	200	55.9	47.6 - 64.2	400	55.5	47.5 - 63.5	400
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	72.3	57.9 - 86.7	200	75.2	64.7 - 85.8	300	79.6	71.5 - 87.8	400	73.5	65.5 - 81.5	400
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	42.1	26.1 - 58.1	<100	39.9	27.6 - 52.3	100	41.5	32.3 - 50.6	200	39.5	30.8 - 48.3	200



MIHA Data Snapshot, Yolo County by Neighborhood Poverty, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			0-4.9% of Residents below Poverty			5-9.9% of Residents below Poverty			10-19.9% of Residents below Poverty			≥ 20% of Residents below Poverty		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Service Utilization and Health Insurance Coverage															
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1	1,700	67.6	53.7 - 81.4	200	76.7	67.8 - 85.6	400	70.0	62.5 - 77.5	500	67.6	60.1 - 75.2	500
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3	2,100	--			93.1*	87.8 - 98.4	400	88.9	83.4 - 94.4	700	88.3	83.0 - 93.5	700
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1	300	10.7*	1.3 - 20.0	<100	5.8*	1.7 - 10.0	<100	16.6	10.4 - 22.9	100	14.3	8.4 - 20.2	100
Participated in WIC during pregnancy†	47.8	43.2 - 52.4	1,100	24.2	12.2 - 36.3	<100	28.1	18.8 - 37.3	100	55.7	47.6 - 63.8	400	60.5	52.9 - 68.1	500
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8	500	7.2*	0.4 - 13.9	<100	8.9*	3.4 - 14.5	<100	21.7	14.7 - 28.8	200	35.4	28.0 - 42.7	300
Pre-pregnancy insurance															
Medi-Cal	23.9	20.2 - 27.6	600	14.9*	6.1 - 23.7	<100	11.6*	4.6 - 18.6	<100	21.1	14.3 - 27.8	200	35.6	28.3 - 42.9	300
Uninsured	17.6	14.2 - 21.0	400	--			11.8	5.2 - 18.5	<100	24.7	17.8 - 31.7	200	18.9	13.2 - 24.5	200
Private	56.7	52.2 - 61.1	1,400	79.4	68.1 - 90.7	200	76.6	67.6 - 85.5	400	51.7	43.6 - 59.8	400	42.9	35.0 - 50.7	300
Prenatal insurance															
Medi-Cal	46.4	41.9 - 50.9	1,100	23.1	11.5 - 34.6	<100	29.7	20.1 - 39.3	100	47.8	39.7 - 55.8	400	62.1	54.5 - 69.6	500
Uninsured	--			--			--			--			--		
Private	51.3	46.7 - 55.8	1,200	75.1	63.5 - 86.8	200	68.3	58.6 - 78.1	300	49.2	41.1 - 57.3	400	35.7	28.2 - 43.3	300
Maternal postpartum insurance															
Medi-Cal	32.7	28.3 - 37.0	800	19.2	8.0 - 30.3	<100	18.7	10.5 - 26.9	<100	32.4	24.7 - 40.0	200	46.8	39.0 - 54.5	400
