Workplace Air Monitoring for Silica during Engineered Stone (Quartz) Fabrication Work: *Guide for California Employers*





Introduction

A dangerous lung disease called silicosis can occur in workers who breathe silica dust from cutting and grinding engineered stone. Engineered stone, which is also called quartz or artificial stone, is commonly used to make countertops.

As a California employer that fabricates countertops or other materials made from stone, you are <u>required by Cal/OSHA</u> to ensure that workers are not exposed to harmful amounts of dust. You must regularly check your workers' exposures to respirable crystalline silica through personal air monitoring. Use this guide to gather tips and best practices as you plan to conduct personal air monitoring for silica.

What is Personal Air Monitoring?

Personal air monitoring is a way to measure a worker's exposure to a material in the air, such as silica.



GET STARTED



Know the Exposure Limit

- Work on engineered stone that contains more than 0.1% by weight crystalline silica or on natural stone that contains more than 10% by weight crystalline silica is considered a "high-exposure trigger task."
- Check with your stones suppliers or the manufacturers to find out how much crystalline silica each type contains. Get Safety Data Sheets (SDSs) on each type of stone – the amount of crystalline silica will be on the SDSs. Granite, sandstone, quartzite, and other types of natural stone can be above 10% silica.
- For workers who perform high-exposure trigger tasks, exposure to silica must not exceed the Action Level (*AL*) of 25 micrograms of respirable crystalline silica per cubic meter of air (25 μg/m³), calculated as an 8-hour time-weighted average (TWA).
- Monitoring must be repeated on a regular basis. How often is determined by the levels that are found. The schedule is found on page 5.

Take Requirements Seriously

Cal/OSHA recently inspected 47 stone countertop fabrication shops. Air monitoring showed 31 (66%) of these shops had silica exposures above the *AL*, as high as 670 µg/m³. Thirty-four (72%) of the shops were cited for one or more violations of the 2016 silica standard.



Gather Support for Sampling and Analysis

Help with air monitoring is available! Select a professional <u>air</u> <u>monitoring consultant</u>, also known as an industrial hygienist, to collect samples at your workplace. If possible, use a company that has a Certified Industrial Hygienist (CIH) who can conduct or oversee the air monitoring.

You can also contact Cal/OSHA Consultation or your Workers' Compensation insurer for assistance.

Select Workers for Personal Air Monitoring





Notify workers and conduct air monitoring

Let workers know about air monitoring in advance. You must let workers, and their representatives, if applicable, observe air monitoring if requested. Help workers know what to expect on the day of air monitoring and be available to answer questions about the process.

Pro Tip: If only some workers are monitored, pick those expected to have the highest exposure to silica. Your consultant should test a variety of workers, at different times of the day, conducting different tasks, throughout the workplace.

Review and share results with workers



Your consultant will provide a report. Review the report carefully and ask the consultant to help you understand the results. Compare the results with any prior air monitoring conducted to see if exposures have increased and whether additional dust control methods are required. Within 15 working days after completing the exposure measurements, you must notify affected workers in writing of their results. When the results are above 50 µg/m³, the written notification to workers must also describe the corrective actions, such as engineering controls, that you will use to reduce their silica dust exposures.



Maintain Records

You must keep an accurate record of all air monitoring data including:

- The name of the laboratory and date(s) air monitoring was conducted;
- Task(s) monitored;
- Sampling and analytical methods used;
- Number, duration, and results of samples taken;
- Type of personal protective equipment used (e.g., type of respirator worn); and
- Name and job classification of all workers assessed.

Worker exposure records must be kept for at least thirty years. See the Cal/OSHA regulation regarding access to employee exposure records for more information. Plan to Repeat Air Monitoring

Air monitoring results determine how often you need to do repeat air monitoring:

Air Monitoring Results	Actions to take/when to Repeat
Worker exposure is below the Action Level of 25 μg/m³	Must repeat at least every 12 months. (If workers are to wear loose-fitting powered air purifying respirators (PAPRs) or full- facepiece respirators, must repeat air monitoring within 6 months.)
Worker exposure is at or above 25 μg/m3 but below 50 μg/m³	Implement more effective controls and repeat air monitoring within 6 months
Worker exposure is at or above 50 μg/m³	Implement more effective controls and repeat air monitoring within 3 months

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 Remember: Regardless of previous air monitoring results, you must repeat air monitoring whenever a change in the production, process, controls, personnel, or work practices may lead to increased silica exposure.

You are encouraged to consult the <u>Cal/OSHA website</u> for more information about air monitoring requirements and commonly used terms.

For questions and assistance: contact Cal/OSHA Consultation Services email: <u>InfoCons@dir.ca.gov</u> | phone: 1(800)963-9424 | <u>find</u> <u>the closest Cal/OSHA Consultation office</u> to your workplace

Occupational Health Branch | California Department of Public Health (510) 620-5757 | visit <u>go.cdph.ca.gov/silicosis</u> for an electronic version of this guide and more silica resources

To obtain a copy of this document in an alternate format, please call (510) 620-5757 (CA Relay Service: 711) Please allow at least ten (10) working days to coordinate alternate format services.