

# 5 MOMENTS FOR EVS HAND HYGIENE



**Clean hands for at least 20 seconds with an alcohol-based hand rub (ABHR) or soap and water:**

**1**

**When entering a resident room and before putting on gloves**

**2**

**Upon leaving a resident room and after removing gloves**

**3**

**Before touching clean items on a cleaning cart**

**4**

**Between cleaning resident rooms and bedspaces**

**5**

**Between dirty and clean tasks**

**[Learn more at Project Firstline website](http://www.cdph.ca.gov/Programs/CHCQ/HAI/Pages/ProjectFirstline.aspx)**

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