Uninsured	12.9	9.9 - 15.8	300	--			8.2*	2.4 - 14.1	<100	16.7	10.8 - 22.6	100	14.7	9.3 - 20.0	100
Private	53.7	49.1 - 58.2	1,300	75.8	64.1 - 87.5	200	73.1	63.7 - 82.4	300	50.3	42.2 - 58.4	400	37.2	29.4 - 44.9	300
Infant health insurance															
Medi-Cal	48.5	43.9 - 53.1	1,100	21.3	10.0 - 32.5	<100	28.8	19.5 - 38.1	100	52.4	44.2 - 60.5	400	65.8	58.3 - 73.4	500
Uninsured	1.8*	0.7 - 3.0	<100	--			--			--			--		
Private	48.9	44.3 - 53.5	1,100	75.5	63.9 - 87.1	200	69.0	59.5 - 78.5	300	44.5	36.4 - 52.6	300	31.7	24.3 - 39.2	200
Maternal Demographics															
Age															
15-19	4.1	2.3 - 5.9	<100	--			--			5.3*	1.2 - 9.4	<100	6.0*	2.5 - 9.6	<100
20-34	75.5	71.4 - 79.5	1,800	81.6	72.6 - 90.5	300	73.1	62.9 - 83.2	300	70.6	63.1 - 78.1	500	78.3	71.9 - 84.7	600
35+	20.4	16.6 - 24.2	500	17.3	8.4 - 26.1	<100	25.9	15.7 - 36.0	100	24.1	17.2 - 31.0	200	15.7	10.0 - 21.4	100
Did not complete high school (or GED)	12.3	9.1 - 15.4	300	--			8.7*	2.8 - 14.5	<100	14.4	7.7 - 21.0	100	16.8	11.3 - 22.3	100
Unmarried	32.8	28.5 - 37.0	800	21.8	10.7 - 32.8	<100	18.5	10.6 - 26.4	<100	36.7	28.8 - 44.7	300	40.5	33.0 - 48.0	300
Race/Ethnicity															
White	43.1	38.7 - 47.6	1,000	52.7	38.9 - 66.6	200	59.1	48.4 - 69.8	300	36.0	28.3 - 43.7	300	37.8	30.3 - 45.3	300
Hispanic	41.1	36.5 - 45.6	1,000	21.8	11.3 - 32.4	<100	23.3	15.0 - 31.6	100	54.8	46.7 - 63.0	400	47.9	40.1 - 55.7	400
Asian/Pacific Islander	13.2	9.4 - 17.1	300	21.0*	6.7 - 35.2	<100	17.6	7.5 - 27.7	<100	6.9*	2.3 - 11.5	<100	12.4	6.6 - 18.3	<100
Black	1.5*	0.4 - 2.7	<100	--			--			--			--		
Born outside the U.S.	34.4	30.0 - 38.8	800	13.2	5.6 - 20.8	<100	34.9	24.2 - 45.7	200	33.6	25.8 - 41.3	300	43.6	35.8 - 51.4	300
Speaks non-English language at home	29.1	24.9 - 33.3	700	11.3*	2.1 - 20.5	<100	24.2	15.4 - 33.0	100	27.5	20.2 - 34.9	200	40.4	32.6 - 48.2	300
Income as a percent of the Federal Poverty Guideline															
0-100%	35.2	30.9 - 39.5	800	16.3	6.7 - 25.8	<100	15.1	7.9 - 22.4	<100	35.6	27.7 - 43.6	300	53.1	45.1 - 61.1	400
101-200%	22.0	18.0 - 26.0	500	--			21.7	13.0 - 30.3	<100	27.8	20.4 - 35.3	200	20.8	13.9 - 27.7	200
> 200%	42.8	38.1 - 47.4	1,000	75.3	63.2 - 87.4	200	63.2	53.0 - 73.4	300	36.5	28.7 - 44.3	300	26.1	19.2 - 33.0	200

