

## Adolescent Family Life Program (AFLP) MCAH AFLP Youth Satisfaction Survey

## Spring 2023 Statewide Results

AFLP is a case management program that supports and empowers expectant and parenting youth and follows a Positive Youth Development (PYD) model, which focuses on youths' strengths. This dashboard includes data from AFLP participants, across 17 sites in 14 counties, who completed the MCAH AFLP Youth Satisfaction Survey in spring 2023. The dashboard presents information about survey respondents' experiences in the program to help identify program successes and provide opportunities for quality improvement.

Table 1	Number
Total youth served	796
Completed surveys	491
Total case managers	51

## **Youth Survey Respondents**

## Figure 1. Characteristics of survey respondents (n = 491).

Gender	Age	Race and Ethnicity	Length of time in AFLP
90% Female 10% Male	<ul> <li>2% Under 15</li> <li>12% 15-16</li> <li>36% 17-18</li> <li>42% 19-21</li> <li>8% Over 21</li> </ul>	91% Latino Bincluding Asian/Pacific Islander, Black, White, or multi-race	<ul> <li>42% 0 – 6 months</li> <li>21% 7 months – 1 year</li> <li>26% 13 months – 2 years</li> <li>11% More than 2 years</li> </ul>

## **Program Experience**

## Figure 2. Survey respondents' perception of AFLP.

Overall, this program has been helpful 74% 25% to me (n = 477)1% This program helps me overcome 45% 52% challenges in my life (n = 487)3% This program helps me become more 56% 43% aware of my strengths (n = 487)1% This program helps me set goals (n = 487)58% 40% 2% I actively participate in the program (n = 486)49% 45% 6% I plan to complete the AFLP PYD program 61% 33% 6% (n = 477)0% 100%

Strongly agree Agree Strongly disagree/Disagree/Don't know

осърн | mcah

#### **Experience with Case Managers**

#### Figure 3. Survey respondents' relationships with case managers.

My case manager refers me to resources and services that are helpful (n = 478)

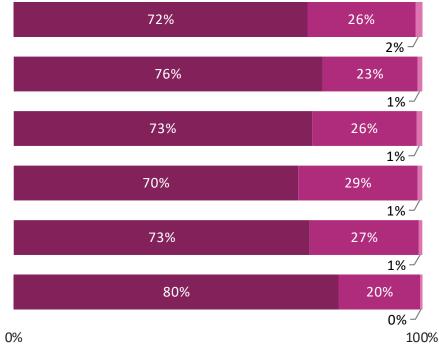
My case manager makes time for us to talk about what is important to me (n = 483)

My case manager is there for me (n = 478)

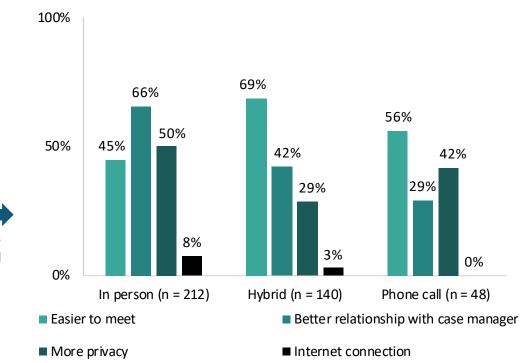
I have opportunities to speak with my case manager privately (n = 479)

My case manager cares about me (n = 478)

My case manager is respectful of my cultural or ethnic background (n = 479)



Strongly agree Agree Strongly disagree/Disagree/Don't know



# Figure 4. Preferred meeting format Figure 5. Frequency of reasons for meeting format preference. with case managers (n = 474).

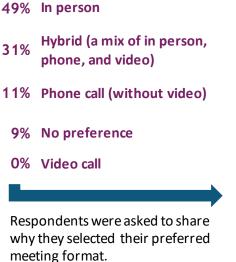


Figure 5 shows respondents' reasons for their preference.

2



## **Open-Ended Questions**

The boxes below include a summary of themes from the survey respondents' most frequent responses to open-ended questions.

#### Box 1. Please share examples of resources and services you were referred to that have been the most helpful.

Out of 358 responses to this question, the most frequent included:

- Essential supplies and resources (e.g., diapers, clothes, and childcare)
- Educational and career support (e.g., college applications and school enrollment)
- Health care services including insurance
- Referral to other programs, resources, classes, or social events

"I was referred to different kind[s] of childcare programs available to me."

## -AFLP PYD Participant

#### Box 2. What about this program is most helpful for you?

Out of 383 responses to this question, the most frequent included:

- Support for mental and emotional well-being
- Setting goals and thinking about the future
- Improving skills in communication, relationships, and developing self-confidence and strengths
- Increasing access to needed resources

"This program is most helpful with supporting mental health and care and the wellbeing of me and my family."

#### -AFLP PYD Participant

#### Box 3. What could make the program more helpful for you?

Out of 71 responses to this question, the most frequent included:

- Support with baby supplies and other essential resources, including money, housing, and food
- More visits with case managers, as well as activities and outings
- Opportunities for social events, group meetings with other young parents, and parenting classes
- Support in pursuing goals and opportunities for personal development

"Extend the time of the program to be in it longer."

#### -AFLP PYD Participant



#### **Dashboard Notes**

#### Data Notes:

Approach to missing data	For each item, information is provided for all participants with valid data; missing data were not included in calculated percentages. The number of participants responding to each item is presented as the "n" throughout; except for Figure 1 where the n for age = 489 (two participants were missing data) and the n for race and/or ethnicity = 444 (47 participants were missing data).
Table 1	Total youth served includes all youth with an open AFLP Service File during the data collection window.
Figure 1	For the gender variable, the survey has more than two possible categories. Among survey respondents represented by this dashboard, fewer than five identified as non-binary.
Figures 2 and 3	Responses for "I don't know," "Strongly disagree," and "Disagree" are combined because the numerators are less than five respondents. Percentages may not equal 100 due to rounding.
Figure 5	Reasons for video preference are not shown because the denominator is less than 20 respondents. Percentages may not equal 100 because respondents could select more than one option.

Boxes 1, 2, and 3 Responses are listed in order of their frequency.

#### **General Notes:**

AFLP PYD is funded by the Department of Health and Human Services (HHS), Health Resources and Services Administration Title V MCH Block Grant Number B04MC47403. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS.

Template and data prepared by the University of California, San Francisco and the California Department of Public Health Maternal, Child, and Adolescent Health Division in 2023.

Survey data reported by AFLP PYD participants. The data reflect online survey administration from May 1 through June 9, 2023.