

# Medical Formula Process for a WIC Eligible Individual



Patient sees their Health Care Provider (HCP) and receives diagnosis and medical documentation for a medical formula or nutritional.



If a medical formula or nutritional is not covered by Medi-Cal or patient is waiting for Medi-Cal coverage, HCP refers patient to WIC.

If patient has Medi-Cal and their medical formula or nutritional is covered by Medi-Cal, HCP submits a Prior Authorization and the patient takes their prescription to a Medi-Cal Rx pharmacy.

Patient visits their local WIC Office and provides their medical documentation to a WIC Registered Dietitian or Degreed Nutritionist (RD/DN).

WIC RD/DN reviews medical documentation to ensure it is complete and the WIC qualifying condition/ diagnosis is appropriate for the prescribed medical formula or nutritional.



WIC RD/DN may consult with HCP or HCP office to obtain more medical information or educate the HCP on what WIC can provide.

WIC RD/DN refers participant to Medi-Cal if they have no health coverage.

WIC RD/DN submits a request to the WIC State Office (CDPH/WIC) to approve and order the prescribed product if it is not available on the WIC Card or covered by Medi-Cal.

WIC RD/DN issues prescribed medical formula or nutritional on WIC Card if product is available in a WIC authorized store.

CDPH/WIC reviews request for approval and special orders the prescribed product if it meets state and federal requirements.

Medical formula or nutritional is shipped to local WIC Office and is distributed to the WIC participant. Shipping time may take up to three weeks.



California Department of Public Health, California WIC program

*This institution is an equal opportunity provider.*

1-800-852-5770 | [MyFamily.WIC.ca.gov](http://MyFamily.WIC.ca.gov)

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