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of Yolo County was 552. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. Neighborhood poverty is the percentage of residents with incomes below poverty in a woman's census tract. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.



MIHA Data Snapshot, Yolo County by Prenatal Health Insurance, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			Medi-Cal			Private		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	46.4	41.9 - 50.9	1,100	51.3	46.7 - 55.8	1,200
Health Status before Pregnancy									
In good to excellent health	94.8	92.9 - 96.8	2,300	91.2	87.5 - 94.9	1,000	97.9 *	96.1 - 99.6	1,200
Chronic conditions									
Diabetes†	2.6	1.2 - 4.0	<100	4.1 *	1.5 - 6.8	<100	--		
Hypertension†	1.4 *	0.4 - 2.3	<100	2.4 *	0.5 - 4.2	<100	--		
Asthma†	10.3	7.5 - 13.1	200	10.2	5.8 - 14.5	100	10.6	6.8 - 14.3	100
Nutrition and Weight									
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	21.9	16.1 - 27.8	200	48.6	42.1 - 55.2	600
Overweight before pregnancy	25.0	21.2 - 28.8	600	27.3	21.4 - 33.2	300	23.1	17.9 - 28.2	300
Obese before pregnancy	21.1	17.4 - 24.8	500	26.1	20.3 - 32.0	300	17.5	12.6 - 22.3	200
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	15.4	10.5 - 20.4	100	16.0	11.3 - 20.6	200
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	48.4	41.2 - 55.5	400	42.9	36.1 - 49.7	500
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	23.3	17.2 - 29.5	300	5.3	2.4 - 8.2	<100
Intimate Partner Violence (IPV) and Depressive Symptoms									
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	13.5	8.6 - 18.4	100	1.8 *	0.2 - 3.3	<100
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	13.9	9.5 - 18.4	200	3.8 *	1.5 - 6.2	<100
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	10.4	6.6 - 14.3	100	8.3	4.7 - 11.9	100
Hardships and Support during Pregnancy									
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	25.8	19.7 - 31.9	300	19.0	14.1 - 24.0	200
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	5.7	2.4 - 8.9	<100	--		
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	12.6	8.1 - 17.2	100	--		
Woman or partner lost job	14.4	11.1 - 17.8	300	23.6	17.3 - 29.8	300	6.9	3.9 - 9.9	<100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	14.5	9.6 - 19.4	200	9.1	4.8 - 13.4	100
Became separated or divorced	5.3	3.3 - 7.3	100	8.8	5.1 - 12.5	<100	--		
Had no practical or emotional support	3.4	1.8 - 5.1	<100	5.3	2.3 - 8.4	<100	1.8 *	0.2 - 3.5	<100
Substance Use									
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	14.4	9.7 - 19.1	200	5.2	2.8 - 7.6	<100
Any smoking, 3rd trimester†	2.0 *	0.8 - 3.3	<100	3.8 *	1.2 - 6.5	<100	--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	8.5	4.6 - 12.3	<100	--		
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	12.6	8.1 - 17.1	100	16.5	11.9 - 21.0	200
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	2.1 *	0.5 - 3.7	<100	11.9	7.8 - 15.9	100
Pregnancy Intention and Family Planning									
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	32.6	26.5 - 38.6	400	13.1	8.9 - 17.3	200
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	18.4	13.2 - 23.6	200	8.4	5.0 - 11.7	100
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	89.7	85.7 - 93.7	1,000	77.9	72.2 - 83.6	900
Infant Sleep and Breastfeeding									
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	79.8	74.2 - 85.3	800	91.1	88.1 - 94.1	1,100
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	44.4	37.5 - 51.3	500	37.8	31.4 - 44.2	500
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	92.3	87.8 - 96.8	1,000	97.9 *	96.2 - 99.7	1,200
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	68.2	61.5 - 74.9	700	82.9	77.8 - 87.9	1,000
Breastfeeding practices									
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	83.6	78.1 - 89.1	900	96.9 *	94.9 - 98.8	1,200
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	50.2	43.0 - 57.3	500	59.0	52.3 - 65.6	700
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	61.0	53.1 - 69.0	500	89.0	84.4 - 93.6	800
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	30.9	23.5 - 38.3	200	49.4	41.7 - 57.2	400



