

Pregnant During Flu Season?



Getting your flu shot:

- ▶ Is safe for your unborn baby
- ▶ Lowers your risk of hospitalization for flu complications by 40%
- ▶ Lowers your risk of preterm birth
- ▶ Lowers risk for your baby under 6 months old needing hospitalization for flu complications by 72%



Getting the flu shot is an essential part of prenatal care. It helps protect both mom and baby. Moms who receive the flu shot pass antibodies to their babies. When mom gets the flu shot, babies are protected after birth.

Talk to your doctor about getting your flu shot today.