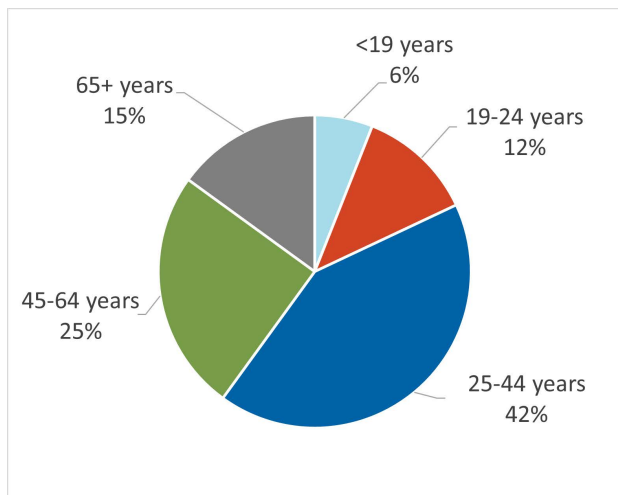


## OVERALL IMPACT

- There were 4,147 suicides in 2021
- 10.4 suicides per 100,000 people
- There were 66% more deaths by suicide than by homicide
- 59% of violent deaths were by suicide

## AGE



## MILITARY SERVICE

- 13% had served in the United States Armed Forces

## SUBSTANCE USE

**16%**  
had a known  
alcohol dependence  
or alcohol problem

**17%**  
had a non-alcohol  
related substance  
use problem

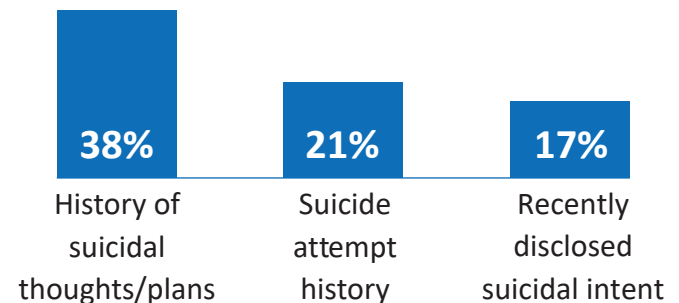
## SUICIDES BY SEX, RACE AND ETHNICITY

- Most of those who died by suicide were male (78%)
- Most suicide death occurred among people who were White (57%) or Hispanic (25%)
- The highest rate was among people who were American Indian/Alaska Native (17.5 per 100,000)

## METHOD OF INJURY

	Female	Male
<b>Firearm</b>	18%	44%
<b>Hanging/Suffocation</b>	37%	33%
<b>Poisoning</b>	27%	10%
<b>Other</b>	18%	14%

## SUICIDE-SPECIFIC CIRCUMSTANCES



## MENTAL HEALTH/SUBSTANCE USE

**50%**  
had a known  
mental health  
problem

**30%**  
had a history of mental  
health/substance use  
treatment

## OTHER CIRCUMSTANCES SURROUNDING SUICIDE DEATHS

**18%**  
had a problem with  
a current or former  
intimate partner

**17%**  
had physical  
health  
problems

**33%**  
had a recent  
or impending  
life crisis

**10%**  
had financial  
and/or job  
problems

**6%**  
had experienced the  
death of a friend,  
family member, or  
intimate partner

## RESOURCES



**KNOW THE SIGNS.** Every day in California friends, family and co-workers struggle with emotional pain. And, for some, it's too difficult to talk about the pain, thoughts of suicide, and the need for help. Everyone can play a role in suicide prevention by learning the warning signs of suicide, finding the words to reach out to a loved one, and knowing where to turn for help. Visit [www.suicideispreventable.org](http://www.suicideispreventable.org) to learn more about suicide prevention.

[Access the CDC's Suicide Prevention Resource for Action](#)

[National Suicide & Crisis Lifeline: CALL OR TEXT 988](#)

Chat also available at [988lifeline.org/chat](https://988lifeline.org/chat)

## NOTES ON CaIVDRS DATA

- 31 counties participated in CaIVDRS data collection for 2021 deaths: Amador, Butte, Colusa, Fresno, Glenn, Humboldt, Imperial, Kings, Lake, Lassen, Los Angeles, Mendocino, Merced, Modoc, Mono, Orange, Placer, Sacramento, San Benito, San Diego, San Francisco, San Luis Obispo, San Mateo, Santa Cruz, Shasta, Siskiyou, Solano, Sonoma, Tehama, Ventura, and Yolo Counties. These CaIVDRS counties represent 63% of the suicide deaths that occurred in 2021 in California and cover a mix of both urban and rural counties across the state.
- Data regarding the circumstances surrounding the death are reported as a percentage of deaths with at least one known circumstance; circumstances were known for 94% of abstracted suicide deaths in the 31 CaIVDRS counties.
- Circumstances contributing to the suicide are not mutually exclusive, and more than one can be indicated for a single suicide death.

## DATA SOURCES

- California Violent Death Reporting System (CaIVDRS), Injury and Violence Prevention Branch, Center for Healthy Communities, California Department of Public Health (CDPH), 2021. [Access the CaIVDRS Suicide Data Dashboard](#)
- Vital Statistics: California Comprehensive Master Death File (CCMDF), CDPH, 2021. Suicides are identified in the CCMDF as an underlying cause of death with ICD-10 codes X60-X84, Y87.0, U03.0, or U03.9.
- California Department of Finance, [Report P-3: Complete State and County Population Projections Dataset](#), Vintage 2023 release (2023.7.19).

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For more information on CaIVDRS and/or suicide prevention please contact [CaIVDRS@cdph.ca.gov](mailto:CaIVDRS@cdph.ca.gov) or [Suicide.Prevention@cdph.ca.gov](mailto:Suicide.Prevention@cdph.ca.gov).

Scan to provide feedback!



<https://tinyurl.com/CalIVDRSfeedback>