MIHA Data Snapshot, Yolo County by Prenatal Health Insurance, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			Medi-Cal			Private		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
Service Utilization and Health Insurance Coverage									
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1	1,700	54.5	47.5 - 61.4	600	83.9	78.8 - 89.0	1,000
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3	2,100	82.8	77.6 - 87.9	900	97.7 *	95.9 - 99.6	1,200
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1	300	22.8	16.8 - 28.9	200	4.5	2.2 - 6.9	<100
Participated in WIC during pregnancy†	47.8	43.2 - 52.4	1,100	86.6	82.3 - 90.9	900	12.2	8.1 - 16.3	100
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8	500	44.9	38.5 - 51.3	500	2.7 *	0.6 - 4.8	<100
Pre-pregnancy insurance									
Medi-Cal	23.9	20.2 - 27.6	600	50.5	43.9 - 57.0	600	--		
Uninsured	17.6	14.2 - 21.0	400	35.6	29.3 - 41.8	400	--		
Private	56.7	52.2 - 61.1	1,400	12.6	7.9 - 17.4	100	98.9 *	97.8 - 99.9	1,200
Maternal postpartum insurance									
Medi-Cal	32.7	28.3 - 37.0	800	68.1	61.7 - 74.5	700	1.9 *	0.5 - 3.3	<100
Uninsured	12.9	9.9 - 15.8	300	24.8	19.0 - 30.5	300	1.4 *	0.1 - 2.8	<100
Private	53.7	49.1 - 58.2	1,300	7.1	3.3 - 10.9	<100	96.7	94.7 - 98.6	1,200
Infant health insurance									
Medi-Cal	48.5	43.9 - 53.1	1,100	95.0 *	92.0 - 98.0	1,000	8.6	5.3 - 11.9	100
Uninsured	1.8 *	0.7 - 3.0	<100	--			1.8 *	0.2 - 3.5	<100
Private	48.9	44.3 - 53.5	1,100	3.1 *	0.6 - 5.6	<100	89.4	85.8 - 93.1	1,100
Maternal Demographics									
Age									
15-19	4.1	2.3 - 5.9	<100	7.6	3.9 - 11.3	<100	--		
20-34	75.5	71.4 - 79.5	1,800	81.3	76.0 - 86.6	900	70.1	64.0 - 76.2	900
35+	20.4	16.6 - 24.2	500	11.1	7.1 - 15.1	100	29.2	23.1 - 35.2	400
Did not complete high school (or GED)	12.3	9.1 - 15.4	300	26.1	19.9 - 32.4	300	--		
Unmarried	32.8	28.5 - 37.0	800	56.3	49.5 - 63.1	600	12.0	8.0 - 16.1	100
Race/Ethnicity									
White	43.1	38.7 - 47.6	1,000	25.6	19.9 - 31.4	300	59.4	52.7 - 66.0	700
Hispanic	41.1	36.5 - 45.6	1,000	60.4	53.6 - 67.3	700	22.8	17.5 - 28.2	300
Asian/Pacific Islander	13.2	9.4 - 17.1	300	9.3	4.7 - 13.8	100	17.0	11.0 - 23.1	200
Black	1.5 *	0.4 - 2.7	<100	3.3 *	0.8 - 5.8	<100	--		
Born outside the U.S.	34.4	30.0 - 38.8	800	41.9	35.5 - 48.3	500	27.5	21.1 - 33.8	300
Speaks non-English language at home	29.1	24.9 - 33.3	700	39.4	33.0 - 45.9	400	19.9	14.4 - 25.4	200
Lives in a high poverty neighborhood	34.3	29.9 - 38.8	800	46.7	39.7 - 53.6	500	23.7	18.1 - 29.3	300
Income as a percent of the Federal Poverty Guideline									
0-100%	35.2	30.9 - 39.5	800	72.4	65.9 - 78.9	700	3.8 *	1.3 - 6.3	<100
101-200%	22.0	18.0 - 26.0	500	24.8	18.5 - 31.2	300	19.7	14.5 - 24.9	200
> 200%	42.8	38.1 - 47.4	1,000	2.8 *	0.8 - 4.7	<100	76.5	71.0 - 82.1	900

