

Siskiyou County

Maternal Child and Adolescent Health Community Profile 2017-18

Demographics

Our Community

Total Population ¹	45,215
Total Population, African American	592
Total Population, American Indian/ Alaskan Natives	1,637
Total Population, Asian/Pacific Islander	655
Total Population, Hispanic	4,966
Total Population, White	35,375
Total Live Births ²	6,648

Our Mothers and Babies

% of women delivering a baby who received prenatal care beginning in the first trimester of their pregnancy ²	78.9%
% of births covered by Medi-Cal ²	58.3%
% of women ages 18-64 without health insurance ³	21.4%
% of women giving birth to a second child within 24 months of a previous pregnancy *	42.5%
% live births less than 37 weeks' gestation ²	9.5%
Gestational diabetes per 1,000 females age 15-44	5.2%
% of female population 18-64 living in poverty (0-200% FPL) ³	44.5%
Substance use diagnosis per 1,000 hospitalizations of pregnant women*	32.7%
Unemployment Rate ⁴	15.3%

Our Children and Teens

Teen Birth Rate per 1,000 births (ages 15-19) ²	30.4%
Motor vehicle injury hospitalizations per 100,000 children age 0-146	22.1%
% of children, ages 0-18 years living in poverty (0-200% FPL) ³	57.7%
Mental health hospitalizations per 100,000 age 15-24*	##
Children in Foster Care per 1,000 children ⁵	655.6%
Substance abuse hospitalization per 100,000 aged 15-24*	

Data sources: ¹ CA Dept. of Finance population estimates for Year 2015, January 2013; ² CA Birth Statistical Master Files 2011-2013 Annual Average, 3 year average; ³ California Health Interview Survey, 2014; ⁴ [State of California, Employment Development Department, February 2017](#); ⁵ [Data from CA Child Welfare Indicators Project, UC Berkeley Point in Time Jul 2015](#); ⁶ [California Department of Public Health, Safe and Active Communities Branch](#); *Data carried over from the Community Profile 2015-2016. Not updated.

About Our Community – Health Starts Where We Live, Learn, Work, and Play

- **Geography:** Siskiyou County is 6,281 square miles and is the 5th largest geographical county in California. In addition, Siskiyou County has rugged terrain and inclement weather conditions including snow, floods, and wildfires that make traveling challenging.
- **Major employers/industries** are county and local government with the U.S. Forest Service following closely behind. According to the most recent data available, the local government sector earned over \$229 million, the largest reported total in Siskiyou County.
- **Walkability/ Recreational Areas:** Siskiyou County has an abundance of recreational areas for families to increase physical activity opportunities, but does not have official walkability scores and no longer has a “Safe Routes to School” program since this has not been funded for the last two years. Siskiyou County also boasts numerous unincorporated areas that lack sidewalks, walking and bicycling paths which make it difficult for families residing in those areas to safely engage in

outdoor exercise. While Siskiyou County does have numerous areas for recreational opportunities, its rural landscape, rugged terrain with several high mountain passes and regular bouts of inclement weather make access to recreational and walking areas more difficult for residents. While many barriers exist to safely access walking and recreational areas, there is one city in Siskiyou County that has a “Safe Routes to School” grant which they have used to improve walkability.

Health System – Health and Human Services for the MCAH Population

The following are strategies that Siskiyou MCAH will implement to address maternal women’s health/perinatal health/infant health outcomes/ child and adolescent health/special health care needs:

- Strive to reach out to Medi-Cal eligible pregnant women to inform them about the services offered by our Prenatal Care Guidance (PCG) program and the importance of accessing prenatal care within the first trimester of pregnancy.
- Provide an annual inservice to the Siskiyou County Human Services staff regarding PCG and the importance of timely referral of PCG clients.
- Promote CPSP and presumptive eligibility in Siskiyou County to increase access to first trimester prenatal care.
- Collaborate with Siskiyou County WIC to promote pregnant WIC clients access to first trimester prenatal care.
- Collaborate with local dental professionals/FQHCs/ to increase dental access to the pediatric and maternal populations.
- Collaborate with local dental professionals to provide preventative oral health clinics that may include cleanings, fluoride, varnish applications, and/or sealants.

Health Status and Disparities for the MCAH Population

- Siskiyou County does not meet 2020 National Objectives/Goal of 90% for pregnant women receiving prenatal care in the first trimester. Siskiyou’s entry into prenatal care in the first trimester is 77.6% compared to the National Goal of 90%.
 1. Progress is being made through PCG inservices for Human Services Medi-Cal workers.
- Pregnant women who live in Siskiyou’s eastern region have very limited access to Siskiyou County OB providers who are located 2 hours west of this region; otherwise, the women need to access OB care in the State of Oregon from a provider that accepts Medi-Cal.
 1. Progress is being made to enroll an additional CPSP provider in Siskiyou County. This most likely will be completed in FY 15-16.
- This Eastern region of Siskiyou County has a high number of migrant families. Additionally, there is a high percentage of these migrant workers who do not speak English making it difficult for these families to receive adequate prenatal care.
- Lack of OB providers that accept presumptive eligibility or CPSP. Siskiyou County has only 1 CPSP provider.
 1. Progress is being made to enroll an additional CPSP provider in Siskiyou County. This most likely will be completed in FY 15-16.
- 56.9% of Siskiyou County’s children live in poverty.