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%)

† Measure/definition may not be comparable to previous Snapshots (see Technical Notes).

Notes: MIHA is an annual population-based survey of California resident women with a live birth. Data from MIHA 2013-2015 were combined, resulting in a statewide sample size of 20,762. The sample size of Yolo County was 552. Percent (%), 95% confidence interval (95% CI) and estimated number of women in the population with the health indicator/characteristic (i.e., numerator of the percent rounded to the nearest hundred) are weighted to represent all women with a live birth who resided in California and the county in 2013-2015. Population estimate (N) is a three-year average. See the Technical Notes for information on weighting, comparability to prior years and technical definitions. Visit the MIHA website at www.cdph.ca.gov/MIHA.

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MIHA Data Snapshot, Yolo County by Race/Ethnicity, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			Hispanic			Black			White			Asian/Pacific Islander		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	41.1	36.5 - 45.6	1,000	1.5 *	0.4 - 2.7	<100	43.1	38.7 - 47.6	1,000	13.2	9.4 - 17.1	300
Health Status before Pregnancy															
In good to excellent health	94.8	92.9 - 96.8	2,300	91.9	88.2 - 95.6	900	--			96.3 *	93.8 - 98.8	1,000	--		
Chronic conditions															
Diabetes†	2.6	1.2 - 4.0	<100	3.9 *	1.1 - 6.7	<100	--			--			--		
Hypertension†	1.4 *	0.4 - 2.3	<100	2.0 *	0.3 - 3.8	<100	--			--			--		
Asthma†	10.3	7.5 - 13.1	200	8.2	4.2 - 12.3	<100	--			13.9	9.1 - 18.6	100	--		
Nutrition and Weight															
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	21.8	16.1 - 27.5	200	--			46.9	40.3 - 53.4	500	38.0	22.3 - 53.6	100
Overweight before pregnancy	25.0	21.2 - 28.8	600	30.7	24.0 - 37.4	300	--			24.8	19.1 - 30.5	200	6.8 *	0.6 - 13.0	<100
Obese before pregnancy	21.1	17.4 - 24.8	500	29.9	23.3 - 36.5	300	--			19.5	14.0 - 25.0	200	--		
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	19.2	13.6 - 24.8	200	--			12.1	7.7 - 16.5	100	17.0 *	5.4 - 28.6	<100
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	45.1	37.5 - 52.6	400	--			49.0	42.1 - 55.8	400	27.7	12.2 - 43.3	<100
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	17.6	12.0 - 23.2	200	--			10.9	6.4 - 15.3	100	--		
Intimate Partner Violence (IPV) and Depressive Symptoms															
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	10.6	6.2 - 15.0	100	--			3.6 *	1.1 - 6.0	<100	--		
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	11.1	6.8 - 15.4	100	--			5.9	2.8 - 9.1	<100	--		
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	11.4	7.1 - 15.6	100	--			8.1	4.5 - 11.6	<100	--		
Hardships and Support during Pregnancy															
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	24.3	18.4 - 30.2	200	--			23.6	18.1 - 29.2	200	--		
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	3.3 *	0.5 - 6.0	<100	--			--			--		
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	8.4	4.4 - 12.4	<100	--			5.1 *	1.9 - 8.2	<100	--		
Woman or partner lost job	14.4	11.1 - 17.8	300	15.7	10.4 - 21.1	100	--			12.7	7.8 - 17.6	100	10.8 *	2.6 - 19.0	<100
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	12.7	7.9 - 17.5	100	--			10.6	6.5 - 14.7	100	14.2 *	0.9 - 27.5	<100
Became separated or divorced	5.3	3.3 - 7.3	100	11.5	6.9 - 16.1	100	--			--			--		
Had no practical or emotional support	3.4	1.8 - 5.1	<100	3.7 *	1.3 - 6.2	<100	--			--			--		
Substance Use															
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	8.9	5.1 - 12.6	<100	--			12.6	8.1 - 17.2	100	--		
Any smoking, 3rd trimester†	2.0 *	0.8 - 3.3	<100	--			--			4.2 *	1.3 - 7.1	<100	--		
Any smoking, postpartum	4.0	2.2 - 5.9	<100	3.0 *	0.6 - 5.4	<100	--			5.8	2.4 - 9.2	<100	--		
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	15.8	10.7 - 20.8	200	--			17.0	11.9 - 22.2	200	--		
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	2.4 *	0.6 - 4.1	<100	--			11.7	7.9 - 15.5	100	--		
Pregnancy Intention and Family Planning															
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	34.1	27.4 - 40.8	300	--			12.3	8.1 - 16.6	100	14.1 *	5.6 - 22.6	<100
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	15.6	10.6 - 20.5	100	--			11.7	7.1 - 16.3	100	11.4 *	3.0 - 19.7	<100
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	88.7	84.7 - 92.8	800	--			83.2	77.9 - 88.4	800	73.5	59.0 - 87.9	200
Infant Sleep and Breastfeeding															
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	82.5	77.2 - 87.7	800	--			86.7	82.3 - 91.1	900	92.2 *	85.8 - 98.6	300
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	42.6	35.6 - 49.5	400	--			34.8	28.5 - 41.1	300	54.1	38.4 - 69.8	200
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	94.4 *	91.0 - 97.7	900	--			--			--		
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	64.2	57.5 - 70.9	600	--			91.7	87.8 - 95.5	900	68.3	53.5 - 83.2	200
Breastfeeding practices															
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	89.3	85.0 - 93.5	800	--			92.1	88.3 - 96.0	900	94.0 *	88.3 - 99.7	300
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	55.3	48.2 - 62.4	500	--			60.9	54.1 - 67.6	600	40.8	25.3 - 56.4	100
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	69.4	62.0 - 76.8	500	--			80.7	74.0 - 87.4	600	82.7 *	70.0 - 95.4	200
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	38.1	30.4 - 45.9	300	--			47.5	39.5 - 55.5	300	34.2	16.7 - 51.7	<100

MIHA is a collaborative effort of the Maternal, Child and Adolescent Health Division and the Women, Infants and Children Division in the California Department of Public Health and the Center on Social Disparities in Health at the University of California San Francisco.



MIHA Data Snapshot, Yolo County by Race/Ethnicity, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			Hispanic			Black			White			Asian/Pacific Islander		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Service Utilization and Health Insurance Coverage															
Had a usual source of pre-pregnancy care	69.7	65.2 - 74.1	1,700	63.8	57.0 - 70.6	600	--	--	--	82.4	77.3 - 87.5	800	49.8	33.8 - 65.8	200
Initiated prenatal care in 1st trimester	90.6	87.9 - 93.3	2,100	87.3	82.3 - 92.3	800	--	--	--	91.3	87.2 - 95.3	900	--	--	--
Mom or infant needed but couldn't afford care postpartum	12.8	9.6 - 16.1	300	18.1	12.5 - 23.6	200	--	--	--	7.5	4.1 - 10.9	<100	13.7*	1.1 - 26.2	<100
Participated in WIC during pregnancy†	47.8	43.2 - 52.4	1,100	72.7	66.3 - 79.0	700	--	--	--	26.1	20.1 - 32.2	300	36.9	21.8 - 52.0	100
Received CalFresh (food stamps) during pregnancy	22.2	18.6 - 25.8	500	32.4	25.9 - 38.9	300	--	--	--	16.7	11.5 - 21.9	200	6.3*	1.1 - 11.4	<100
Pre-pregnancy insurance															
Medi-Cal	23.9	20.2 - 27.6	600	35.7	29.1 - 42.4	300	--	--	--	14.4	9.7 - 19.1	100	8.1*	1.7 - 14.6	<100
Uninsured	17.6	14.2 - 21.0	400	28.9	22.7 - 35.1	300	--	--	--	8.1	4.3 - 11.9	<100	14.4*	3.9 - 24.9	<100
Private	56.7	52.2 - 61.1	1,400	33.1	26.5 - 39.8	300	--	--	--	76.1	70.4 - 81.8	800	77.4	65.5 - 89.4	200
Prenatal insurance															
Medi-Cal	46.4	41.9 - 50.9	1,100	68.8	62.3 - 75.3	700	--	--	--	27.6	21.6 - 33.6	300	32.4	18.0 - 46.8	100
Uninsured	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Private	51.3	46.7 - 55.8	1,200	28.7	22.4 - 35.1	300	--	--	--	70.6	64.5 - 76.6	700	65.9	51.3 - 80.5	200
Maternal postpartum insurance															
Medi-Cal	32.7	28.3 - 37.0	800	45.1	38.1 - 52.1	400	--	--	--	23.0	17.4 - 28.6	200	17.4*	6.1 - 28.7	<100
Uninsured	12.9	9.9 - 15.8	300	23.3	17.4 - 29.3	200	--	--	--	4.8*	1.9 - 7.7	<100	8.2*	1.6 - 14.8	<100
Private	53.7	49.1 - 58.2	1,300	30.7	24.2 - 37.2	300	--	--	--	71.0	65.0 - 77.1	700	74.4	61.7 - 87.2	200
Infant health insurance															
Medi-Cal	48.5	43.9 - 53.1	1,100	72.3	65.9 - 78.8	700	--	--	--	29.5	23.4 - 35.5	300	32.0	17.6 - 46.3	<100
Uninsured	1.8*	0.7 - 3.0	<100	2.4*	0.3 - 4.5	<100	--	--	--	--	--	--	--	--	--
Private	48.9	44.3 - 53.5	1,100	24.5	18.3 - 30.8	200	--	--	--	67.6	61.4 - 73.8	700	68.0	53.7 - 82.4	200
Maternal Demographics															
Age															
15-19	4.1	2.3 - 5.9	<100	6.3	3.0 - 9.7	<100	--	--	--	1.3*	0.3 - 2.2	<100	--	--	--
20-34	75.5	71.4 - 79.5	1,800	77.4	71.6 - 83.2	700	--	--	--	75.9	70.4 - 81.5	800	73.1	58.3 - 87.8	200
35+	20.4	16.6 - 24.2	500	16.3	11.2 - 21.4	200	--	--	--	22.8	17.3 - 28.3	200	26.5	11.8 - 41.3	<100
Did not complete high school (or GED)															
Unmarried	12.3	9.1 - 15.4	300	23.0	16.8 - 29.3	200	--	--	--	3.5*	1.0 - 6.0	<100	--	--	--
Born outside the U.S.	32.8	28.5 - 37.0	800	50.9	43.9 - 57.9	500	--	--	--	21.3	15.7 - 26.9	200	7.8*	2.1 - 13.5	<100
Speaks non-English language at home	34.4	30.0 - 38.8	800	45.2	38.3 - 52.2	400	--	--	--	13.8	8.9 - 18.7	100	70.0	54.8 - 85.1	200
Lives in a high poverty neighborhood	29.1	24.9 - 33.3	700	41.8	34.9 - 48.7	400	--	--	--	10.3	6.0 - 14.6	100	57.0	40.7 - 73.3	200
Income as a percent of the Federal Poverty Guideline															
0-100%	34.3	29.9 - 38.8	800	39.8	32.9 - 46.7	400	--	--	--	30.0	23.9 - 36.1	300	33.3	18.5 - 48.2	<100
101-200%	35.2	30.9 - 39.5	800	56.4	49.2 - 63.6	500	--	--	--	20.8	15.2 - 26.5	200	15.4	6.4 - 24.3	<100
> 200%	22.0	18.0 - 26.0	500	26.8	20.3 - 33.4	200	--	--	--	14.7	10.1 - 19.3	100	32.3	16.9 - 47.6	<100
	42.8	38.1 - 47.4	1,000	16.7	11.3 - 22.2	200	--	--	--	64.5	58.1 - 70.9	600	52.3	36.3 - 68.4	200

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%).

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MIHA Data Snapshot, Yolo County by Total Live Births, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County			First Live Birth			Second Live Birth or More		
	%	95% CI	N	%	95% CI	N	%	95% CI	N
Total	100		2,400	39.4	34.9 - 43.9	900	60.6	56.1 - 65.1	1,400
Health Status before Pregnancy									
In good to excellent health	94.8	92.9 - 96.8	2,300	96.5 *	94.0 - 99.0	900	93.8	91.0 - 96.5	1,400
Chronic conditions									
Diabetes†	2.6	1.2 - 4.0	<100	--			3.4 *	1.4 - 5.5	<100
Hypertension†	1.4 *	0.4 - 2.3	<100	--			2.2 *	0.6 - 3.7	<100
Asthma†	10.3	7.5 - 13.1	200	15.2	9.8 - 20.6	100	7.0	4.2 - 9.9	<100
Nutrition and Weight									
Daily folic acid use, month before pregnancy	35.8	31.3 - 40.3	800	44.3	37.0 - 51.5	400	30.3	24.8 - 35.7	400
Overweight before pregnancy	25.0	21.2 - 28.8	600	25.7	19.2 - 32.3	200	24.5	19.5 - 29.5	300
Obese before pregnancy	21.1	17.4 - 24.8	500	18.7	13.1 - 24.3	200	22.7	17.7 - 27.6	300
Inadequate weight gain during pregnancy	15.7	12.3 - 19.0	300	12.1	7.5 - 16.6	<100	18.0	13.4 - 22.7	200
Excessive weight gain during pregnancy	45.0	40.2 - 49.8	900	55.4	47.9 - 63.0	500	38.1	31.9 - 44.3	500
Food insecurity during pregnancy	13.6	10.3 - 16.9	300	14.4	8.4 - 20.4	100	13.1	9.2 - 16.9	200
Intimate Partner Violence (IPV) and Depressive Symptoms									
Physical or psychological IPV during pregnancy	7.3	4.8 - 9.8	200	5.8	2.4 - 9.3	<100	8.2	4.8 - 11.7	100
Prenatal depressive symptoms	8.5	6.1 - 11.0	200	7.8	3.9 - 11.6	<100	9.1	5.9 - 12.2	100
Postpartum depressive symptoms	9.8	7.1 - 12.5	200	9.8	5.2 - 14.3	<100	9.8	6.6 - 13.1	100
Hardships and Support during Pregnancy									
Experienced two or more hardships during childhood	22.2	18.4 - 26.0	500	22.0	16.3 - 27.7	200	22.3	17.3 - 27.3	300
Homeless or did not have a regular place to sleep	3.0	1.4 - 4.6	<100	2.8 *	0.6 - 5.1	<100	3.1 *	1.0 - 5.3	<100
Moved due to problems paying rent or mortgage	6.4	4.1 - 8.6	100	7.0	3.3 - 10.7	<100	5.9	3.0 - 8.9	<100
Woman or partner lost job	14.4	11.1 - 17.8	300	14.8	9.0 - 20.6	100	14.2	10.2 - 18.2	200
Woman or partner had pay or hours cut back	12.3	9.1 - 15.5	300	11.1	6.1 - 16.1	100	13.0	8.8 - 17.3	200
Became separated or divorced	5.3	3.3 - 7.3	100	4.9 *	1.9 - 7.9	<100	5.5	2.8 - 8.2	<100
Had no practical or emotional support	3.4	1.8 - 5.1	<100	--			4.5	2.2 - 6.8	<100
Substance Use									
Any smoking, 3 months before pregnancy	9.5	6.9 - 12.0	200	11.7	7.0 - 16.4	100	8.0	5.1 - 11.0	100
Any smoking, 3rd trimester†	2.0 *	0.8 - 3.3	<100	3.2 *	0.3 - 6.0	<100	1.3 *	0.3 - 2.3	<100
Any smoking, postpartum	4.0	2.2 - 5.9	<100	5.1 *	1.6 - 8.5	<100	3.4 *	1.3 - 5.5	<100
Any binge drinking, 3 months before pregnancy	14.9	11.7 - 18.1	400	20.6	14.5 - 26.6	200	11.2	7.8 - 14.6	200
Any alcohol use, 3rd trimester†	7.4	5.1 - 9.7	200	7.6	4.4 - 10.7	<100	7.3	4.1 - 10.4	100
Pregnancy Intention and Family Planning									
Mistimed or unwanted pregnancy	22.1	18.4 - 25.7	500	23.5	17.6 - 29.5	200	21.1	16.4 - 25.8	300
Unsure of pregnancy intentions	13.0	10.0 - 16.1	300	13.0	8.1 - 17.9	100	13.1	9.2 - 16.9	200
Postpartum birth control use†	84.0	80.5 - 87.6	2,000	81.8	76.1 - 87.4	800	85.5	81.0 - 90.0	1,200
Infant Sleep and Breastfeeding									
Placed infant on back to sleep	85.7	82.6 - 88.7	2,000	86.4	81.3 - 91.6	800	85.2	81.4 - 88.9	1,200
Infant always or often shared bed	40.9	36.3 - 45.5	1,000	37.3	30.2 - 44.4	300	43.2	37.3 - 49.2	600
Intended to breastfeed, before birth	95.4	93.2 - 97.7	2,200	95.7 *	92.7 - 98.7	900	95.3 *	92.2 - 98.4	1,300
Intended to breastfeed exclusively, before birth	76.2	72.1 - 80.3	1,800	80.3	74.0 - 86.7	700	73.5	68.2 - 78.9	1,000
Breastfeeding practices									
Any breastfeeding, 1 month after delivery	90.4	87.5 - 93.2	2,100	88.2	83.2 - 93.2	800	91.7	88.5 - 95.0	1,300
Exclusive breastfeeding, 1 month after delivery	54.7	49.9 - 59.5	1,200	48.1	40.8 - 55.5	400	59.0	52.8 - 65.1	800
Any breastfeeding, 3 months after delivery	75.2	70.4 - 80.0	1,300	73.2	65.5 - 80.9	500	76.4	70.4 - 82.5	800
Exclusive breastfeeding, 3 months after delivery	40.6	35.2 - 45.9	700	39.2	31.0 - 47.5	300	41.4	34.5 - 48.2	400



MIHA Data Snapshot, Yolo County by Total Live Births, 2013-2015

Maternal and Infant Health Assessment (MIHA) Survey

	Yolo County				First Live Birth				Second Live Birth or More			
	%	95% CI		N	%	95% CI		N	%	95% CI		N
Service Utilization and Health Insurance Coverage												
Had a usual source of pre-pregnancy care	69.7	65.2	- 74.1	1,700	61.0	53.8	- 68.2	600	75.3	69.9	- 80.7	1,100
Initiated prenatal care in 1st trimester	90.6	87.9	- 93.3	2,100	90.4	86.2	- 94.7	800	90.7	87.1	- 94.3	1,300
Mom or infant needed but couldn't afford care postpartum	12.8	9.6	- 16.1	300	15.2	9.8	- 20.5	100	11.3	7.3	- 15.3	200
Participated in WIC during pregnancy†	47.8	43.2	- 52.4	1,100	43.1	35.8	- 50.4	400	50.9	44.8	- 56.9	700
Received CalFresh (food stamps) during pregnancy	22.2	18.6	- 25.8	500	15.1	9.7	- 20.5	100	26.8	21.6	- 31.9	400
Pre-pregnancy insurance												
Medi-Cal	23.9	20.2	- 27.6	600	19.7	13.8	- 25.5	200	26.6	21.5	- 31.8	400
Uninsured	17.6	14.2	- 21.0	400	18.0	12.5	- 23.6	200	17.3	13.0	- 21.7	300
Private	56.7	52.2	- 61.1	1,400	60.5	53.4	- 67.6	600	54.2	48.3	- 60.1	800
Prenatal insurance												
Medi-Cal	46.4	41.9	- 50.9	1,100	43.3	36.1	- 50.5	400	48.4	42.4	- 54.4	700
Uninsured	--				--				--			
Private	51.3	46.7	- 55.8	1,200	54.0	46.8	- 61.2	500	49.5	43.5	- 55.5	700
Maternal postpartum insurance												
Medi-Cal	32.7	28.3	- 37.0	800	33.3	26.4	- 40.2	300	32.2	26.7	- 37.7	500
Uninsured	12.9	9.9	- 15.8	300	10.6	6.1	- 15.1	<100	14.3	10.4	- 18.2	200
Private	53.7	49.1	- 58.2	1,300	55.7	48.5	- 62.9	500	52.3	46.3	- 58.3	800
Infant health insurance												
Medi-Cal	48.5	43.9	- 53.1	1,100	45.7	38.5	- 53.0	400	50.2	44.2	- 56.3	700
Uninsured	1.8 *	0.7	- 3.0	<100	--				2.5 *	0.7	- 4.2	<100
Private	48.9	44.3	- 53.5	1,100	52.8	45.5	- 60.0	500	46.4	40.3	- 52.5	700
Maternal Demographics												
Age												
15-19	4.1	2.3	- 5.9	<100	9.0	4.9	- 13.1	<100	--			
20-34	75.5	71.4	- 79.5	1,800	77.1	71.2	- 83.1	700	74.4	69.1	- 79.7	1,100
35+	20.4	16.6	- 24.2	500	13.9	9.0	- 18.7	100	24.6	19.4	- 29.9	400
Did not complete high school (or GED)	12.3	9.1	- 15.4	300	9.0	4.0	- 14.0	<100	14.4	10.3	- 18.4	200
Unmarried	32.8	28.5	- 37.0	800	36.9	29.9	- 43.9	300	30.1	24.7	- 35.4	400
Race/Ethnicity												
White	43.1	38.7	- 47.6	1,000	46.2	39.0	- 53.5	400	41.2	35.4	- 47.0	600
Hispanic	41.1	36.5	- 45.6	1,000	35.5	28.4	- 42.6	300	44.5	38.7	- 50.4	600
Asian/Pacific Islander	13.2	9.4	- 17.1	300	14.0	8.4	- 19.5	100	12.8	7.6	- 18.0	200
Black	1.5 *	0.4	- 2.7	<100	--				--			
Born outside the U.S.	34.4	30.0	- 38.8	800	33.4	26.4	- 40.4	300	35.0	29.2	- 40.8	500
Speaks non-English language at home	29.1	24.9	- 33.3	700	26.1	19.3	- 32.9	200	31.0	25.5	- 36.4	400
Lives in a high poverty neighborhood	34.3	29.9	- 38.8	800	34.0	27.2	- 40.8	300	34.5	28.8	- 40.2	500
Income as a percent of the Federal Poverty Guideline												
0-100%	35.2	30.9	- 39.5	800	31.8	25.0	- 38.6	300	37.5	31.7	- 43.3	500
101-200%	22.0	18.0	- 26.0	500	19.3	13.1	- 25.5	200	23.8	18.6	- 29.0	300
> 200%	42.8	38.1	- 47.4	1,000	48.9	41.6	- 56.2	400	38.7	32.6	- 44.8	500

-- Estimate not shown because the relative standard error (RSE) is greater than 50%, fewer than 5 women reported, or the weighted population denominator for the column is less than 100 women.

* Estimate should be interpreted with caution due to low statistical reliability (RSE is between 30% and 50%)

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